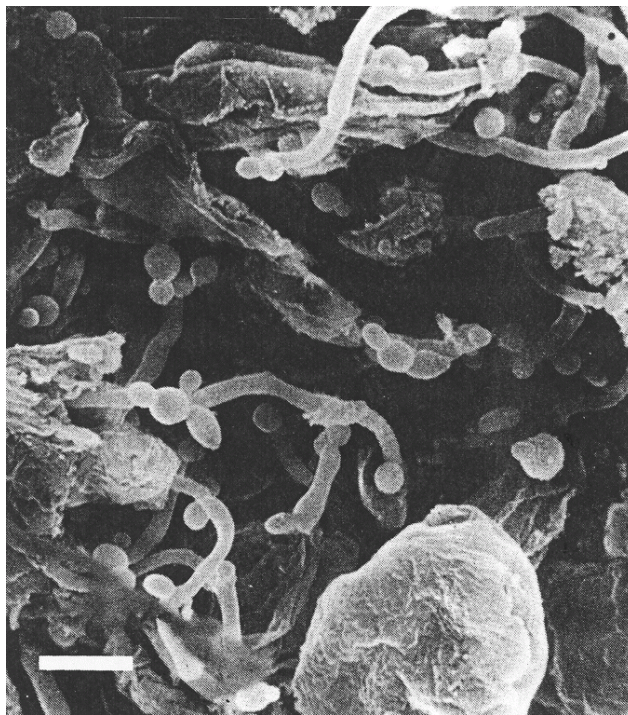


# The Candida Yeast Answer

AN ALL NATURAL PROGRAM  
DEVELOPED BY MEDICAL SPECIALISTS AND RESEARCH SCIENTISTS  
IN THE FIELDS OF CANDIDA PARASITOLOGY AND PRO-BIOTICS



New Edition

A scanning electron micrograph of *Candida albicans*

---

Assists in the Prevention and Elimination of a  
Candida Yeast overgrowth through the most powerful  
and successful Anti-Fungal Program available today.

---

PROGRAM INFORMATION  
AND INSTRUCTIONS



---

---

# The Candida Yeast Answer

---

---

## A Professional In-Home Anti-Fungal Program

### Important Message

The key to success in overcoming a Candida yeast infection or any fungal infection within the body is complete removal with a highly effective *qualified program*. The Candida yeast must be destroyed in the digestive system first and then in the blood, tissues and internal organs. Removal needs to be accomplished quickly and completely before protection against recurrence can take place. Most products such as Nystatin, Diflucan, Lamisil, Sporanox, Nizoral, Ketoconazole, Paramicrocydin, Hydrogen Peroxide, Caprylic Acid, Garlic, Aloe Vera, Homeopathic Drops, Oxygen and Ozone Therapy, herbal and health store preparations, are mainstream forms of therapy used currently by medical and health practitioners. They all serve a purpose but in many cases can only offer partial success allowing the Candida to return sooner or later. Better and more permanent results have been achieved with the Candida Wellness Program than most other remedies, according to our customers comments and feedback. This is a total approach to a very serious condition. It is the only program most people will ever need for this kind of infection. Please read the following information completely. It contains details and recommended instructions necessary for exceptional results. This professional, in-home, self-treatment, anti-fungal program is safe, natural and highly rewarding for those having moderate to severe Candida symptoms. The progressive nature of the Candida Yeast Answer will bring the *freedom* that many people so desperately seek from the pain and discomfort of this debilitating condition.

**PLEASE NOTE:**

It is highly recommended that this *Candida Program Booklet* be studied carefully from beginning to end. It will be easier to achieve complete and satisfactory results with this incredible program if you fully comprehend the easy steps involved and appreciate the quality and strength of the products used. The professional instructions beginning on page 45 are very important and need to be understood and followed accurately in order to achieve success. Please call our Customer Support line at 1-800-644-1612 for questions, special needs and guidance. This will help assure you of excellent results.

*The Candida Information within this booklet is for health purposes only and is not intended to diagnose, treat or cure disease.*

Candida Wellness Center

Established March 1990

Copyright © 2014 Candida Wellness Center. All Rights Reserved.

Revised August 2014



---

---

# The Candida Yeast Answer

---

---

## THE MISSING LINK

**C**ongratulations for choosing **The Candida Yeast Answer!** The success of this program has been excellent and is truly the answer to a *Candida Yeast Overgrowth*. Everyone has small amounts of yeasts and other negative microorganisms in the intestinal area which are basically harmless. However, when the immune system and other defense capabilities are compromised or biologically harmed, these microorganisms can multiply very quickly and will interfere with digestion and elimination. If they continue to grow year after year, these parasites, along with the toxins they produce every day, can enter the bloodstream and travel to other tissues where they can weaken the body and in all probability, make your life miserable.

When this overgrowth becomes chronic or excessive, its contribution to the problems of poor health and disease can be overwhelming. Assuming you have Candida, as determined by a doctor, or are suffering from various symptoms that suggest you may have this problem, then please read this information carefully. The program outlined in this booklet has the capability to help remove Candida, viruses and infectious bacteria. Consequently, it will promote and encourage renewed energy, health and wellness.

Candida is not new, but the world is beginning to respond to the extreme complications that are caused by this condition. Until recently, there appeared to be no permanent answer to this health problem. There are many programs, books and products on the market, all promising either control or relief from Candida and its symptoms, but no one seems to have a total answer to the multiple problems that are associated with this serious illness. You do not have to be bothered by a Candida yeast infection. Within the pages of this booklet you will find solutions and an excellent opportunity to help rid yourself of Candida symptoms. **The Candida Yeast Answer is the missing link for successful results in a most practical way.**

The Candida Wellness Program can help remove a major stress from your life. This completely natural program can progressively and scientifically improve your body's defense capabilities and can destroy and remove Candida yeast buildup in the small and large intestine. Once this is accomplished it

will then help to remove the infection systemically from the tissues. Commit yourself to the suggestions within this booklet and your success for overcoming a serious Candidiasis condition is now better than ever.

## CANDIDA—CAUSE AND EFFECT

**“Candidiasis”** is the medical term used to describe a yeast overgrowth that is usually found in the intestinal area and other tissues of the body. It has become a very serious problem within our society. Other terms for this condition are “Candida Albicans” or just “Candida.” It is by no means a new medical problem. In fact, it has been around for centuries. However, Candidiasis has become a chronic, modern-day medical dilemma that seems to be increasing rapidly. It is called the “Missing Diagnosis.” The constant struggle for dominance by various microorganisms inhabiting the human body, especially the struggle between yeast and the beneficial bacteria, can periodically upset the delicate internal balances and cause poor health.

**Candida is truly a negative yeast infestation that begins in the digestive system and can slowly spread to other areas of the body.** Yeast is a strong, invasive parasite that attaches itself to the intestinal wall and becomes a permanent resident of your internal organs. It causes numerous health problems and discomforts for millions of men and women every day. A significant number of the world's population has or will have a moderate to serious Candida condition at sometime in their lives.

Yeast is an integral part of life. It is present in food, and is found on the exposed surfaces of most places, including the air that we breathe. Candida yeast intake and exposure can not be avoided. Only when yeast becomes dominant in various parts of the body does it begin to present a serious health problem, resulting in disease, pain and discomfort. **Yeast can become a hardy aggressive fungus. It multiplies very rapidly, can assume long periods of dormancy and when necessary, becomes cannibalistic.** There are approximately 250 species of yeast, many of which are parasitic to the human body. However, the major yeast species present in humans is *Candida Albicans*.

Overgrowth of Candida results in the condition known as “Candidiasis,” which commonly produces localized symp-

toms by invading the tissues of the mouth, gastrointestinal tracts, vaginal area, urinary tract, prostate gland, skin, fingernails and toenails. Normally, a healthy immune system controls Candida levels but circumstances may occur that can cause an excessive yeast overgrowth, such as prolonged use of antibiotics, medications, steroids, and birth control pills, not to mention excessive sugar intake.

These resulting yeast toxins can damage or cripple the immune system, and not only make the body vulnerable to a primary yeast infection, but to secondary bacterial and viral invasions as well. Toxins weaken the body's immune response to all invading antigens (anything that is foreign, toxic or unnecessary to the health of the body's cells).

If the immune system is strong, it can remove these antigens. In cases where the immune system is clearly impaired, high levels of yeast toxins can interfere with normal tolerances, resulting in exaggerated sensitivities to specific substances. This creates allergic reactions of varying intensities within the systems of the body including reactions to certain foods, pollens, odors, chemicals, and products such as shampoos, cosmetics, perfumes, etc.

As yeast enters the body through the mouth via the air, food or water, it searches for a place to settle and grow. If it is not destroyed by the friendly bacteria or the immune system, it will attach itself to the intestinal wall and begin growing and reproducing. As this happens, the yeast cells produce toxic substances and wastes. Approximately seventy-nine known toxins have been isolated from yeast and some researchers believe there are more than one hundred.

**The major waste product of yeast cell activity is acetaldehyde.** Candida multiplies very quickly and after years of growth, acetaldehyde toxins can build up and become overwhelming to the body tissues. This poison is transformed into ethanol and converted by the liver to alcohol which depletes the body of **magnesium** and **potassium** thus reducing cell energy. These two minerals are absolutely essential for tissue strength and integrity.

The less oxygen there is in the body, the more alcohol that is produced which may cause symptoms of being drunk, disorientated, dizzy, or mentally confused. Panic attacks, feelings of anxiety, depression, irritability and headaches are often the results of a Candida yeast overgrowth within the body. Acetaldehyde can also cause excessive fatigue, reduce strength, stamina and clarity of thought. Enzymes that are needed for cell energy are destroyed and free radicals which increases the aging process are released.

When Candida enters the bloodstream it can travel quickly and invade the tissues causing joint pain, chest pain, sinus and respiratory inflammation, glandular stress, menstrual

problems, etc. The immune system which is constantly poisoned, stressed and weakened by the Candida is damaged the most.

The majority of immunological diseases and infectious conditions are caused or worsened by the presence of Candida throughout the body. The white blood cell count rises when Candida yeast and their numerous toxins are constantly being neutralized by the body's immune defenses. If this source of body pollution is always being generated, the immune system becomes ineffective, setting the stage for severe health problems.

The majority of those who have Candida do not realize they have it until they become seriously ill. The symptoms are so numerous and seemingly unrelated that it is very perplexing to both doctor and patient. Often several debilitating complaints can accompany yeast infections, simultaneously. The symptoms of Candidiasis are wide spread and varied. Many of the symptoms are not caused by the Candida directly, but run parallel to or in connection with it. One symptom may contribute to another, so Candida may not be the cause of all symptoms but may be indirectly weakening the absorptive process, damaging the immune response, interfering with the production of hormones or impairing the nervous system. Candida can damage the body in many ways and cause serious organ dysfunction. Professionals estimate that at least one-half of all North Americans suffer from Candida.

Candida disrupts many activities within the body and contributes highly to a host of physical/mental conditions and ailments. Candidiasis can present a wide variety of symptoms, the exact combination and severity of which depend upon each individual case. By nature of their vast diversity, the symptoms may appear unrelated. They are usually chronic and include, but are not limited to the following:

## **ALLERGIES**

Allergies to foods or airborne chemicals constitute a problem, especially if these are acquired in adulthood. In other words, a Candida condition may contribute significantly to your spring hay fever, swollen eyes and sneezing. The number of offending substances can keep increasing until many individuals become so sensitive to the everyday environment that they choose to live in isolation or move to another more agreeable climate. Absorption of incomplete or undigested proteins is a major cause of allergy conditions.

Candida weakens the digestive system by not allowing the total breakdown of amino acids, thus causing food allergies. This may produce a wide spectrum of severe allergic reactions. If proteins are not completely digested and broken down into free amino acids, they can be absorbed into the blood and will irritate the tissues. The immune system then recognizes the

protein as foreign or toxic invaders of the body and a powerful immune response is initiated. An immediate or slightly delayed chemical chain reaction of events then occurs causing an allergic reaction which is triggered by certain foods or airborne antigens.

The combination of poor protein digestion and the presence of Candida toxins cause the immune system to become confused, resulting in the chemical or food sensitivities we call allergies. If there were no Candida toxins present in the body, protein digestion would be efficient and allergies would not be bio-chemically created.

**Candida is very sensitive to sugars, foods, chemicals and other specific substances as they pass along the digestive tract. Yeast cells have an aggressive appetite and an overly reactive need to survive. The Candida itself is the “in between foreign negative material” that the body is allergic to, and when certain substances, foods, herbs, etc., are taken, they either increase the presence of the Candida or decrease it.** If a magic wand could be used to remove all the Candida and its toxins from the body all at once, you would instantly be free of many allergies and you would feel well.

Many environmentally sensitive individuals blame environmental pollutants and contaminants for their problems and must confine themselves to places that are protected, restricted or controlled. These environmental pollutants are only triggering mechanisms and are not the cause. Why is it that some people develop, over a period of time, these “allergy sensitive reactions” and others do not? In many individuals the answer lies in the presence of Candida yeast toxins. Nature does not intend that we have allergies and suffer from illness. The Candida yeast overgrowth which causes these biochemical miseries is a tangible, but correctable situation.

Pollen, dust, grass and various foods, etc., do not cause allergies! They are only triggering mechanisms. The stage can be set for allergies and sensitivities through bad eating habits and an abundance of yeast and bacteria in the digestive system. Genetic weakness also contributes to the dysfunction of the immune system and brings about the discomfort of an allergic response.

## **FATIGUE**

Fatigue is probably the major symptom or complaint of Candidiasis and is especially noticed after a nights rest, after eating, and in the middle of the afternoon. Acetaldehyde and other yeast toxins reduce the absorption of protein and minerals which in turn weakens the body’s ability to produce enzymes and hormones.

Candidiasis interferes with the reconstruction of cells and other necessary components of energy production. Proper water content of cells is necessary for energy conductivity. The sodium-potassium pump that controls moisture retention within and without the cell can become imbalanced and can destroy the normal flow of energy.

Poor digestion allows the food you eat to feed the Candida instead of your own cells. Consequently, you always feel hungry or feel like you have low blood sugar because the yeast overgrowth consumes your nutrition and gives you its wastes.

Iron deficiency anemia along with reduced levels of vitamin B-12 and folic acid can be serious repercussions of a yeast infection which would result in fatigue, poor endurance and weakness. **In the majority of cases, Candida can be the primary cause of Chronic Fatigue and Immune Deficiency Syndrome.**

PLEASE NOTE: Chronic Fatigue is a complex subject with many theories, but no real answers. Basically, energy is created by the natural life-force that keeps you alive. It cannot be created or destroyed, only suppressed, dimmed or left without expression, but it is an energy that is always there in abundance, leaving when the body can no longer support it, as in death.

**Fatigue is the result of cellular interference by unwanted foreign substances that depress the creativity and transmission of the “energy life cycle” within each cell through association with negative irritating materials.** Energy is sustained by obedience to natural law and nutrients that are naturally available from energy rich foods.

The food you eat can either give you energy or take it away. Cooked food, processed food and improperly grown, harvested and stored food has had its life force altered or reduced to such a degree, that it can no longer support the health of the body. When you add chemicals, parasites and general environmental sources of impurity and pollution to the picture, cellular activity is greatly reduced and adversely effected.

**Two elements that may cause fatigue are the increased presence of negative contaminants and the decreased presence of quality nutrients.** If there were no toxic pollution factors within the blood and tissues and all necessary energy components such as blood sugar, B vitamins, sodium, potassium, magnesium, oxygen, hormones and enzymes were readily available to each and every cell, you would simply have very little fatigue.

If you hold a weight in your hand and lift your arm and extend it out from your shoulder for as long as you can, you will eventually get very tired, but it is not from a lack of nutrition. The fatigue associated with muscular activity comes

from the increased accumulation of acid wastes that build faster than can be carried away, therefore, fatigue takes over. The general weakness and tiredness that you experience with Chronic Fatigue or in the morning when you first get up happens where more poison and acid is created or put into the body faster than can be eliminated during sleep. Almost everything you eat, except for fruits and vegetables, is acid forming in the tissues. An acid body is a tired body.

It is not so much a lack of the good, but the overwhelming presence of the bad that makes you sick and tired. A Candida yeast infection begins in the digestive system first and then spreads to other parts of the body. It depletes the tissues of nutrients and causes destructive toxins to enter the blood and then poison the tissues. Yeast cells can become so numerous and debilitating that extreme fatigue is the end result. Again, if a magic wand could be waved, and all the pollution within your body removed—without adding a single nutrient—your Chronic Fatigue would likely improve.

### **POOR ABSORPTION AND ELIMINATION**

A serious condition of Candida is poor nutrient absorption and colon elimination. A yeast infested intestinal area contributes to gastrointestinal disturbances such as indigestion, heartburn, gas, bloated stomach, cramps, intestinal pain, nausea, gastritis, constipation, diarrhea, colitis, ulcers and coated tongue.

If you cannot digest and assimilate your food, you will eventually starve the body tissues of their nutritional needs. Most people are suffering severe nutritional deficiencies and chemical imbalances which is why vitamins, minerals, protein supplements, food supplements, etc., make most people feel better.

Approximately fifty percent of the population is digesting and absorbing less than 50% of what they eat. Without proper nutrition you cannot and will not heal or regenerate the tissues of the body, and if your energy and regenerating capabilities are depleted for any period of time, the aging process is accelerated and the body's productivity is compromised.

### **NEUROLOGICAL AND EMOTIONAL SYMPTOMS**

When excessive yeast within the digestive system, migrates to the bloodstream, it may cause ailments such as irritability, mood swings, headaches, migraines, that fogged-in feeling, an inability to concentrate, poor memory, confusion, dizziness, and even MS-like symptoms such as slurred speech and muscular in coordination.

Acetaldehyde toxin is produced constantly by yeast cells and is absorbed into the body and converted by the liver to alcohol. People who suffer the symptoms of being drunk can actually be showing the effects of Candida and the alcohol by-product that is being circulated within their bodies. Candida and its poisons interferes with the production of co-enzyme "A." This is a very important part of all chemical processes within the cells and tissues of the body. When this co-enzyme "A" decreases, health declines and conditions like depression, anxiety and PMS symptoms often worsen.

### **REPRODUCTIVE, RESPIRATORY AND SKIN CONDITIONS**

Vaginal infections and menstrual difficulties, impotence and infertility, prostatitis, rectal itch, urinary tract infections, urgency and burning can all be the result of Candida. Acetaldehyde toxins and the suppression of the immune system can even contribute to the growth of cysts and tumors. The respiratory system is also compromised. You may notice symptoms such as hay fever, mucous congestion, post nasal drip, clearing of the throat, habitual coughing that will not respond to anything or conditions such as the flu, a cold, asthma, bronchitis or even ear aches can be associated with Candida. The skin responds negatively to Candida with such conditions as athletes foot, jock itch, skin rash, hives, dry browning patches, psoriasis, rough skin on the sides of the arms, and acne.

### **VAGINAL YEAST INFECTIONS AND DISCOMFORTS**

The reproductive organs are surrounded by the large intestine. The impurities that occupy the colon along with negative organisms such as pathogenic bacteria and yeast colonies can reach excessive levels. If there is a chronic yeast overgrowth in the lower abdominal area, the toxins produced on a daily basis will overwhelm the bloodstream and seep right through the intestinal wall and enter into the abdominal cavity. These poisons will infiltrate the reproductive organs and create inflammation, irritation and pain.

The vaginal canal is an eliminative channel and many of the toxins from the colon will find their way out of the body through this channel. The consequences are evident as the vaginal area becomes overwhelmed with impurities and creates a discharge, thus causing odor and irritation, inflamed mucous membranes, Endometriosis, ovarian cysts, uterine and cervical cancer, and menstrual irregularities, which can all be contributed to by an intestinal yeast infection, due to lack of the friendly flora. As yeast toxins come down through the vaginal area they invite and attract outside yeast cells and bacteria. Yeast toxins are actually a food for other microorganisms to



feed on. Unless you remove the intestinal yeast first, you cannot fully recover from the vaginal problem.

### **CHILDHOOD DEVELOPMENTAL CONCERNS**

Children are very susceptible to Candida and the associated symptoms of Candidiasis. Yeasts and other microorganisms, including friendly bacteria, are transferred to the newborn during delivery through the birth canal. If the mother has a yeast overgrowth or if she is lacking in the friendly bacteria which fights the yeast, then the baby can also have similar problems. Many childhood infections and conditions like colds, diaper rash, thrush, ear infections, tonsillitis, colic, constipation and diarrhea can be caused or worsened by the presence of Candida and a lack of friendly bacteria.

In a general sense, body growth depends on good digestion and immune responses depend on good bowel movements. Candida occupies both the small and large intestine and creates gastrointestinal malfunctions.

### **HYPOGLYCEMIA AND HYPERGLYCEMIA**

A major problem in our society today is low blood sugar (hypoglycemia) and high blood sugar (hyperglycemia). Both of these conditions can be agitated by Candida yeast if it gets close to or around the digestive organs. The pancreas not only produces enzymes for digestion, but also the hormone insulin which allows blood sugar to enter the cells for utilization and energy. The symptoms of too little or too much sugar are devastating to many people, and in some cases Candida interferes with the function of the pancreas, the adrenal glands and the liver.

### **ENVIRONMENTAL SENSITIVITIES**

Hypersensitivity to ones environment is a common complaint. Fumes and vapors from carpet, fabric, paint, walls, natural gas, smoke, auto exhaust, etc., can cause extreme adverse reactions within the body. This can take place when Candida filaments infiltrate the lungs and sinus membranes causing serious tissue congestion and inflammation.

An autopsy was performed on a woman who had died of heart failure. They found her heart encased in a fungus growth. The point is, Candida can be anywhere in the systems of the body including the brain. It weakens the entire body and lowers your resistance to many diseases that compromise your health. When Candida is eliminated, many health concerns improve or even disappear.

Not all individuals suffering some combination of the listed symptoms will have a Candida problem, but the likelihood of it is very high. Penetration of Candida filaments from within

the intestinal cavity through the intestinal wall destroys the integrity of the membrane system. These little tube-like structures of concentrated fungus can literally eat through the intestinal wall and expose the bloodstream to severe Candida toxins which are then carried to other parts of the body. Candida itself can then enter the body and invade the tissues and organs. Severe leaks of poison from activity of other undesirable microorganisms within the layers of mucus and encrusted material coating the intestinal wall can then also enter the bloodstream causing a variety of symptoms and can aggravate many pre-existing conditions.

With many years of experience in the natural health care field, I feel confident in saying that I believe there are many serious conditions that are heavily contributed to by the continuous presence of yeast toxins circulating in the blood. Excessive blood pollutants can destroy living tissue and create havoc and dysfunction in so many areas of the body it would be nearly impossible to discuss at this time.

In summary, Candida Albicans is definitely an incredible destroyer of health and is one of the missing links in our medical diagnostic system. Candida can rob the body of its nutrition, poison the tissues with its toxins and may contribute directly or indirectly to the following serious conditions:

Acne	Heart Irregularities
Adrenal/Thyroid Exhaustion	Hemorrhoids
Allergies (Airborne/Food)	High/Low Blood Sugar
Anti-social Behavior	Hormonal Imbalance
Asthma/Bronchitis	Hyperactivity
Bad Breath/Body Odor	Indigestion
Bladder/Urinary Infections	Inflammatory Conditions
Bone Loss	Insomnia
Bruise Easily	Intestinal Pain
Burning Eyes	Irritable Bowel Syndrome
Chemical Sensitivity	Iron Deficiency
Cold/Shaky	Joint Pain
Colds & Flu	Lethargic/Laziness
Colitis	Low Blood Sugar
Constipation	Lupus-Type Symptoms
Depression	Malabsorption
Diarrhea	Menstrual Problems
Dizziness	Mood Swings
Dry Mouth/Eyes	Muscle Aches/Degeneration
Dry Skin & Itching	No Sex Drive
Endometriosis	Numbness
Epstein Barr Virus	Over & Under Weight
Extreme Mineral Deficiency	Over-all Bad Feeling

Eyesight Problems	PMS Symptoms
FATIGUE (Chronic)	Poor Memory
Finger/Toenail Fungus	Premature Aging
Food Cravings	Puffy Eyes
Frequent Infections	Respiratory Problems
Gas/Bloating	Skin Rash & Hives
Hair Loss	Thrust/Gum Receding
Hay Fever/Sinus Inflammation	Tingling Sensations
Headaches/Migraines	Ulcers
Heartburn	Vaginal Yeast Infection

## SYMPTOMS MOVE WITHIN BODY

One of the most interesting observations about a yeast infection is the appearance of shifting symptoms. You may have a pain or discomfort or possibly a burning sensation somewhere in the lower or upper abdomen for a period of time. Then it can disappear and show up somewhere else in a different part of the body. It might start in the stomach area or the shoulder or lower back or even in an arm or neck area. A little later it can move to another place in the body and then disappear completely, only to reappear later after eating or it may not reappear again until the next day.

This phenomenon is caused by the type of food you have just eaten. As your meals pass slowly through the intestines during digestion and absorption, they feed the Candida which is permanently situated at various points within the digestive tract. As it feeds one colony of yeast for a while it can then move along and feed another colony. Waste material is produced and that poison or toxin is absorbed into the blood where it can irritate the surrounding tissues. From there it can travel to weak areas of the body in close proximity to the yeast colony that is feeding and will create pain, discomfort and inflammation all depending on the location of the yeast overgrowth in the intestines.

These observations would seem as though the body is loaded with yeast as these symptoms reveal themselves. In all honesty, the yeast itself is not necessarily in the tissues, but the toxin produced from feeding itself in the intestines is now circulating in such abundance in the blood stream that it gives the impression that the yeast is everywhere throughout the body. Ninety percent of the yeast is generally found within the digestive system because that is where all the food and sugar for its survival is to be found. Remember the old saying, “why go out for hamburgers when you have steak at home.” If you have a yeast overgrowth somewhere in the systems of the body, it is fed and supported by the excreted waste from the yeast in the intestines. There is not enough sugar in the tissues to encourage its growth unless a diabetic condition exists and

more sugar is made available for tissue activity. These changeable sensations are supported by the fact that most people who have had blood analysis for yeast infections by their doctors find that they have no yeast in the blood and are therefore imagining things and/or you are considered “crazy.” Yeast is not normally in the blood, but concentrates itself in the intestines and it is the toxin in the blood that causes all the bodily symptoms. Doctors find it difficult to determine body toxins and acids, and therefore may mis-diagnose yeast infections.

The majority of vaginal and sinus yeast infections are caused by circulating toxins in the blood from the Candida feeding in the intestines. The majority of external yeast conditions are caused and supported by the internal digestive condition first, and second, by blood sugars. If you remove the yeast intestinally, it will most likely disappear externally. The Candida Yeast Answer Program has had great success in removing it from all areas of the body if the program is followed accurately.

## CANDIDA — FIVE MAJOR FACTORS

**1. A weakened or impaired immune system** allows the Candida a superior foothold within the body. As the Candida enters the blood and its poison is absorbed from the intestines, the immune response is weakened and your body defenses are clearly impaired.

Genetic weakness and the use of certain drugs including steroids, birth control pills, antibiotics and cortisone, plus chronic infections, poor nutrition, prolonged illness, stress, alcohol abuse, smoking, lack of exercise and rest, all contribute to the weakening of the immune response. There is a *domino effect*; one negative leads to another and then another which worsens the Candida condition.

**2. Hormonal therapy, Steroids and Glandular Dysfunction** contributes significantly to a yeast overgrowth. Conditions provoking hormonal swings, such as puberty, pregnancy, multiple pregnancies, menstruation, PMS, the use of oral contraceptives and other hormonal based medications and therapy create a favorable environment for Candidiasis.

Females are more susceptible than males for several reasons: female hormone levels are constantly fluctuating and are subject to imbalances due to a variety of causes. Sustained high levels of estrogen for example can impair immune system function. Candida growth is stimulated by the female hormone progesterone which is at elevated levels during pregnancy and in the second half of each menstrual cycle. Another cause of elevated progesterone maybe the use of oral contraceptives which contain synthetic progesterone. Also, the female

anatomy lends itself to the ready migration of *Candida Albicans* from the rectum to the genital and urinary system. Vaginal yeast infections are a common result. *Candida* cannot be sexually transmitted, but can be initiated or made worse because semen is high in fructose.

The adrenal glands, along with the thyroid gland, control about 90% of the body's energy. They do it through the production of hormones and the catecholamines which regulate blood sugar, fat metabolism, heart rate, metabolic rate and stress reactions. The adrenals also control sodium and potassium levels within the tissues and cells. These two minerals act as electrolytes which ignite sugar in the presence of oxygen and allows the release of energy to take place within the cell. Sodium and Potassium also maintain proper fluid levels for nutrients and wastes to be exchanged. These two glands that are so important to health and energy are easily disturbed or debilitated by the pollution factor in the blood which continuously comes into the body through dietary abuse or negative microorganisms.

Your body will heal and regenerate itself automatically through a conscientiously applied program of high nutrition and proper diet. This program of *Candida* elimination will allow that nutrition to work better and restore your health to a higher level.

**3. A major contributing factor to *Candida* is improper diet, especially high sugar consumption.** Yeast rapidly metabolizes sugar and can produce alcohol. Ethanol and acetaldehyde, plus carbon dioxide gas, all of which are toxic to the body and are the end by-products of *Candida* feeding on refined carbohydrates. Honey, molasses and maple syrup are simple sugars and will also worsen a *Candida* yeast overgrowth.

Sugar does not necessarily cause *Candida* directly, but it allows the already present yeast cells to grow more rapidly and eventually an overgrowth takes place. Diets consisting of foods high in refined carbohydrates and/or regular consumption of alcoholic beverages or soft drinks containing sugar, provide a rich food source for the fast proliferation of *Candida*.

The low-nutrient, low bulk, highly refined carbohydrate diets of most North Americans can, over a period of time, transform a healthy large intestine into a lifeless pipe containing layers of encrusted fecal material, mucus and debris thereby promoting the growth of *Candida* and other parasites. This in turn causes constant putrefaction, fermentation, stagnation, gas, and eventual constipation, and then auto-intoxication. Under these conditions, the intestine becomes a favorable home environment for toxic producing, pathogenic bacteria and for the growth of the mycelized tentacles of the fungal form of *Candida*.

A diet high in white flour products, pastas and white rice also serve as a very desirable diet for *Candida*, which then becomes further entrenched in the microscopic crevices of the intestines.

The small intestine, where absorption of food takes place, houses a more fluid kind of material and does not become so caked with old toxic wastes as does the colon, where mucus and other wastes encourage *Candida* growth. We have up to twenty-five feet of intestinal area. If we were to lay it out end to end, the entire surface area of the intestines, including the villi and the microvilli (which increases the surface area for absorption) would nearly cover the size of a tennis court. This is incredible—an extensive surface area all designed for the proper absorption of nutrients.

When *Candida* yeast begins to develop and grow in the small intestine, it literally covers a large part of this membrane area, preventing the assimilation of food. In fact, most people are starving for not only vitamins and minerals, but particularly protein, because this absorptive surface area is impaired.

Good nutrition is necessary for the production of hormones and enzymes, for the production of hydrochloric acid in the stomach for proper digestion, for repair of the body tissues and for all processes of energy and cellular metabolism. *Candida* causes a condition of nutritional deficiency which worsens through the course of time.

**4. The fourth contributing factor to the presence of yeast and other negative organisms is the lack and/or imbalance of digestive enzymes and hydrochloric acid produced by the stomach and pancreas.** When you are healthy and well nourished, your stomach and pancreas produce and secrete adequate amounts of digestive juices and they not only break down proteins, starches and fats, but they also create a digestive atmosphere that prevents pathogenic (disease causing) organisms from reaching the lower intestine.

Yeast cells are comprised of cellulose and sugars and can be destroyed by the intestinal gastric juices. When we eat the typical American diet with heavy amounts of processed food, bad food, sugar and sweets, etc., we pollute the liver which controls the stomach and pancreas, and we alter and weaken the production of digestive enzymes and natural acids. This allows many more yeasts and bad bacteria to enter the intestinal chamber which then begin to grow and create havoc within the body. You were born with a certain amount of intestinal protection, but there is no way the body can hold up under the constant input of un-natural food, drugs, alcohol, chemicals, etc.

**5. The fifth area of weakness and the major cause of Candidiasis is a lack of friendly bacteria.**

Friendly bacteria are absolutely essential for the care and healthy condition of the intestinal wall and the chamber atmosphere. They enhance proper digestion, assimilation and elimination of the food we eat. These little friends of ours keep the intestines clean of mucus and debris and they fight and destroy invading microorganisms. They keep down the unfriendly bacteria, yeasts and other parasites that do harm to the mucous membranes and make us ill.

If you have healthy intestines, there are approximately two to three pounds of friendly flora permanently living there. Very few people have proper amounts of these cultures, and obviously the typical American diet combined with medicines and chemicals lower their population. **We cannot live without them.** The key to the success of our program is the replenishing of the micro-flora that continually supports our intestines.

The major purpose of the friendly bacteria is the production of lactic acid, acidophilin and a natural form of antibiotic which sterilize and prevent the overgrowth of most negative microorganisms. The natural secretions of antibiotics from the intestinal flora help to overcome any Candida yeast problem. The cultures maintain the proper acid-alkaline balance in the intestines which, again, is absolutely essential for the chemical assimilation of nutrients and the mechanical absorption of food.

There are many varieties of bacteria living in our bodies and there are several different strains in an infant when it is born. After about the age of three years, there are two strains that take over; Lacto Bacillus Acidophilus which lives in the small intestine and Bifido Bacterium Bifidum which lives in the colon or large intestine.

Friendly bacteria create a slight acid condition in order to survive which, in this case, is to our benefit. Peristaltic movement in the intestines is initiated by an acid medium, and cultures help to provide the proper transit time for digestion of food. The acid secretions of the friendly bacteria are also a natural antiseptic.

**The colon is the most negative part of the body, and without cultures to keep it clean and moving, we can easily develop colon pockets, diverticuli, polyps, fecal impactions, colon cancer, ulcers, colitis, constipation, diarrhea, hemorrhoids, bloated conditions and foul gas.**

Some of the most common varieties of *negative* bacteria which live in the colon are latent or inactive. When the body is weakened by disease or stress, these negative bacteria can become active and invasive, and this may cause an existing disease or condition to become worse. This simply cannot happen with normal amounts of friendly bacteria living within the intestines. They are there for a purpose, just as friendly bacteria are in the soil in order to help plants and trees.

**Without living bacteria in the soil, plants cannot grow and the land would become barren.** Friendly bacteria are essential for life. It is estimated that less than 10% of the human population has enough flora to support what we would call *excellent health*.

Vitamins are synthesized or manufactured in the intestinal tract by friendly flora. They can produce B vitamins out of the food we eat, and can transform one B vitamin into another. An important nutrient that they encourage the production of is vitamin K, which is necessary for blood clotting. Almost all the B vitamins such as niacin, biotin, B-6 and B-12, folic acid and even B-2 are synthesized from our food when the friendly flora are maintained. Fatigue and emotional instability are caused by a lack of B vitamins. Prevention of falling hair requires biotin, and the manufacture of red blood cells requires B-12 and folic acid.

The ultimate role friendly bacteria play is to overcome and remove negative microorganisms, which include Candida. Candida is present everywhere in our environment and it always exists in our intestines in small quantities. If there is not enough friendly flora to keep it under control, Candida yeast will grow at a tremendous rate and eventually take over and dominate the intestines and create havoc. The only way to reverse this growth is to introduce the friendly bacteria cultures over a period of time. Name any intestinal problem and, more than likely, it will be caused or made worse by a lack of friendly bacteria.

When the lactobacillus acidophilus and bifidum bacterium are attacked by antibiotics, birth control pills and other chemicals such as the chlorine in water, they die very quickly. Candida grows and can change into the mycelized fungal form almost immediately.

Wide spectrum antibiotics like penicillin and tetracycline can kill the friendly bacteria. In a matter of weeks or even days after antibiotic treatment, a rapid growth of yeast cells may occur, and can linger for life if left untreated especially if one eats food that contain antibiotic and steroid residues such as poultry eggs, meat or milk.

A common misunderstanding among people who have the "false feeling" that the Candida is gone after some natural or medical treatment is that they are now completely well and the Candida will never return. This cannot happen. If *ample* amounts of the friendly cultures have not been introduced, the Candida lies dormant and will return if you eat the slightest amount of sugar or are under some unusual form of stress, which is impossible to avoid. **Friendly bacteria in the proper amounts is the true answer to the prevention of Candida.**

## CHRONIC AMOEBA PARASITE INFECTION

Careful consideration needs to be given to another major cause of Candida. In fact, it is worse than the Candida itself. This unknown but fast growing problem is the main reason why some people do not respond to any kind of conventional or natural method of treatment. They never seem to get better, or the moment they stop the treatment their Candida symptoms reappear. This underlying condition may be caused by **Protozoa/ Amoeba Parasites** such as the following:

Giardia Lamblia	Blastocystis Hominis
Entamoeba Histolytica	Boas Oppleri
Cyrtosporidium	Tape Worm

These parasites come into the body from bad drinking water and contaminated meats. It is estimated that over 33% of the population of the United States has Chronic Amoeba Parasitic Infection. Amoeba are larger and more destructive than any other type of microorganism. They can lie dormant or undetectable for years. **Eventually they multiply and will destroy the friendly bacteria, thus allowing the Candida to grow more rapidly.**

Amoeba can eat away the villi and micro-villi in the small intestine, which are necessary for food absorption. They rob the body of nutrients, especially iron. They can irritate and create pain and burning sensations in the intestinal wall.

Amoeba can cause serious alternating constipation and diarrhea. Some people have become so ill that they are completely incapacitated and thus, can cannot work or function normally. Many doctors do not recognize this condition or even know how to treat it. Misdiagnosis is common and the medical cure is approximately 60% effective.

Some common symptoms can include an underweight condition, dark circles under the eyes, elevated white blood cell count, allergic reactions and asthma, continual chronic Candidiasis, chronic viral infection, chronic fatigue, anemia, low-grade fever, rectal bleeding, and occasional nausea. These conditions progressively worsen until the individual is extremely debilitated. Epstein Barr Virus, and other viruses linked to chronic fatigue can be shielded from the immune system and perpetuated in the body by these parasites. They are hard to get rid of and up until now there has been little hope of their permanent removal.

Amoeba parasites come from human and animal wastes that are not handled or disposed of properly and most often

come from unsanitary conditions found in many countries outside the United States. However, even in this country and Canada there are many contaminated ponds, lakes and streams that have been found to contain various types of amoeba parasite organisms.

Humans and domestic animals living in close proximity often create a condition where garbage and wastes are impossible to control. Human and animal feces can be carried underground by rainfall and eventually seep into a persons well, into springs, creeks, rivers and ponds.

Most tap water sources in large cities are protected, but more and more remote areas are susceptible to pollution and amoebae parasites will begin to appear. Drinking water from mountain lakes and streams can cause infection among hunters and vacationers because local wild animals are contaminating these areas. Foreign travelers can bring amoebae infection into the U.S. by infecting the waters where they travel.

The immune system response can only take place in the living tissues of the body. Unlike the immune system, the digestive tract is literally outside the body and is similar to an open tube through which food and water is processed, absorbed and eliminated into and from the body. The immune system is confined primarily to the blood, lymph and tissues. The survival and transportation of white blood cells and other immune scavengers cannot adequately enter into the digestive chamber to fight negative microorganisms. We would be defenseless against these digestive parasites if it were not for the presence of the friendly bacteria that protect us. They are very essential. However, amoebae and worms are too large for the friendly bacteria to handle and require special therapy.

In summary, the human body depends on good digestion and proper elimination in order to maintain health and energy. Poor diet, overeating, cooked foods, excessive animal products, chemicals, antibiotics, steroids, medicines, amoebae parasites and body abuse in general, effects the quality and the quantity of the friendly bacteria. The end result is degeneration of the tissues which can weaken the immune defense system. **Friendly bacteria cultures are the key to good health and are absolutely necessary to eliminate and overcome the overgrowth of Candida yeast.**

## OXYGEN DEPRIVATION DESTROYS LIVING CELLS

The purpose of the Candida Yeast Answer Program is to give guidance and direction with your efforts in removing a

yeast infection and helping to instill an understanding as to why this removal should take place. You are motivated by aches, pains, discomforts and numerous symptoms that compromise your goals and interfere with your daily responsibilities. There is weakening of the body cells and tissues that is alarming. The bottom line to this wasting away of the body is the toxins that are being produced daily by the yeast colonies growing in your intestines, by indulging in negative, processed foods and drink and by the intake of chemicals that are antagonistic to the energy and life processes of our cells.

The three main and immediate physical requirements of the body is *sugar*, *oxygen* and *water*. Your cells cannot live without these elements. Next is minerals and then all other nutrients follow but cannot be received or utilized without the first three. The pH of your body (or potential hydrogens) is the acid/alkaline balance that is necessary for all activities to take place in a normal and healthy way so energy can be produced and cell life can be optimized. The intestines, the blood and all cells and tissues have a specific pH when they are clean, nourished and healthy. The desired range is anywhere from 6.5 to 7.38. Pure, clean water is 7.0 which is neutral. Only the stomach has a very low pH of a 1.5 to a 3.0 for proper digestion of proteins, etc. When we eat too much negative and acid-forming foods such as coffee, sodas, and meat or when we have yeast or bacterial/viral infections, there is a tremendous amount of toxic acids produced that the body's

pH becomes distorted. When the pH is out of balance your cells begin to weaken and will eventually die. All toxins are acid or acid-forming and all acid-forming foods can be toxic to the body. The purpose of eating healthy food and taking high quality supplements is to reduce and/or control these toxic acids and remove them from the body. An acid body is a tired body and body acids will disrupt the normal production of hormones and enzymes. Blood and tissues become excessively acid and your intestines can become too alkaline which puts the whole digestive atmosphere in a state of chaos and dysfunction. This increases production of yeast and bacteria which increases the acid/alkaline imbalance. It is important to remember that hydrogen from excessive acid deprives your cells of oxygen and minerals, especially magnesium and potassium which deprives your cells of water. Without oxygen or water you cannot receive the sugar necessary for energy. The consequences of this deprivation can cause overwhelming fatigue and weakness both mentally and physically. As stated before, the lack of water, oxygen and sugar creates a tremendous burden on the ability of your cells to function and perform. This reduced energy output creates poor health, infection, inflammation and disease.

The main purpose of living a healthy lifestyle and taking good care of yourself is to provide your cells with energy, purity and nourishment. If you can do this you will reap the benefits of being healthy, strong and capable of achieving your goals.

**It isn't so much what happens  
to us that matters as it is  
what we do about it.**

# The Candida Yeast Answer Program

A Candida Yeast Infection is nothing to ignore. If you have been eating the typical American diet, drink alcoholic beverages, have sugar cravings to such an extent that you eat large amounts of sugar, have been on antibiotics even once, let alone many times, the probability of having a yeast infection is very high. If you can identify with many of the symptoms mentioned in this book, then not only is having a yeast condition a strong possibility, but the severity of your condition can be very troubling. We talk to thousands of customers and counsel them throughout their programs. The stories of pain and discomfort and the long term failure of removal and cost that some people have paid to find an answer or remedy for their condition is beyond belief. We hear of how doctors and medical professionals have told our customers how it is not possible to have a serious yeast infection and it is all in their heads. They are prescribed medication for candida related symptoms which only controls their condition but does not stop or remove the cause. And yet, when following our program with patience and determination, they start getting well and their symptoms either disappear or greatly improve.

Do not ignore even a mild yeast infection, let alone something that could become more serious. The poisonous waste that each yeast cell produces as it feeds on your sugars will, throughout the years, burden your body and cause undesired stress. We have heard the stories and want to help you get well and overcome this health-robbing organism. We have thousands of customers who tell us this is the finest and most effective antifungal program they have ever used.

The following program of Candida elimination is a scientific and time proven method. No drugs or traditional medicines currently found within our medical community are suggested or used. This strong approach, (especially the proper use of naturally derived products), has proven more effective and provides better results than most traditional techniques and remedies put together. This program is very powerful and works exceedingly well.

Antifungal remedies will help remove a yeast overgrowth up to approximately 65%, but for long-term serious to severe candida conditions, we have found no other product or method has been found comparable to the success of the therapy outlined in this program. It can help you overcome

a moderate to severe Candida yeast overgrowth within a shorter period of time and with less discomfort. Not only are these products capable of directly killing yeast and other microorganisms, but they do it with minimal die-off reactions. All medicines and drugs have side effects and many people suffer from the remedy as much as they do from the condition. Our products are not drugs and do not harm the body.

Our program has fewer complications. Many people notice an increase in energy and well-being almost immediately because the toxins released from the destruction of the Candida are not reabsorbed back into the blood as readily and the ill-effects of Candida die-off are reduced significantly. Thousands of people have properly used this program with great success and will testify that it is the most reliable answer to Polysystemic Candidiasis today.

If you have Candida or suffer from the symptoms of any form of yeast infection activity, then a simple but effective means of its elimination is what you want. It has been discovered that Candida, bacteria, viruses and most other parasites can be killed more effectively by using strong botanical concentrates in special formulations and by taking special, all natural antifungal preparations. The strength of their effect comes from the synergistic or bio-compatible relationship these special products have with one another when taken in combination.

Much of the most advanced research in scientific studies on disease prevention and anti-aging programs deal with the formulations of natural plant concentrates and nutrients, because they offer a product of superior strength and biochemical response compared to synthetic drugs and medicines. **The major advantage of these kinds of products is a higher probability of solving the problem with longer lasting more permanent recovery.** This is truly remarkable, because all that is required to help rid your body of a yeast infestation is the proper use of a few special scientifically advanced products.

## CANDICYN

An antifungal formulation comprised of all of the most effective yeast fighting ingredients known and designed to destroy and remove large amounts of intestinal yeast within

a rather short period of time. It is very powerful and has minimal die off.

### ***IONIZED BIOTIC SILVER***

An organic form of natural silver that offers more “Killing Power” for destroying and removing yeasts and other pathogenic organisms from the body. It is more effective than any other form of silver.

### ***DEFEND***

An incredible concentrated antibiotic/antifungal preparation from olive leaf extract that offers a powerful source of candida removal both digestively and systemically. When combined with the other products, it gives a total well-rounded

approach to destroying yeast colonies from every angle possible allowing maximum results with minimal die off.

### ***PRO-DOPHILUS AND FLORA-GUARD***

These two friendly bacteria products are super strains of the highest potency culture formulas possible for both the small and large intestine. They kill the yeast and restore the digestive system back to its original state of well-being, removing dying yeast cells, mucus and debris. They improve digestion and keep you strong. They cleanse, purify, heal and help guard against future recurrences. The more you have, the better you are. Quantity is important.



# Candicyn

## Digestive Antifungal Formula

**C**andicyn is a very powerful botanical/herbal formulation that is designed specifically to destroy and remove a Candida yeast overgrowth from the digestive system within a very reasonable period of time. Approximately ninety percent of the Candida colonizes on the intestinal wall, especially around the ileo-cecal valve connecting the small intestine and large intestine. It is important to eliminate Candida from the intestines first before it can be overcome within the body systemically.

**Candicyn has proven to be the strongest natural preparation ever developed to rid the digestive system of a yeast infection. The fact that Candicyn can help eliminate a yeast infection within a short period of time makes it superior to anything available today. It is a totally safe product and when taken according to the instructions, weakens and destroys the Candida so that the yeast falls away and dissolves right out of the body through the colon.**

This unique remedy has another very interesting and outstanding feature. There is little or no die-off from using this product. The ingredients help boost the liver and immune system to prevent the "Herxheimer" reaction which is the effect of the toxins being released from the yeast cells during their destruction. The poisons within a yeast cell are numerous and can cause considerable discomfort and weakness to the body during the phase called *Candida Die-off*. Do not misunderstand! There may be some die-off reaction, but it is reduced significantly and makes for a more tolerable situation for those who have been bothered in the past.

**The Natural Antifungal Agents within two capsules of Candicyn are as follows:**

Oregano Leaf Extract 10:1 concentration	350 mg
Berberine Sulfate Hydrate	250 mg
Pau D' Arco Inner Bark Extract 5:1 concentration	150 mg
Rosemary Leaf Extract 10:1 concentration	150 mg
Zinc Undecylenate USP	50 mg
Cinnamon Bark	25 mg
Ginger Root	25 mg

These herbal agents have no similarity whatsoever to other like products with which you may be familiar. There are unique circumstances surrounding these extracts and it is because of their *biological compatibility* and *geographical potency* that gives a superior response to overcoming Candida.

The ingredients in Candicyn have very strong anti-bacterial, anti-fungal properties which cleanses the intestine from Candida and many other infectious type bugs. Through trial and error studies of their medicinal properties, research parasitologists discovered that when they were combined and concentrated, their antifungal effect was increased dramatically. With this combination, results were more immediate and produced no irritation or harm to the intestinal wall. The ingredients aggressively killed the Candida on contact, but were found to be gentle on the digestive system and produced little die-off reaction. When these botanicals were taken in combination, they stabilized one another and contributed to an increase in their biological function many times more than the contribution of each product when used by itself. Researchers also discovered that the yeast cannot build up a tolerance or resistance to these special plant ingredients. This enhancement of quality is what gives our program the edge for success.

Botany specialists have shown in studies that the strength, quality and response capabilities of the medicinal ingredients within a living plant are entirely dependent on natural growth factors and environmental conditions which influence the growth of the plant. It is possible to produce a beautiful-looking red apple with no vitamin C in it, due to altering growth conditions. By using chemical fertilizers and sprays which can reduce certain natural growth factors in the soil, the nutritional and medicinal value of plants can be altered, decreased or depleted accordingly.

Plants respond to their environment in a manner that is critical to their eventual effectiveness as a food or a medicine. The power of healing and tissue regeneration is totally dependent on the biological activity and superiority of properties within the herb or plant used to encourage healing. In order for the human body to respond positively to the medicinal values of plants and herbs, they must be produced in a growing atmosphere that allows their internal components to be maximized for quality and responsiveness.

The antifungal capability of **Candicyn** is highly influenced by various environmental growing conditions and this product is as effective as it is because of these superior growth factors.

The secret to the effectiveness of **Candicyn** is in the correct formulation and ratios of each ingredient. It is scientific-

cally understood that one plant properly combined with other plants of a specific quality will enhance the strength and activity of one another. Therefore, the reality of its overall worth is determined by the “synergistic compatibility” of the ingredients to each other. This is where the true nature of the plants positive effect can be found.

The quality and botanical strength of each component is extremely important to its biological response within the body as a form of natural resistance to Candida illness. Each herbal ingredient comes from the finest botanical plants available and close evaluation with quality control accounts for its tremendous Candida destroying properties. The process and methods used to concentrate and manufacture these botanical herbs in their final capsule form are accomplished in state-of-the-art facilities.

Careful attention to proper storage and ingredient preservation during manufacturing allows the retention of viable components to provide maximum potency. The remedial activity of Candicyn, when taken according to the instructions, delivers the maximum therapy possible for the eradication of the Candida.

Researchers specializing in the treatment of Candidiasis have designed this fast-acting, antifungal preparation. These specialists knew that quality ingredients and individual compatibility was the key to the success of this product. Many people have enjoyed substantial Candida removal within 4 to 6 months which is an extraordinarily short period of time for such an accomplishment.

When used correctly, **Candicyn** and **Defend** can aid in the elimination of the following negative microorganisms and parasites from the body:

- |                            |                          |
|----------------------------|--------------------------|
| Staphylococcus aureus      | Salmonella dysenteriae   |
| A-Hemolytic Streptococcus  | E. Coli                  |
| B-Hemolytic Streptococcus  | Bacillus Subtillis       |
| Diplococcus Phneumoniae    | Listeria Monocytogenes   |
| Klebsiella                 | Mycobacterium avium      |
| Proteus Vulgaris           | <b>Candida Albicans</b>  |
| Pseudomonas aeruginosa     | Aspergillus niger        |
| Salmonella schottmuelleria | Trichophyton inderdigita |
| Herpes 1                   | Herpes 2                 |
| <b>Cytomegalo virus</b>    | Rota virus               |

**“Some succeed because they are  
destined to, but most succeed  
because they are  
determined to.”**

—Henry Van Dyke

# Defend

## Olive Leaf Extract

Olive Leaf Extract is an extraordinary, 100% natural herbal antifungal, antibacterial, antiviral extract obtained from specific parts of the olive tree (*Olea Europaea*). This new phytochemical concentrate is a non-toxic immune system builder that is safe and highly effective with tremendous healing properties.

**Defend contains the following ingredients in two vegetable capsules:**

Olive Leaf Extract (highest concentration) (standardized to contain 20% Oleuropein)	400 mg
Sodium Caprylate (highest concentration)	400 mg
Montana Pacific Yew Tip	100 mg

We must emphasize that this product along with Candicyn and Biotic Silver creates an army so powerful that the yeast literally cannot survive. Our high success rate is based on these products and the “killing power” they provide.

### HISTORY OF OLIVE LEAF

The new knowledge of the medicinal properties of the olive tree (*Olea Europaea*) date back to the early 1800's where it was used in liquid form as a very effective treatment for malaria infections. According to the 1854 Pharmaceutical Journal of Provincial Transactions, pages 353 and 354, the doctors at that time stated that the healing properties of the olive leaf had great medicinal value and deserved more extensive investigation.

In the early 1900's a bitter compound was found in the leaves of certain olive trees called “oleuropein.” Oleuropein is an iridoid, a structural class of chemical compounds found in plants for self-preservation and is present throughout the olive tree. This compound was determined to be part of the olive tree's powerful disease resistant structure.

In 1962, an Italian researcher recorded that oleuropein had the ability to lower blood pressure in animals. Other European researchers validated the claim and also found it to increase blood flow in the coronary arteries, relieve arrhythmias and prevent intestinal muscle spasms.

The search began for the chemical agent within oleuropein that would be most medically beneficial. A Dutch researcher found it and the active ingredient was called “elenolic acid.” Further European research determined this compound to have strong antibiotic qualities to counteract the effects of infectious microorganisms such as yeast, fungus, viruses and bacteria.

In the late 1960's and early 70's, the Upjohn Companies' test studies were published by The American Society for Microbiology in regards to a new multi-functional monoterpene which they had isolated from various parts of the olive tree. The compound was called calcium elenolate, a crystalline form of elenolic acid.

When they tested this compound it was found to be antimicrobial against all forms of disease causing organisms for which it was tested. The compound acted effectively at low concentrations without any harmful influence on host cell mechanisms. It was also found to be extremely safe and non-toxic, even at high doses.

Then in the 1990's, interest was renewed and the process of bringing a professional product to market began. Finally in 1995, through independent scientific research, success was achieved and the way was opened for clinical application of this natural *Olive Leaf Extract* to work against and destroy fungal, viral and bacterial infections. This 100% natural product is classified as a food supplement and currently very few products available on a worldly basis is demonstrating itself to be as medically successful in destroying yeast cells.

### HOW IT WORKS

According to laboratory tests, calcium elenolate (derived from oleuropein) kills yeast cells and viruses by interfering with certain amino acid production processes. This interference prevents them from shedding, budding and assembly at the cell membrane. Studies suggest that this compound has the ability to penetrate infected host cells and irreversibly inhibit fungal/viral replication. In retro-viruses, this compound neutralizes the production of the reverse transcriptase enzyme and is believed to also neutralize the protease enzyme as well. These enzymes are essential for retro-viruses such as HIV to alter the RNA of a healthy cell.

Researchers in Europe investigated the properties of oleuropein and suggested that it inactivated fungus and bacteria by dissolving the outer membrane or lining of these microbes. More recent studies of oleuropein show that it seems to protect low density lipoprotein from oxidation, thus reducing the LDL's (bad cholesterol).

Another research study in France remarks that *Olea Europaea* Leaf Extracts show extremely high anti-oxidative qualities and can be classified as a strong, natural antioxidant. Research indicates these antioxidant properties are similar to

flavonoids, proanthocyanadins, pycnogenol and other related phytochemical compounds. Currently, these phytochemical compounds are receiving considerable attention in cardiovascular research for their ability to reduce the harmful oxidation of cholesterol and slow down the accelerated clumping of blood platelets that can lead to dangerous clots.

The new, more advanced form of extract not only confirms these test findings, but seems to show itself as an immune system builder by directly stimulating phagocyte production (phagocytosis). Defend (Olive Leaf Extract) also contains natural flavonoids and esters that create a structural complex that infectious microorganisms cannot readily develop a resistance to. Biochemists have determined that this advanced extract has multiple "iridoids" and that their synergy provides the wide spectrum effect.

A safety study on calcium elenolate was laboratory tested with animals and published by The Upjohn Company in 1970. The study concluded that even in doses several hundred times higher than recommended, no toxic or other adverse side effects surfaced.

## SUPERIOR BENEFITS

Olive Leaf Extract has been used clinically in its present form for over ten years. We have concentrated this product for greater effectiveness under the name of "Defend." This increased potency has already, in a short time, demonstrated considerable therapeutic action against many common and chronic conditions, especially yeast infections.

One comment frequently heard from our customers is that they feel more energy and a greater sense of well-being. Many individuals with fibromyalgia, Epstein-Barr virus, long term infections and chronic fatigue syndrome are reporting that they feel much better with more complete results when taking **Defend**.

Dr. James Privitera, M.D., a physician in California, began using **Olive Leaf Extract** in early 1995. He indicates "clinical results are very positive and we continually hear from patients about new and unexpected benefits such as; improved skin conditions, normalization of arrhythmias (heart beat irregularities), and less pain from hemorrhoids, toothaches and chronic joint pain." One woman with bad allergies reported "significant improvement and a level of energy she hadn't felt for years." One of Dr. Privitera's patients is a 17-year-old professional ice skater who says that one or two olive leaf capsules a day helps sustain the high energy level she requires for practice and performance.

Other benefits that researchers have found is that the natural olive leaf compounds could lower blood sugar and has helped patients rid themselves of stubborn viral infections they

have had for years such as shingles (herpes zoster), bladder infections, cold/mouth sores, asthma, vaginal yeast infections, stomach and prostate infections, flu-like symptoms, swollen glands, back and neck pain, sinus infections, scalp and skin conditions and especially fungal nail infections. One man lowered his HIV viral load 47% in 3½ months on Olive Leaf Concentrated Extract. However, the most interesting improvements after using the product for two to four weeks was the energy and feeling of well-being.

Because Candida yeast infections are so devastating to the over-all health of the body and contribute to so many other types of conditions, it is the removal of yeast cells that creates such improvement in most of these conditions, especially Chronic Fatigue and Chronic Fatigue Syndrome. One male patient reported amazing results for a fungus infection of the tongue he had for 30 years. All kinds of diets, treatments and regimes were tried but to no avail. Within three weeks on Olive Leaf Extract, the fungus disappeared.

Hundreds of patients with 'candidiasis' have reported significant improvements with this special extract above all other products and they speak of less infections, allergies, fatigue, dullness, depression and more energy. One woman said she was able to clean out her garage, which was full of dust, and before the Olive Leaf Extract, that would have been impossible for her.

## FLU AND COLDS

The Olive Leaf Concentrate, we call Defend, may offer a potent tool against the common cold and flu. Consider the following letter written on August 1, 1995, by a female patient with persistent flu symptoms:

"I became ill with the flu in February and used several immune boosters, extra vitamins and three antibiotics. My fever was 102-103 every afternoon and this continued even after the antibiotics. I developed paralyzing chest and abdominal pain, being confined to the couch for weeks, hardly able to walk. My weight dropped to 84 pounds. Medical tests revealed nothing specifically wrong.

"I started taking Olive Leaf Extract on July 18. Within a few days, my temperature started dropping and it has slowly and steadily gone down so that some days I haven't needed to take Tylenol to reduce it. The pain has been subsiding gradually and my appetite and strength has been returning."

At the time of her next medical examination, on August 15, the patient's temperature had been normal for a week and she had taken no painkillers for two weeks.

An elementary school teacher with a history of asthma and super-susceptibility to colds and flu believes that the Olive Leaf has armor-plated her against the legion of germs that run

rampant throughout her classroom. "I used to get sick all the time," she says. "One school year, I got strep throat eight times. If you sneezed at me, the chances are I would get sick. Not anymore. When many kids in my class were coughing, sneezing and blowing their noses before Christmas, I caught a slight cold and that's it."

"The product," says Dr. Privitera, "may be a true antiviral, inasmuch as it selectively blocks an entire virus-specific system in the infected host. It appears, moreover, to offer us healing effects that are not covered by pharmaceutical antibiotics. We believe that many people who lead stressful lives or who may be particularly susceptible to colds and viruses may benefit from long term use of Olive Leaf Extract as a preventive agent."

## BACTERIAL INFECTIONS

The bactericidal effect of Olive Leaf Concentrate was dramatically evident in the case of a 64-year-old physician bedridden for four years since suffering a major stroke. He also had recurrent bladder infections which would cause considerable pain, smelly urine and fever.

All efforts to control the condition had failed, including a \$1,000 antibiotic specifically prepared for him. The patient experienced constant discomfort. His urine was cloudy and "looked like soup." Often it contained blood. After one month on the extract, the infections had vanished and after six months, the condition has not recurred. He had been taking a standard dose of four capsules daily.

The patient also used to suffer from frequent allergies and colds and took medication frequently to keep these in check. The incidence and severity have been significantly minimized and he requires considerably less medication.

## SKIN CONDITIONS

After two months with Olive Leaf Extract, a male patient reported "significant" improvement for a chronic scalp infection he had suffered with for more than ten years. "It had flared up, causing very painful eruptions and lesions in my scalp which, over time, have killed quite a few hair follicles," he said. "Modern medical doctors and dermatologists have been unable to eradicate the condition. I had resolved myself to the fact that there was no cure. I am satisfied that I am getting significant results from using the Olive Leaf product. My scalp remains a little tender, but the eruptions have all but ceased. I am continuing to use the product about twice a day, and the skin color is much healthier than it has been in recent time.

"No matter what drug therapy my doctors have prescribed in the past, none has provided me with the level of relief I am

currently experiencing. I would gladly recommend this product to others suffering chronic skin ailments."

A female patient reported better energy and disappearance of a rash in thirty days. The rash occurred in winter, or during times of extreme cold.

One female patient described to Dr. Privitera what she called a "really quite unbelievable" recovery within one month of taking the supplement. "For the last few years, I have not been feeling like myself," she wrote. "I've had little energy and enthusiasm for anything. This is not my usual nature. I attributed it to weight, unemployment and just being down. I always had a headache and I couldn't figure out why. I started taking Olive Leaf Extract and noticed an immediate elevation of my spirits. What I liked about the product was that it was effective but gentle and didn't make me hyper or unable to sleep. Quite the contrary, I slept better.

"After a few days, I began to notice more energy and a stronger sense of well-being. The cobwebs in my brain started to diminish. I also noticed a bad shoulder and a bad knee started to get better. The pain associated with these joints remarkably improved. The only side effects I had were a couple of headaches in the beginning which disappeared with some aspirin. (Editor's note: A possible symptom of detoxification.) I started to feel much, much better. It was amazing to see the fatigue disappear and my general health improve. I couldn't believe I felt so well.

"I stopped taking the product after thirty days and experienced no withdrawal or anything. I simply felt better and that has stayed the same for the last sixty days without the product."

## VIRUSES, BACTERIAS AND VARIOUS FORMS OF YEASTS

Laboratory tests suggest that **Defend (Olive Leaf Extract Concentrate)** can be effective against the following diseases:

Candida Albicans	In. B/Maryland/1/59
Herpes (MRS)	Parainfluenza 9 (Sendai) ATCC
Vaccinia	Pediococcus Cerevisiac 39
Pseudorabies	Leuconostoc Mesenteriodes 42
Influenza A (PRS)	Staphylococcus Aureus
Newcastle Disease	Bacillus Subtilis
Parainfluenza 3	Escherichia Coli
Coxsackie A 21	Salmonella Tyhimurium
Encephalomyocarditis	Pseudomonas Fluorescens
Polio 1	Erwinia Carotovora
Polio 2	E. Tracheiphila

Polio 3	Xanthomonas Vesicatoria
Vesicular Stomatitis	Corynebacterium Michiganense
Sindbis	Plasmodium Falciparum
Reovirus (Deering)	Moloney Murine Leukemia
Moloney Sarcoma	Rauscher Murine Leukemia
Para. 1 (Sendai) TUC	Influenza A/NWS (HONI)
Para. 1 (C-35, HA-s)	In. A/PR8/34 (HONI)
Para. 2 (CA, Greer)	In. A/FM/1/47 (HONI)
L. Brevis 50	In. A/Ann Arbor/1/57 (HIN2)
Virax	P. Solanacearum
Malariac	P. Lachrymans
In. B/Lee/40	

In. A/Hong Kong/Richardson/68 (H3N2)

Defend is a new, advanced form of Olive Leaf Extract with a 20% concentration. It has aggressive antibiotic properties for assisting in removing and destroying serious to severe yeast/fungal infections. Its abilities have been demonstrated as a safe, non-toxic preparation and is produced without chemicals or additives using the finest processing procedures.

## THE SYNERGISM OF CANDICYN AND DEFEND

### *Digestive and Systemic Antifungal Formulations*

Candicyn and Defend when used correctly together are the most powerful and successful antifungal products available. These two products work synergistically together to assist in destroying a yeast condition throughout the body. The synergism of Candicyn, Defend, Biotic Silver, Pro-Dophilus and Flora-Guard are so effective in their combined efforts to kill yeast and bacterial infections that these pathogenic organisms simply cannot survive this program if the instructions are followed completely and to the end.

Candicyn and Defend have proven to be the strongest and most natural preparations ever developed to help rid the body of yeast infections. The fact that Candicyn and Defend are effective at quickly eliminating yeast makes them superior to any other product available on the market today. Candicyn and Defend are completely safe, not a drug, and when taken according to the instructions, weakens and destroys the candida yeast so aggressively that the yeast breaks away from the intestinal wall, dies and is dissolved right out of the body through the colon.

These two powerful antifungal products are all natural

with vegetable capsules and are guaranteed to contain nothing artificial, chemical or harmful to the body in any way. Our products are also free of soy, wheat, sugar, corn, yeast and dairy. The botanicals used are the best that nature can provide and contain the finest grown ingredients obtainable.

Every ingredient and botanical herb found in both the Candicyn and Defend has been formulated to kill and destroy yeast. It is through the combined synergisms and potencies of these active natural concentrated ingredients in both the Candicyn and Defend which provides the most powerful yeast killers possible. Yeast is highly concentrated on the intestinal wall and is destroyed in layers, little by little. When one yeast cell dies, the internal fluids feed the other yeast cells around it. This is why it takes time to destroy a massive yeast overgrowth. It is a colony and yeast cells survive by supporting one another. Viruses and bacteria go their own way when they divide, but a yeast cell remains with the colony and this concentration of fungus takes a tremendous amount of "killing power" to remove. This is the reason our products are so strong and why we provide proper instruction and counseling. This integrated approach helps to assure all of our customers the ultimate in success while providing hope and the guidance necessary.

Each of the ingredients in Candicyn and Defend are unique and found to have the strongest antifungal properties. The combination of these two products increases the yeast destructive process by several times allowing for more immediate and better results. Each ingredient is stable, concentrated and aggressive, but DOES NOT harm, destroy or interfere with the friendly bacteria in the intestines and creates no allergic reactions in the body. It is drugs and medical antibiotics that can kill and remove the friendly flora and are very harmful to tissue activity and longevity.

The ingredients in these two products enhance the positive atmosphere of the intestines, strengthens the liver, spleen and the immune system and assists in the detoxification of yeast toxins and body pollution. Macrophage production is also increased to help destroy bacteria, viruses and yeast. There is a remarkable increase in normal bowel movements with improved cleansing of waste and mucus from the intestinal wall. A major colon cleansing takes place and atmospheric purity begins to replace the pollution in the colon. There is a more responsive re-inhabitation of the friendly flora once the yeast, colon waste and acid toxins are moved from the body.

# Biotic Silver

## *Organic Ionized Silver*

**B**iotic Silver is a very powerful natural antibiotic-antifungal solution that is so strong and effective that it can destroy and remove from the body almost all yeast, fungi, bacteria and viruses. It is a strong catalyst that dissolves an enzyme which all single-celled pathogenic fungus, bacteria and viruses use for their oxygen supply. The lethal consequence is they suffocate and die upon contact with this specialized Silver.

Biotic Silver is the most advanced, scientific discovery in silver preparation ever designed. It is not colloidal silver, but is "IONIZED SILVER," which has been manufactured by a special patented process that combines the Silver with Fulvic Acid, a natural constituent of, and produced by, the soil's friendly bacteria. This acts as a catalyst and when electrolytically interacted with the silver, it ionizes the silver particles and dissolves them down into extremely small particle sizes smaller than .001 microns. This dissolving of the Silver allows the silver ions to remain separated and in solution indefinitely and gives it a higher degree of absorption and diffusion throughout the body. This creates a destructive force against pathogenic organisms greater, perhaps, than any natural antibiotic ever discovered. Colloidal silver is not dissolved silver and does not have the positive action in the body as does Ionized Silver. A major disadvantage to colloidal silver when electrically charged is that the silver particles are not truly dissolved (ionized) and they will eventually lose their charge and settle out of solution falling to the bottom of the container. Heat and long storage can dissipate electrical charging and further reduces the effectiveness of colloidal silvers.

Ionized Biotic Silver circulates through the blood, lymph, tissues and intestines dematerializing negative organisms. It is very powerful and yet gentle to the systems of the body and produces less die-off and absolutely no harmful side effects during the course of the antifungal program. It especially wipes out disease-causing yeast colonies and bacteria with quicker results than ever before, but at the same time it encourages a cleansing process and removal of dead yeast cells and toxins. Antibiotic drugs harm the liver and prevent the healing/cleansing requirements to diminish die-off and quicken recuperative abilities. They also kill the intestinal flora necessary for the health of the body.

Biotic Silver does not kill the friendly bacteria natural to

the human body, and it does not accumulate or harm the body in any way. It easily enters the tissues because of its minute size, and is able to find the enemy, destroy it and then is removed from the body as easily as it entered. This is truly the most remarkable silver discovery ever engineered by science and has more "killing power" for removing invading pathogenic organisms than any substance we have ever worked with.

Some strains of negative organisms can mutate and build a resistance to antibiotics before they have all been removed, thereby developing a tolerance. This is not the case with Biotic Silver. The energy within a natural antibiotic is different from drugs and disease causing organisms cannot build up a tolerance. The respiratory enzyme in the yeast cell is destroyed so quickly that suffocation is immediate and the negative single-celled life forms are left defenseless and die, thereby, not allowing any resistance to take place. It is also believed that the effective use of silver as an anti-infective agent is, at least in part, due to its ability to reduce the electrical potential of the invasive pathogen's cell membrane to zero, thus destroying the pathogen. This may explain why there are no known cases of virulent pathogens mutating or changing into new strains, when exposed to "ionized silver." Due to the presence of the friendly bacteria in the soil and the secretion of Fulvic Acid, all minerals and metals become ionized and are therefore, organic in nature. If negative organisms could build a defense against natural control elements within the soil or atmosphere, then life would cease to exist.

Biotic Silver is both a remedy for, and prevention against, infections of all kinds. It works as well as it does because of its small particle size and its killing ability and because of new scientific improvements in its bioavailability and tissue activity. It has been energized through a special patented process which allows the Silver to have an increased energy field within each particle of silver and it circulates more freely and reacts more negatively with all yeast colonies, bacteria and viruses.

Pathogenic organisms have a hard time surviving in the presence of silver. Long ago when the earth was more fertile and our food supply was grown more naturally, there was more silver in the soil to be organically absorbed into our food. This natural antibiotic would, in minute amounts, prevent infectious disease, acting as a second immune system. Due to mining of silver ore for its monetary value and inorganic methods in farming there is little silver left in the soil. Strains

of infectious organisms are much stronger today so larger amounts of silver are necessary to eradicate them.

This natural antibiotic is extremely effective and can help overcome serious infections. It has been approved by the Federal Drug Administration and is classified as a “Dietary Mineral Supplement.” There are absolutely no side effects recorded in decades of use. Recent studies at the University of Toronto concluded that no toxicity, even in high dosages, results from using Biotic Silver.

Because of the special proprietary formulation, there is no harm to human enzymes, hormones or any part of the body chemistry. Tests in hospitals, universities and research laboratories have proven this. No one has ever overdosed and it is not an allopathic poison. It is “yellowish” in color, odorless, and does not upset the stomach. **Biotic Silver is non-toxic, non-addicting, non-accumulative and is a completely safe ‘dietary mineral supplement.’**

The smallest capillaries in the body are 1½ to 4 nanometers in diameter and .001 microns is equivalent to 1 nanometer. Small silver particles will fit through small capillaries—large ones will not. Electron Microscopic studies show most other silver products to have vast percentages of their silver particles larger than .001 microns even though it states otherwise on the label. Some silver manufacturing companies put “silicon dioxide” in their silver which covers up large particles sizes and actually makes the silver less effective, creating an illusion of quality. Never use silver products with silicon dioxide.

The major advantage of Ionized **Biotic Silver** is the “micro-sizing” of all the energized silver particles smaller than .001 microns. No other silver product has 100% of its silver particles this small. It moves easily through the tissues of the body and the intestines and is then removed from the body completely. Large silver particles should not be ingested as it may accumulate and discolor internal organs over a period of time. Silver is not toxic to the body, but can cause a condition called “argeria.” This can only happen with “colloidal silver products.”

## CONTINUOUS ANTIBIOTIC ACTIVITY

The dissolved silver particles in **Biotic Silver** are so small they are absorbed immediately through the tissues of the mouth and stomach. They freely circulate throughout the body and remain active until removed from the body. Ninety percent of the silver is removed from the blood by the liver and only 10% through the kidneys. It then enters the bile

produced by the liver and is carried out of the body through the digestive system where it destroys and removes negative microorganisms from the intestines.

Biotic Silver is considered a “full spectrum antibiotic” because it destroys and removes viruses, bacteria and yeast cells both digestively and systemically reaching all areas in the body. Natural antibiotics may suppress the activity of the friendly bacteria, but **will not** destroy them because of anatomical and physiological differences between them and pathogenic (disease-causing) organisms.

Again, Ionized Silver is not colloidal silver. Ionization dissolves the silver down to minute particles of a highly effective form of antibiotic which diffuses throughout the body quickly and strategically.

Fulvic Acid is a natural organic acid produced by microbes in a form that cannot be duplicated. It is made from an ancient composted material from once living matter and contains all the major and trace elements present when those organically rich deposits were made. Research has found that it contributes so powerfully to all functions that it should be considered indispensable to human nutrition. The benefits of this product material are astounding when compared to any other product known. As an example, it chemically alters inorganics into biologically acceptable substances; it restores electrical balance to damaged cells; it chelates and neutralizes toxins, poisons and free radicals, rendering them harmless to the body and eliminates food poisoning within minutes. It benefits the use of all nutritional substances such as vitamins, minerals and other nutrients and assists every stage of cellular metabolism.

Fulvic Acid is the most powerful, natural electrolyte known and can act as an acceptor or as a donor in the creation of electro-chemical balance. If it encounters free radicals with unpaired or negative electrons, it supplies an equal and opposite charge to neutralize the bad effects of the free radical. Since Fulvic Acid is a bio-available chelated molecule that can also chelate, it acts as a refiner and transporter of organic minerals and other cell nutrients. Fulvic Acid gives the silver the distinguished attitude of small particle sizing and therefore, supplies increased energized biochemical activity that stops candida yeast cells and all pathogenic organisms dead in their tracks. Plants do not use colloidal minerals, but are supplied organic dissolved mineral complexes from the soil microorganisms that can and do use colloidal minerals. Your intestines and body tissues are in the same category as plants and will use silver in a better and more complete manner when it is ionized with Fulvic Acid.

When prepared under suitable conditions a solution of



Ionized Biotic Silver is quite stable even in the presence of salts, gastric juices and other chemical substances of the blood. It has a destructive action on toxins within the body. Also, when taken internally, the particles of Biotic Silver are resistant to the action of harsh stomach acids and alkalis of the small intestine, and consequently continue their catalytic action and pass through the intestines unchanged. This allows destruction of *candida* and *bacteria* without losing its potency during transit.

A major advantage of Biotic Silver is its unique processing and the removal of 'nitrites, nitrates and sodium.' As silver is mined from the earth, it is minutely combined with these elements and in order for it to work effectively they must be removed from the silver. Nitrites and nitrates inhibit the action of silver significantly. Silver products of the past were given in quantities of 1500 ppm or more in order to be effective. Biotic Silver will do even a better job when the nitrites, nitrates and sodium are removed, and the silver particles are energized and ionized.

The scientific enhancement of Biotic Silver makes it a far superior product than any other colloidal silver product of the past. Its 'purity' and ionization activates the silver and allows it to be a *powerhouse of destruction* to living yeast, bacteria and viruses.

Silver, as it appears in its ionized form, is receiving attention by the medical community as an alternative remedy or therapy for infectious diseases. For example, most antibiotics kill only six or seven different disease organisms, but silver is known to kill approximately 650 organisms. Therefore, resistant strains fail to develop. Silver in the ionized form is non-toxic and completely safe for children, adults and animals. Dr. Henry Margraf of St. Louis, a pioneering silver researcher, comments, "Silver is the best all-around germ fighter we have."

Silver is used to disinfect drinking water, swimming pools and is now being used in air purifiers to remove bacteria from the air in homes, office buildings and airplanes. It is especially popular in preventing or removing dysentery while traveling in foreign countries where unsanitary conditions prevail. Biotic Silver can be used topically and will prevent or help overcome infections associated with cuts, scrapes, burns, bites, etc.

Research indicates that Biotic Silver has been successfully used against numerous diseases and conditions. We are excited with the results that offer relief from many debilitating conditions.

**Biotic Silver helps to kill and remove candida yeast infections both systemically and digestively, but especially**

**around the ileo-cecal valve separating the small intestine from the colon.**

**Biotic Silver** has been found to be a natural remedy for colds, flu, infections and fermentation due to bacteria, fungus or virus, including staph and strep. **Biotic Silver** is the useable form of *the most effective disease fighter known*. The body uses it to fight disease-causing organisms and to aid healing. Older people using it feel better in many ways, including improved digestion because their body energies are used for other than fighting disease. Medical research has proven that in cases of severe burns, silver helps promote rapid healing with less scar tissue.

**Biotic Silver** is not a chemical containing silver. The silver is ionized and held in suspension in pure distilled water by an electric charge on each atom. It is non-toxic and non-addicting. Biotic Silver is a remedy for even the non-apparent low-grade infections most people have and can be given to infants and used during pregnancy.

Dr. Henry Crooks found that silver in the ionized state is highly *germicial*, non-toxic and harmless to humans. Biotic Silver kills all known microbes.

The Environmental Protection Agency's *Poison Control Center* reports no toxicity listing for ionized silver. They consider it harmless in any concentration. Dr. Robert Becker ("The Body Electric") recognized a correlation between low silver levels and sickness. He noted that a silver deficiency was responsible for the improper functioning of the immune system. Dr. Becker's experiments conclude that silver works on the full spectrum of pathogens without any side effects or damage to any cells of the body. **A 4-oz. bottle of Biotic Silver could be taken per day without any harm to the body.**

Dr. Becker also concluded that silver was doing something more than killing disease-causing organisms; it was also bringing about *major growth stimulation of injured tissues*. Burn patients and elderly patients have more rapid healing.

Dr. Bjorn Nordstrom, of the Karolinska Institute, Sweden, has used silver as a component of his *cancer cure* method for many years.

An article in *Science Digest*, March 1978 ("Silver, Our Mightiest Germ Fighter"), states:

"As an antibiotic, silver kills approximately 650 disease-causing organisms. Resistant strains fail to develop. Silver is absolutely non-toxic and is an excellent all around germ fighter." Richard L. Davies, Executive Director of the Silver Institute, which monitors silver technology in 37 countries,

reports: "In four years we've found 87 important *new* medical uses for silver."

There is speculation that the silver binds to the microorganism, and by so doing somehow causes it to be eliminated from the body. Activation of phagocytes may be involved; orally ingested silver becomes localized in Kupffer cells of the liver, and leukocytosis often is observed following dosing.

## WHAT SCIENTIFIC STUDIES HAVE BEEN DONE CONCERNING THE EFFECTS OF BIOTIC SILVER PROTEIN?

In addition to studies that have been done in the past, several recent laboratory tests have yielded very significant results:

(1) From the *Rocky Mountain Laboratories* (January 13, 1995): "... we have received ... a sample (12 ml) of silver (1,500 ppm) preparation and have evaluated its effectiveness in a preliminary pilot study against the Lyme disease spirochete, *Borrelia burgdorferi* (B31) and against the relapsing fever agent, *B. hermsii* (HS-1).

"In both tests, BSK cultured spirochetes were treated with 150 and 15 ppm of silver. When examined 24 hours later, none of the treated cultures contained live spirochetes. Few spirochetes, all dead, were observed at 48 hours." Dr. Willy Burgdorfer, Ph.D., Scientist Emeritus

(2) From *Fox Chase Cancer Center* (January 24, 1995): "... Preliminary laboratory studies on *Borrelia burgdorferi* spirochetes revealed that silver solutions reduce the growth rate of these cells significantly and eventually lead to cell death." Margret Bayer, Ph.D.

(3) From *Temple University* (February 2, 1995): "Preliminary studies on silver preparation (40 PPM) show it to be effective in inhibiting and killing strains of *Candida albicans* and *Cryptococcus neoformans* in vitro." Helen R. Buckley, Ph.D., Professor

(4) From *Temple University* (February 2, 1995): "... We tested the ability of silver to inhibit human immunodeficiency virus type 1 (HIV-1) replication in the human T cell line, SupT 1, as measured by syncytia formation. We found that ionized silver inhibited HIV-1 replication in SupT 1 cells as measured by a reduction in the appearance of syncytia in cell culture. There appeared to be little if any acute toxicity associated with the dose of silver which inhibited HIV-1 replication ...

"... These results are very encouraging and suggest additional experiments that could be done ... " Earl Henderson Ph.D., Professor

(5) From *Temple University* (March 20, 1995): "My laboratory has studied the effects of Special Formulation of Silver on human immunodeficiency virus Type 1 (HIV-1) survival and on latency reactivation of HIV-1 in the human lymphoblastoid B cell line, M57-3 ...

"... The results of the ... experiment show that exposure of HIV-1 to 1000 ppm of Special Formulation of Silver for one hour at 37 degrees centigrade completely eliminates infectious HIV-1 as measured by syncytia formation on SupT 1 cells ... " Earl E. Henderson, Ph.D., Professor

(6) From *University of Toronto* (January 27, 1995): "... At the highest dose (18 mg/300 gram rate) there were no observed adverse effects within the treatment period; the data does not permit us to make a statement regarding the metabolic fate of the silver. If this data can be extrapolated to the human scale, then a 60 kilogram individual would have to be given 3,600 mg (3.6 gram) to receive an amount equivalent to the test animals (rats). This corresponds to the injection of 1 ml of a solution containing 300,000 ppm of silver." John Barltrop M.A., D.Phil, D.Sc.

## WHAT KIND OF RESULTS HAVE BEEN REPORTED?

"Joy is the only word that can be used to describe the result that this wonderful product has produced. I have personally been devastated by Lyme Disease for over eleven years now, and after only a week of taking **Biotic Silver**, my body is responding to this marvelous product better than any other remedy that has been prescribed by the medical community of Canada. I am 90% recovered and intend to stay on the silver until all my symptoms disappear, which at this pace they most certainly will!" L.A.N., Winnipeg, Manitoba, Canada

"The results that I received using the **Biotic Silver** product for sinusitis were truly incredible! During this long, cold and extremely wet winter, I have had constant colds affecting my sinuses and twice have gone into acute sinus infections. My husband, who rarely gets sick, also had a sinus infection that progressed into an upper respiratory infection that literally put him down for the count. After trying antibiotics and several over-the-counter medications, we tried the silver and two hours later we began to experience dramatic relief. Within two days the symptoms were gone and we were back to normal. My household will never be without a bottle of **Biotic Silver**." K.K., Grass Valley, California

“It’s hard to believe how quickly and dramatically **Biotic Silver** not only relieved my sore throat, but eradicated my cold in just over three days. It’s amazing. Every year when I go to the mountains in New Mexico to ski, I fall victim to severe sore throat and cold/flu symptoms that are extremely painful, oftentimes ruining my trip. When it happened this year, I tried your product because nothing else worked . . . and I began to feel tons better the very next day. I’m flabbergasted! Someone has finally found an effective answer to the common cold!”  
R.G., Houston, Texas

## A RE-ENGINEERED PRODUCT

Through modern technology this new form of Biotic Silver has been therapeutically improved to enhance its biological response within the body. This is the key to its strength. It is truly a remarkable product with unlimited potential for fighting disease.

The **Full Spectrum Biotic Silver** can do more than most products on the market today to destroy and remove a viral, bacterial, or ‘yeast infection.’ Its properties and effect are so powerful that regardless of colony density, amount or tissue location, yeast cells will die and be removed from the body efficiently.

Professional laboratory analysis and clinical testing has shown excellent results with total removal of difficult or chronic infections in most cases. Its ionization allows it to “seek out and destroy” yeast cells and invasive organisms within a shorter period of time, causing less distress and with overall better recuperation.

## NOT ALL SILVER PRODUCTS ARE EQUAL

There is a tremendous difference among “Silver Products” in manufacturing techniques, quality, strength, purity, particle size, effectiveness and safety. Many silver products have too much sodium causing them to have unbalanced pH. Some formulas are not suspended properly and have a tendency to come out of solution and settle at the bottom of the container. Other manufacturers literally misrepresent or falsify their labels to cover inferior quality.

The greatest misrepresentation is *particle sizing*. If any of the silver particles are larger than .001 microns, they can be toxic to the body and remain within the tissues and cause a graying of the skin, developing into a condition called Argyria. Products with silver particles too large are dangerous and should not be used. Some silver producers will have high

potencies on their labels giving the false impression of ‘superior quality.’

When using colloidal silver, high parts per million may look good, but only small percentages of the silver is .001 microns in size making the rest of the silver particles useless and harmful. Very few silver products on the market today are considered safe, non-toxic, totally absorbable and completely removable from the body. Doctors and researchers are aware that colloidal silver can be retained in the tissues if the particle size is too large.

Silver works in destroying negative microorganisms by a vibratory energy within the silver that stops the production of a respiratory enzyme in single-celled organisms causing them to die. This energy varies among silvers and can be enhanced according to manufacturing methods and potency. It takes special handling abilities, equipment, technology and financial investment to purify and energize silver particles in order to optimize its effectiveness and safety. **Full Spectrum Biotic Silver is the purest and most energized form of “silver” on the market today and is highly effective in bringing the best results possible.**

## PPM (PARTS PER MILLION) IS IMPORTANT

It is difficult to comprehend the strength and aggressiveness of viruses, bacteria and yeast that find their way into the body. Some of the new strains are stronger and more resistant to antibiotics than ever before. Candida yeast cells can occupy large areas of the intestines. Viral and bacterial infections grow rapidly because of weaknesses within the immune system and environmental conditions of waste and impurity that encourages their reproduction. Do not underestimate the growth rate of negative microorganisms, because they multiply very quickly and can have a strong survival capability.

In order to destroy and eliminate these negative organisms a strong defense is necessary and **Biotic Silver** with its high energy levels and potency is essential for quick removal. The ppm strength in a product is very important for success. Silver products on the market that have five or ten parts per million can be effective if 100% of the silver particles are .001 microns or smaller. Most silver products do not fall in that category and when you combine low ppm’s they are not very effective.

Some silver companies state that high ppm’s are dangerous and should be avoided. That is only true for those products that are not ionized. It is very important to know if an ‘impressive labeled’ product is truly what it seems to be. Do not take for granted that a silver product is safe or of any value unless

you know that the particle size is small enough to flow freely through the smallest capillaries of the body and then be removed completely from the cells and tissues.

**Biotic Silver** is truly a unique product that is 100% ionized for effectiveness, purity, safety, energy output, potency and total body response. It is a product well-designed and formulated from the finest research and scientific achievements in the fields of Parasitology and Probiotics.

## SUMMARY

Biotic Silver is the most advanced form of “Ionized Silver” available today for the therapeutic purpose of fighting infection. Its superior effect comes from a special scientific process that allows it to reach negative microorganisms quickly and destroy them. Once the “Ionized Silver” has accomplished its purpose it is removed from the body with no toxic accumulation or side effects.

## Pro-Dophilus and Flora-Guard

*The Superior Form of the Friendly Bacteria Cultures*

**T**he main cause of a candida yeast infection is a deficiency of the friendly bacteria. Any yeast overgrowth may be influenced and encouraged by other factors such as sugar intake, antibiotic use, etc., but the ultimate reason for its presence is a lack of the friendly flora. The following information is designed to help you better understand why it is so important to re-establish the proper quality and quantity of the right kind of friendly bacteria in order to remove a yeast/fungal infection within the body. There are two very important stages for achieving wellness from a yeast condition. First, at least 90% of the yeast must be destroyed by a sound program of natural products that are powerful enough for this removal process. Second, the bacteria cultures must be substantially re-implanted during and after the program, to cleanse the body and prevent re-occurrence. The friendly flora alone can remove a mild yeast infection if you know how to use them. Once the yeast reaches a serious or severe status, special anti-fungal preparations and the friendly bacteria together will be necessary to destroy it. However, once the Candida Program you are on has been completed and most of the yeast removed, it will come back very quickly unless large amounts of the friendly bacteria are re-implanted immediately. It is an absolute necessity in order to clean out debris and dead yeast cells as quickly as possible, and especially to create a perimeter of defense from then on. The following explanation will show how this can be accomplished.

The “Friendly Bacteria” naturally found in the intestinal tract which includes the mouth, throat, esophagus, stomach, small intestine, and the large intestine, are absolutely necessary for health, energy, purity, protection and quality of life. You cannot live without them. Their functions are so numerous and detailed that it is important to protect them.

“Probiotic” means “for life” and the science of probiotics is the study of the friendly bacteria cultures and their relationship to higher life forms. Life on the planet earth could not exist without the friendly bacteria in the soil to break down dead and decaying life forms and thereby promoting the growth of new seeds and plant life for our existence. This balance is always maintained by natural means in order to continue the existence of all living things. Most bacteria in the soil are friendly and only about 10% of bacteria are considered unfriendly or pathogenic (disease causing). Likewise, in the intestines are also found positive and negative organisms, but the 90 to 10% ratio is always maintained

through the natural presence of the friendly flora unless they are destroyed by unnatural means. When this happens health problems and conditions too numerous to mention are guaranteed.

The friendly bacteria are *very* necessary for tissue moisture balance, cell harmony and purity, but especially longevity. What happens in the intestines will be duplicated in the tissues. In order to keep the intestines free from pollutants, pathogenic bacteria and especially yeast colonies, high quantities of the friendly flora are required. In order for this to take place they need to be maintained with continuous implanting on a daily basis.

An excessive candida yeast infection can help be avoided in the intestines if ample amounts of these cultures are continually supplied. They are your first line of defense against all invading single-celled microorganisms which serve no purpose in the body. Cultures are your protectors and help guard against pathogens and toxins that may enter the blood stream and poison the body. Your immune system has a minimal effect in protecting your intestines against the negatives of the outside world. There is a cascade of immune protective substances that the body produces such as white blood cells, macrophages, T-Cells, B-Cells, antibodies, etc, but their primary purpose is to guard against the negative invaders once they enter the blood stream and tissues. They do little to prevent pathogenic organisms from entering the body, especially from the intestines. The friendly bacteria come to your rescue when the “bad guys” come in through the mouth and make their way past the acids of the stomach and enter the small intestines.

The typical American diet with cooked, refined and processed foods are found to place a tremendous burden on the digestive organs. Most of the foods we eat are very negative and over acidifying which creates a hardship on the stomach, liver and intestines. Good food that is as natural as possible gives you energy and bad food that is heavily processed, cooked and devitalized takes it away. If enough bad food is consumed for a long enough period of time, eventually your body will suffer the consequences. Overeating bad food inhibits the proliferation of the friendly bacteria and defeats their purpose by placing a heavier burden on their natural functions. If you eat unhealthy processed food the majority of the time, your need for the friendly flora is much greater.

The second destructive substance to the body and especially within the intestines is man-made chemicals. They are everywhere, in the air, in our water supplies, medicines, drugs, insecticides, etc., and even added to our foods. Much of what we eat has a diverse amount of different types of chemical additives put in for commercial purposes only, without any regard to those eating them. They say the chemicals are safe, but we know that chemicals have an accumulative effect within the body and will eventually destroy living cells, weaken the vital organs and contribute to disease.

When these chemicals are deposited in large enough amounts over a long enough period of time, somewhere within the genetic weakness of each individual there will be such accumulations that degeneration of living tissue will take place and inflammatory conditions and dysfunction will occur. These chemicals can destroy not only the life of the body, but also the friendly flora in both the small and large intestine.

The third area causing our body to dysfunction, have pain and fatigue, is the presence of invading parasites such as viruses, bacteria, yeast colonies, amoebas, worms and other pathogenic microorganisms. They destroy living tissue, put holes and tears in the intestinal wall, interfere with digestion, absorption and elimination and pollute and poison the body. You are as strong as your weakest link and genetically you were born with certain weaknesses. When toxins enter the bloodstream they are removed by the liver and kidneys, if they are working properly. When large amounts of pollutants keep coming into the body on a daily basis, the liver and kidneys begin to slow down and lose efficiency. Then these poisons begin to accumulate and are stored in the genetically weak areas of the body first, and then in time, everywhere else. The more toxins there are in one area, the more the future toxins are attracted to that area. This compounds an already bad situation, and the weaker the area gets, the more it breaks down and as the cells die and degenerate, you have inflammation, pain, tenderness and eventually disease. When there is excess toxins in the body and no interference in cellular activity by contaminants, there can be no disease or pain. The toxins stored in the tissues makes your life miserable and contributes in some way to most all health problems of today.

The part of the body to deteriorate first under physical abuse from bad diet, chemicals and parasites is the digestive system. Friendly and unfriendly microorganisms are picked up at birth as a new born baby passes through the birth canal. If the mother is not adequately supplied with the friendly flora, her baby will also be lacking. If she should happen to have a yeast infection anywhere in her body, then the candida or a predisposition to a yeast infection can be transferred at this time to the baby. If the child is not fed properly or is not breast fed, the candida will begin to grow slowly along with other harmful bacteria. This is how and when many adults of today

got their start in a yeast problem.

In an adult there are approximately two to three pounds of friendly bacteria permanently living, growing and serving a purpose in the intestines. This adds up to about 100 trillion viable living bacteria which is approximately one and a half times more cells than we have in the body. They are permanent residents of the intestines and actually adhere to the intestinal wall. They keep the intestinal area clean, by controlling mucus, debris and negative invaders. They produce anti-microbial substances such as lactic acid, acidophilin and other natural forms of antibiotics that kill the overgrowth of negative microorganisms.

The friendly flora maintain the proper digestive pH or acid/alkaline balance for the proper absorption of minerals and proteins. The enzymes from the stomach and pancreas cannot digest foods unless a specific pH is maintained in the intestines. These acids are a natural antiseptic and can destroy all yeast cells that come into the body on a daily basis. Many authorities believe the presence of yeast is a natural phenomenon and are always present in the intestines. Normal amounts of the friendly bacteria immediately destroy and remove pathogenic organisms just like the immune system does to the same organisms as they enter the blood. The friendly bacteria along with fruits and vegetables keep the blood and tissues alkaline which gives you health and energy. Tissue acids make you tired and all foods that are acid forming except fruits and vegetables accelerate the aging process and causes fatigue. A 'healthy rule of thumb' is, 75% of what you eat should be alkalizing to the body (fruits and vegetables) and 25% should be acid forming (grains, nuts, meats, eggs and all cooked, processed foods).

The bacteria living in our intestines can synthesize and manufacture vitamins such as B vitamins along with vitamin K which is necessary for blood clotting. They also create lactase, the enzyme necessary for the breakdown of lactose in milk products and the Lactobacillus bacteria in the small intestine actually help form the stool encouraging the natural peristaltic activity necessary for daily bowel movements. Optimal digestive efficiency can only take place if the digestive organs are complimented by the presence of the friendly bacteria. There is also an increased improvement in liver function and immune system response capabilities when the friendly flora are present in large numbers. Once a yeast infection has been successfully removed there is a strong need to encourage a cleansing process of stored yeast toxins in the tissues. The input of high amounts of cultures has shown to be very effective in satisfying this need. They enhance the "homeostasis" (balance, harmony, stability) throughout all the systems of the body.

There are many varieties of bacteria living in our bodies and there are several different strains in an infant when it is

born. However, after about the age of three years, there are two strains that predominate. The most active strain in the small intestine is the *Lactobacillus Acidophilus* and the predominant strain in the large intestine is the *B. Bifidum*. Other strains such as *L. Salivarius*, *L. Plantarum*, *B. Longum*, *L. Casei*, *S. Thermophilus*, *L. Bulgaricus* and *Lactobacillus Rhamnosis* are also common, but take second place to the two main cultures.

Food poisonings and conflictive intestinal dysbiosis such as acid stomach, gas, bloated or distended abdomen, constipation, diarrhea, Crohn's disease, ulcerative colitis, irritable Bowel Syndrome, Leaky Gut Syndrome, indigestion, anemia, all forms of yeast colonization, mineral deficiency, tooth decay, thrush in the mouth, high cholesterol, Diabetes, pancreatic and colon cancer, appendicitis, colon pockets and impactions, diverticuli, polyps, hemorrhoids, mal-absorption, hepatitis, secondary infections like *Klebsiella*, Epstein Bar Virus, vaginal yeast and bacterial infections, streptococcus, headaches, liver dysfunctions, overweight and underweight conditions, high blood pressure, gum disease, ulcers, colic in babies, diaper rash, ear infections, high and low blood sugar, hormone and enzyme deficiency, reproductive problems, prostate enlargement, endometriosis, lactose intolerance, chronic fatigue syndrome, fibromyalgia and accelerated aging, may be contributed to by a lack of the friendly bacteria. The problems of snoring, bad breath and body odor may also be influenced directly and indirectly by a lack of the friendly flora in the intestines. In fact, mouth washes can kill the mouth odor causing bad bacteria, but they can also destroy the friendly bacteria which actually keeps your mouth clean and free of odor and tooth decaying bacteria.

The colon or large intestine receives all the digestive waste material and residue which includes foods that have putrefied or fermented. If this waste is not eliminated quickly it stagnates and poisons the colon chamber and is re-absorbed back into the body. A healthy colon without the friendly bacteria can transform into a lifeless pipe containing multi-layers of encrusted fecal matter, mucous and debris along with an ever growing host of bacteria and yeast cells. This in turn causes constant putrefaction, fermentation, stagnation, gas and then auto-intoxication, thereby, promoting extreme constipation or diarrhea, inflammation and irritation of the intestinal wall and allowing a never ending source of pain and discomfort.

Disease causing organisms along with yeast cells excrete large amounts of toxic waste. They have a ravenous appetite and as they feed they excrete. The organism itself is not what bothers you, it is the excreted waste material poisoning the body. All the symptoms associated with a yeast infection is caused by the toxins that go into the body continuously as the candida feeds on the sugars you eat. These poisons weaken the systems of the body and cause it to lose energy. Minerals

are depleted and soon you begin to wonder what is happening to you. It is a process of multiple factors that makes a person ill and it is important to understand that this is happening because of an overwhelming deficiency of the friendly flora. It is amazing how we as a society can possess such intelligence and scientific achievement and yet lack such understanding about ourselves. It is a known fact that undigested meat and also burned meat will putrefy and create cancer causing substances producing nitrosamines which are formed by the interaction of nitrites (a procarcinogen) and other chemicals found in the body. These poisons are dangerous and contribute significantly to colon cancer. The friendly bacteria can help neutralize these toxins and help prevent their absorption into the bloodstream.

Colonics or colonic irrigation therapy is a popular means to cleanse the colon of debris, mucus, pockets and negative material that has deposited in the large intestine over a life time of bad eating habits. If high amounts of the right kinds of friendly bacteria are ingested over a designed period of time, they will, because of their mobility and rapid reproductivity, dissolve, remove, breakdown and eliminate this waste from the intestines and every bit of negativity that could possibly exist there, including yeast colonies. No product, colonic, enema or colon cleansing technique can remove all dead, decaying, polluting substances and pathogenic organisms from the walls of the intestines like the friendly bacteria can. There are numerous crevices, irregular flexures, ballooning, polyps, distentions and constrictures of the colon wall where fecal material and parasites can thrive, inflame and irritate the intestines. Artificial means of removal may help but cannot reach all areas.

Keep in mind that colonics and enemas are definitely effective in cleansing the large intestine and they are highly recommended when needed. However, they will flush out and remove the friendly bacteria during the course of therapy and need to be substantially re-instated afterward. Anti-fungal products are needed to remove the gross of yeast cells, but only the friendly flora can give you the final results for the removal of pathogenic bacteria and yeast colonies on a permanent basis. They are an excellent investment for good health. They keep your intestinal environment clean, pure and free of the negatives that would do you harm.

A major point to remember is the health problems associated with a lack of the friendly bacteria over a period of one's life time can only be improved by re-instating their presence with higher than normal amounts. Gradually in the beginning and then with increases of larger and larger quantities as healing and cleansing take place. Once their high numbers are reestablished, they will help keep you in good digestive health.

**Please note: Massive amounts of the proper strains of friendly bacteria are for therapeutic purposes only and then for just a limited period of time. There is a limited amount of space and only so much food for them to thrive on when they become over populated. Whatever is not needed or found to be excessive is removed from the body in the stool on a daily basis. There is a natural order of things in all of nature and a balance is always maintained when natural events occur without force. Only drugs force events to take place in the body. Nutrients and natural constituents serve a purpose in relationship to their environment and are distributed and used according to the moment of need. If it is needed, it is used and if it is not, it moves on.**

## **ANTIBIOTICS DESTROY THE FRIENDLY CULTURES**

The friendly bacteria serve a purpose and that purpose extends farther than most people realize, especially the medical profession. Likewise, the deficiency of the friendly bacteria is commonplace and exists for basically one reason only; the indiscriminate and over use of “antibiotics” as prescribed by doctors. These antibiotics destroy the friendly bacteria almost immediately and when you consider that they are given to almost anyone who has even a hint of an infection it is no wonder almost everyone has or will eventually have a yeast infection. Some people are given antibiotics for weeks, even months and such long term use is inappropriate and unnecessary in many cases. Antibiotics are a poison to the body. They harm and damage the liver and reduce the body’s ability to detoxify. Some of the current antibiotics being used today are Amoxicilin, Augmentin, Ceclor, Minocycline, Erythromycin, Lezaquin, Ziphromax, Bactrian, Doxycycline, Keflex, Tetracyclines, Septra and many others. The liver and kidneys are the main organs that remove foreign and toxic substances from the blood keeping the body clean and functional. If the liver is overwhelmed with yeast toxins and then antibiotic poisons are added, you can imagine how dysfunctional and ineffective the liver will become. This reduces your ability to detoxify and heal. Drugs do serve a purpose and they save lives, but they should be used as “crisis intervention” when natural means fail.

It is not just the indiscriminate use of antibiotics that is in error, but to make things worse, the medical community does not recognize the need to reinstate or supplement the friendly bacteria after the use of antibiotics. Doctors should recommend that the friendly flora be purchased from a local health food store to replace what has been destroyed by antibiotic therapy.

If the natural flora are reduced or destroyed the immune system must work extra hard and for longer periods of time to handle all the impurities and negative organisms that enter the

blood. If this happens twenty four hour a day, year after year, you can imagine how weak your body and its defenses will become. Serious diseases and infections will begin to take place and your health and energy levels will drop.

## **SUPERIOR PRODUCTS GIVE SUPERIOR RESULTS**

We have experimented with many different types of friendly bacteria cultures and have researched quality and effectiveness. The key to success of improving intestinal health and integrity is knowing how to implant the cultures and not just quality of culture alone. We use the most potent viable strains of bacteria available. The overall effectiveness and defensive capabilities makes them the best you can buy. Before introducing you to these super viable cultures, there are two important concepts we must explain first.

Number one, you have a small intestine and a large intestine. Each one serves a different purpose, has a different atmosphere, a different pH along with different problems and requires different strains of bacteria to accomplish their goals. Negative organisms and yeast colonies can reside in both intestines, therefore, we use two superior strains of bacteria for the small intestine and two powerful strains for the large intestine. This gives us complete coverage with excellent results in overcoming the negatives found in each intestinal area. Adherence to the intestinal wall is our first pre-requisite for quality choice of strain, and then proliferation or reproductive ability is next. Anti-microbial substance production is third. Friendly bacteria produce certain acids and substances that destroy and inhibit the growth of pathogenic organisms which is very important when choosing a culture strain. Rapid activity of breaking down mucus and fecal debris is another trait that each culture must have in order to qualify for consideration as a premium grade culture. Cell strength and genetic superiority which helps to maintain their survival under stress and environmental chaos is also a requirement. Not all strains are alike and some have different genetic intensities and abilities for accomplishing the end result. Quality of strain requires research and expense.

Number two, is probably the most important misunderstanding in the field of probiotics and human response to probiotics. The human intestine has an incredible amount of space in which the friendly flora exist. If the small and large intestine was laid out end to end including the surface area-that comprises the villi and microvilli which increase the absorptive capabilities of the digestive system), it would cover approximately the surface area of a tennis court. If any part of the intestines is not covered or protected by the friendly bacteria, it leaves room for other microorganisms such as yeast cells to attach and begin colonizing. All areas of the intestines must



be cared for and in order to accomplish this requirement, very high amounts of cultures need to be taken orally for several months to build up your reserves enough to remove yeast cells. As indicated in the beginning, unless large quantities of the proper kinds of friendly bacteria are immediately implanted after a good anti-fungal program is completed, the yeast will definitely return very quickly. The quantity and quality of most bacteria cultures on the market today is inadequate to fully reinstate enough cultures for complete wellness and recovery to take place.

When a battle with a yeast infection, amoebas or even food poisoning has been overcome with whatever means, the quantity of the friendly bacteria to be consumed must be high enough to not only clean up the mess that was created, but also for a long enough period of time so the atmosphere of the intestinal chamber can be healed and harmoniously re-established. These living cultures do not easily set up house in the intestines when there is chaos and conflict going on. Time and continuous input is necessary for them to adhere to the walls and multiply enough for all their tasks, such as, dissolving pockets or impactions of dried mucus or fecal material on the intestinal wall.

Knowledge is a powerful tool for success of any endeavor. Health, energy and intestinal healing requires a technique to accomplish the goal. When you are fighting a yeast infection or intestinal dysbiosis, small amounts of the cultures must be taken daily with gradual increases as conditions will allow. Acidophilus predominates in the small intestine. Bifidum predominates in the large intestine. However, in sequence of need for proper healing, larger amounts of acidophilus for the small intestine should be taken in the beginning of the program and then later bifidum for the large intestine. The reason for this is, the first place anti-fungal products work is the small intestine. Cleaning and reactivating this intestinal wall is more important to do first than at the end of the program. Symptoms like nausea, indigestion, acid reflux, gas, bloating, bile retention problems, but especially constipation is more effectively overcome or improved when taking acidophilus rather than bifidum. Constipation is caused by yeast toxins and other poisonous acids that weaken the intestinal wall, and a lack of magnesium and potassium in the muscle of the intestinal wall (which gives it strength), plus a lack of stimulating acids from the intestinal flora that allows bowel movements to take place contributes to this condition.

The stool is formed and peristaltic activity of the intestines is encouraged when the right amount of good acids are produced from large enough quantities of the acidophilus flora. Some people have had constipation most of their lives and yet it is easily overcome when high quantities of the right kinds of cultures are continually ingested. Once the yeast or intestinal problem has been removed, large amounts of bifidum and

smaller amounts of acidophilus begins the process of cleaning and regenerating the large intestine. Since this is where most of the yeast resides and the major part of the battle was fought, the clean-up and repair process is now at hand and large amounts of Bifidum is imperative. This guarantees better results for healing and future protection.

## **PRO-DOPHILUS AND FLORA-GUARD** *Potency = Power = Success*

Pro-Dophilus and Flora-Guard have been developed from years of "hands on research" and experience in the practical application of the friendly bacteria to our human needs. After time, trial and error, the Candida Wellness Center has discovered the most appropriate and complete means of removing a yeast infection. We have formulated and are now producing the finest and most progressive probiotic products on the market today. It has been brought to our attention time and again that large amounts of friendly bacteria are needed during and after the battle with the yeast. It is necessary to clean up the intestines, remove anything left lingering, and promote as much healing as possible. By the middle of the program, even though the cultures have been taken, there is very little left because they do not do well in the middle of a battle with the yeast. They contribute to 'the battle,' but their numbers are far from adequate. Large amounts must be re-instated soon in order to continue to improve and prevent recurrence.

A high quality of culture strain and the right quantity of culture potency is extremely important in overcoming a yeast infection. We have designed and created two very powerful culture products to achieve this goal. First, a special Super Strain of "Lactobacillus Acidophilus" and "Lactobacillus Casei" have been formulated into a product called Pro-Dophilus for the small intestine, and second, a special Super Strain of "B. Bifidum" and "B. Longum" was formulated into a product called Flora-Guard for the large intestine.

**Pro-Dophilus 50 contains the following ingredients per 1 capsule:**

Lactobacillus Acidophilus	45 Billion CFU
Lactobacillus Casei	5 Billion CFU

**Flora-Guard 50 contains the following ingredients per 1 capsule:**

Bifidobacterium Bifidum	45 Billion CFU
Bifidobacterium Lactis	5 Billion CFU

Separating the two products allows more control over the needs of each customer. Some people have serious constipation so Pro-Dophilus is used in higher amounts to help overcome the problem. Acidophilus helps form the stool and enhances digestion for better bowel movements. Almost all constipation

can be overcome with fairly large quantities of Pro-Dophilus-50. If a customer has diarrhea or loose bowels, Flora-Guard-50 is used to control this.

In order to cleanse, heal and repair tears and holes in the intestinal wall, it is essential to reinstate cultures at a rapid rate. The majority of the yeast is centered around the last part of the small intestine and almost all of the large intestine. It grows thick and can become very dense as it turns into a fungal form. Once the battle has ended and most all the yeast destroyed and removed, the friendly bacteria can finish the job if there is enough of them to restore a natural atmosphere of health, purity and intestinal integrity as quickly as possible.

These high quality cultures are known to survive and handle the stresses of the intestinal gastric juices and are genetically very hardy. They have strong adherence qualities and produce anti-microbial substances that destroy any form of yeast or pathogenic bacteria that helps remove dead yeast cells, waste, debris and mucus from the intestinal wall. They reproduce rapidly and are reestablished faster and better than most other culture strains. For these reasons alone, you are going to be successful on this program. Not only do you have the best anti-fungal products to work with, but you have the incredible addition of high potency culture products to help insure the removal of a yeast infection. Many people will ask, "how do you know when the candida is gone?" The answer is the cultures Pro-Dophilus and Flora-Guard. The yeast cannot survive this program. Once these cultures grow and populate in the intestines, after the majority of the yeast has been removed, it is next to impossible for a yeast infection to take place as long as you maintain a strong culture base throughout your entire life. Even if you have to take antibiotics for a medical reason, all you need do is take these two products in fairly high amounts for a couple of months and you will regenerate their populations once again for your future protection. Remember to take these products if you use antibiotics in the future.

## CULTURE PURPOSE AND ADVANTAGES

Pro-Dophilus and Flora-Guard are superior to most other strains of bacteria because they adhere and implant easily onto the intestinal wall and are known as "stickers." These two cultures have an exopolysaccharide layer outside the cell wall and therefore do not need to have calcium ions present to facilitate adherence. This quality enables their growth and promotes a more rapid response giving them the distinguishing feature of a "super strain." These two products are scientifically designed for superior benefits and will replace a missing link in the intestines to give you all the protection and health improvements you so desperately need. The advantages are:

1. **Acidifies the Colon** – The friendly micro-flora produce the essential by-products of lactic acid and acetic acids, which help fight the growth of harmful bacteria such as Salmonella, Shigella and E. Coli. They also produce a volatile fatty acid which helps make it difficult for fungus and yeast cells to survive and flourish in your intestines.
2. **Normalize Bowel Movements** – Constipation is often corrected by ingesting large amounts of the friendly bacteria because they greatly aid in the processing of bodily wastes, decreasing the amount of time it takes for waste products to travel through your digestive system and help form the stool.
3. **Improves Immune System Function** – The friendly bacteria help stimulate the formation of antibodies, which in turn counteract harmful substances and organisms in your body that would otherwise result in infection and disease.
4. **Aids Vitamin Formation** – Vitamin K, plus at least six other essential B vitamins necessary for human health, are created by the intestinal flora such as folic acid, riboflavin, biotin, pantothenic acid, pyridoxine and cobalamin.
5. **Aids in the Production of Lactase** – Lactase is the enzyme that is essential to the digestion of milk and milk products. Without lactase, milk allergies are almost guaranteed.
6. **De-activates Various Cancer Causing Compounds** – Numerous cancer causing compounds from ingested foods, or those created as by-products of the activities of other organisms in the human body are stopped by the action of the friendly bacteria.
7. **Helps Regulate Cholesterol Levels** – Through a complex process, the friendly flora help reduce the accumulation of cholesterol in the bloodstream and cause it to be excreted through the bowels. Without this process, dangerous levels of cholesterol would form in the blood, and other types of fats would not be properly processed within the body.
8. **Helps Regulate Hormone Levels** – Without the activity of the friendly bacteria, hormonal levels in the human body can become unregulated and out of balance. For men, this can result in such common problems as prostate trouble, hair loss, abnormal fat distribution and breast enlargement. For women, this can create aggravation of PMS, rapidly accelerating osteoporosis, water retention, breast soreness, migraine headaches and more.
9. **Eliminates Intestinal Gas and Bloating** – The friendly bacteria prevent harmful bacteria from taking over in the colon where they often produce foul smelling waste

products and create painful intestinal gas and bloating. Excess gas resulting in chronic flatulence is often a direct result of having too few friendly flora in the colon which in turn allows harmful bacteria and yeast to proliferate and grow rapidly.

## ADDITIONAL BENEFITS FROM INTESTINAL MICROORGANISMS

The health promoting activities of the friendly micro-flora working in conjunction with other species of beneficial intestinal microorganisms “native to the human body” include:

- Stimulating the immunologic activity of the spleen and thymus.
- Creating a protective barrier against the invasion of harmful microorganisms by colonizing and coating the intestinal mucosa.
- Aiding in the production of beneficial natural antibiotic substances such as acidophilin, bifidin, hydrogen peroxide, etc.
- Breaking down carbohydrates, fats and proteins while rendering their toxic by-products inert.
- Aiding in the fermentation of soluble fiber, which yields short-chain fatty acids, supplying a full 5 – 10% of human energy needs.
- Increasing the bioavailability of calcium, and thereby helping prevent osteoporosis, shingles and other debilitating ailments.

Pro-Dophilus and Flora-Guard are very powerful products and are scientifically designed to do what is required to help you regain health. These cultures are formulated with high potency purposely because that is where most health problems begin and where most corrections are needed. To replace the full compliment of trillions of friendly flora that may have never been there since birth or were destroyed almost completely by the indiscriminate use of “antibiotics” is the key to your healing.

We have fresh product available every month to give you maximum potency and superior results. Shelf life is about one year when refrigerated with less than 15% loss during storage. However, it is advised that cultures be used up within six months, and preferably within three to four months from date of purchase. The fresher the product, the higher the dividend. All culture products have some deterioration even under refrigeration. We encapsulate each product with a 20% overage to insure long shelf life and maintain high potency. We guarantee the potency of our friendly bacteria for one year but suggest you buy enough for three or four months at a time.

Keep your friendly bacteria products refrigerated between 34–38 degrees if possible. A refrigerator thermometer may help maintain the desired temperature. Remember, your body temperature is 98.6 degrees and cultures are not destroyed in heat when out of the refrigerator for a few hours or days. Refrigeration maintains a longer shelf-life, so do not panic just because they were out of the refrigerator for a while. Use them up within a few months and your cultures will be just fine.

### PLEASE NOTE

Most culture products on the market today have many different types of bacteria strains. We feel that high amounts of one strain of culture such as Lactobacillus Acidophilus or B.Bifidum is far superior and gives much quicker and better results than smaller amounts of several different types of cultures. Some companies add other ingredients to their product such as herbs, fructose, FOS, banana or potato starch, bean powder, etc. These additional ingredients provide very little improvement in assisting the living characteristics of the friendly bacteria or offer any real support to their needs during transit through the Intestines. The food you eat on a daily basis is enough to feed the cultures. It is common knowledge that a dairy base does increase culture growth, but the majority of people with yeast infections do not do well on any form of dairy so we feel it is an impediment to their yeast removal program. Pro-Dophilus and Flora-Guard do not have any additional ingredients. These products are pure culture with nothing added.

Biotic Silver, Candicyn, Defend and all other products offered by the Candida Wellness Center have a two-year shelf life. The only exception is Pro-Dophilus and Flora-Guard which have a one-year shelf life. Pro-Dophilus and Flora-Guard should be refrigerated, and all other products should be kept in a cool, dry place, but do not need refrigeration. X-ray equipment found in airports (used for checking your luggage) will not harm the friendly bacteria. You can buy all your products at once for the whole program after determining the amounts required for your particular program and according to your Questionnaire Score, but we suggest you do not buy more than three or four months worth of the friendly bacterial cultures.

### THE TIME ELEMENT

Time is the catalyst for making this program work. Eliminating Candida from the body cannot be done in a hurry. There are two stages by which Candida infects the body. The first stage is the “Initial Development Phase” where the yeast grows in small colonies and is undetectable through the symptoms of the body. The second stage is the “Acute/Chronic Symptomatic Phase” where it becomes obvious that

Candida complications and discomforts are manifesting themselves in the form of aches, pains and other bodily symptoms. Sometimes it takes years for both stages to appear.

It may take three or four months on the program to get rid of the second stage of Candida infection, but it could take another two or three months to overcome both stages. This is where the majority of Candida patients who are on anti-fungal products fail. They do not rid their bodies of enough Candida to keep it from coming back. In order to prevent the recurrence of a yeast infection you need to destroy 90% of all yeast colonies including the more severe fungal form of Candida. There is conclusive evidence that in time, Candicyn, Defend, Biotic Silver, Pro-Dophilus and Flora-Guard will help remove yeast colonies, and the continuous implanting of the friendly bacteria cultures will help prevent it from recurring. Unless you abuse your body with bad diet and other negative substances to such an extent that you destroy the friendly bacteria, the Candida should never return.

## A POWERFUL WORKING RELATIONSHIP

Candida, parasites and other negative bacteria cannot exist where a positive and healthy display of gastric energy is found. The answer is not in treating the condition as a disease, but in making the system incompatible with conditions of disease. Disease is created in the body where there is weakness, and Candida is a digestive system weakness. It creates a chemical and atmospheric imbalance within the body which can be changed through health improvement techniques.

**The key to overcoming Candidiasis and its associated problems is the working relationship between Candicyn, Defend, Biotic Silver and the friendly bacteria cultures.** In this combination of products there is a proven “teamwork effort” that effectively gets the job done. This program can bring an end to many of your personal health challenges and will increase your energy and potential for good health.

This professional approach to overcoming Candidiasis is designed to bring the finest results possible. We feel it is necessary to remove the Candida and other microorganisms from your colon and digestive system first before any other food supplement or nutritional program can be effective.

The presence of parasites anywhere within your gastrointestinal tract will weaken and destroy the integrity of your digestion, immune, nervous, glandular, and reproductive system, etc. The “CANDIDA YEAST ANSWER” is your way out of this unnecessary condition and you can do it easily and in a manner that is most satisfying according to your capabilities and daily obligations. We feel confident that you will be extremely pleased with the results.

## PREGNANCY, BREAST FEEDING AND CANDIDA

If you are pregnant or breast feeding and have a yeast infection in your body you are being robbed of needed nutrition. A Candida yeast overgrowth poisons the tissues and reduces the hormones necessary for the growth of a healthy baby. If you breast feed your baby, the quality and quantity of milk may be compromised by a yeast infection.

Yeast toxins can weaken body functions. The daily waste and poisons generated from the yeast cells can interfere with your pregnancy. Most expectant mothers will pass the yeast infection to the newborn and predispose them to other yeast complications as they grow and develop. Your newborn can gather both friendly and unfriendly organisms as it passes through the birth canal. If the mother has a yeast infection anywhere within her body, the vaginal area will be contaminated with yeast toxins and very possibly have some kind of yeast or bacterial infection feeding on those toxins. The vaginal canal is an eliminative channel and will carry toxins produced in the large intestines, out of the body, because the colon rests right up next to the uterus and vaginal area. Not all women get a vaginal yeast infection from an intestinal yeast condition, but the toxins from the intestines will occupy the areas where the baby is conceived and will eventually deliver. Those toxins go everywhere, especially where there is genetic weakness.

It is truly advisable to remove the yeast from the body before pregnancy occurs via a good natural antifungal program such as offered by the Candida Wellness Center. However, if you are currently pregnant, we advise you to start on our Candida Program at this time. Any reduction in yeast and the waste toxins it produces will be a step in the right direction for a healthier pregnancy and happier baby. We do not carry any products that would be harmful or considered negative to pregnancy or breast feeding.

For best results, we advise you to use the Slower Easier Program. Our products are totally safe and natural and will not harm the mother or baby in anyway during pregnancy or while breast feeding. The reduction of yeast toxins will add more energy and vitality, thus encourage more joy and less discomfort for the mother. If you destroy too much yeast too quickly, the “die-off effect” can be difficult to endure. Too many yeast poisons in the blood is just not advisable. When you are pregnant, you want to take as good care of yourself as possible. Eat good healthy food, take supplements, visit your doctor regularly, exercise, and get plenty of rest.

Consult your health-care professional prior to taking any product if you are pregnant or nursing.

## Additional Recommended Products for Assisting in Yeast Poison Removal

Candicyn, Defend, Biotic Silver, Pro-Dophilus and Flora-Guard are the most important products to use for destroying and removing yeast from the body and especially from the colon. While the use of these five products is a top priority, our additional products: Liver Ecology, Cell Max I and Mineral Rights are also highly recommended.

The poisons and toxins that yeast produce on a daily basis feed on sugars and starches. It is the impurity that is created from the yeast living in the intestines that is the cause of many problems. Though killing the yeast is number one, removing the overwhelming presence of yeast toxins that have accumulated over years and saturated the tissues with long-term storage is absolutely necessary for your immediate health improvement and well-being.

Improving your diet is very important for detoxifying the body. However, there are also two main issues that must be corrected immediately before serious detoxification can take place. The two main impairments within the body that keep poisons from being removed are liver weakness and cellular dehydration due to mineral deficiency. The following products will encourage and help to overcome these two conditions and are very important for immediate health improvement to take place.

These products were created to improve health, energy, mineral content and water flow to the cells and tissues of the body that are critically deficient, dehydrated and debilitated. This will help in reducing the die-off effect during the course of the program and encourage more energy.

Under normal, healthy conditions when the body is balanced and biologically in-tune with itself and its surroundings, there is an electrical-magnetic energy field emanating from within your tissues that supports and maintains this balance. If pollution begins to contaminate certain areas of the body triggered by genetic weakness and body abuse or indulgence, the energy normally found within these tissues and organs deteriorate proportionately.

In order to reestablish the lost energy and cleanse the cells of impurities, an outside source of energy must be found to replace what is missing to help your own natural "life cycles" be restored. This is where some supplements come in, and a period of time must be set aside for proper supplementation to help remove those unwanted waste materials that would eventually destroy the body if not acted upon and eliminated.

We study and analyze our products with care and constantly search for high quality, effective products that will assist you in rebuilding your health. The products in the foregoing information have been found to provide the finest degree of energy possible. Proper supplementation is based on the biological activity that it produces, not its chemical structure. We suggest you read the following information carefully and if you feel that some of these products would be of benefit, then know that they have been proven to be the best available. They are optional suggestions and need to be assessed according to personal decisions and need.

All of our products are designed by a research staff along with professional scientists who specialize in the Candida yeast removal and human cell regeneration. They are formulated and manufactured by professional companies that make products only for doctors and professional practitioners. They are not commercial grade products, but occupy the highest level in the pursuit of achieving long-term optimum health.

---

### Liver Ecology

---

#### LIVER-INTESTINAL CLEANSER

People who suffer die-off from Candida removal, or those who are on cleansing programs will notice a very slow recuperative ability regardless of how much product they take if the liver is not working efficiently. One of the first objectives is to make sure the liver is clean and working without impairment and the production of bile is adequate and flowing freely. The liver detoxifies the blood, removing poisons from the large intestine where much of the Candida and impurities are found. The liver plays a role in the production of hundreds of enzymes on a daily basis and is a major consideration for providing freedom from the symptoms of poor health and disease. The liver handles the heavier toxins, whereas the kidneys work with metabolic wastes. Once the liver loses its ability to cleanse itself, it will surely begin to deteriorate.

The majority of Candida Yeast is in the colon, the large intestine. The small intestine has yeast colonizing in various areas, but the rapid transit of food materials is not conducive to a heavy population of yeast. Therefore, it migrates down to the large intestine where food moves more slowly and the

yeast has more room to colonize and grow more aggressively. The first organ to deteriorate and receive the blunt of the massive toxins produced is the liver. The portal vein carries high amounts of impurities from the colon to the liver for detoxification.

When the liver has to spend all its time and energy removing poisons from the body, it loses energy and cannot maintain the production of thousands of enzymes, handle the conversion of beta-carotene to vitamins or properly handle sugars and fats as they are directed to the liver for body distribution. If this heavy toxic overload is continuous for months and years, the liver breaks down and loses efficiency. Then the burden is put on the kidneys and immune system. Most people who have kidney/immune problems find they originate from the poor condition of the liver. Weakness and debility in the adrenals, thyroid, stomach and pancreas may all be the result of a weakened liver and when this very vital organ loses its abilities, these highly connected organs become less and less efficient and multiple problems and symptoms occur.

When the liver is dysfunctional, die off symptoms can become worse. Skin conditions and rashes are common when the liver is impaired. Acid reflux, heart burn, stomach pain and especially gall bladder problems may all be identified with a poor functioning liver. Interstitial Cystitis (bladder infection) is primarily caused by liver conditions putting the burden of cleansing the blood on the kidneys. When yeast toxins overwhelm the bladder because the kidneys are doing most of the work of detoxification, IC or bladder infections will occur. Yeast toxins over a period of time can weaken and destroy the bladder wall. Then bacteria become attracted to organ decay and begin to feed on the bladder causing tremendous pain and discomfort.

By killing the yeast and cleansing the liver these conditions can greatly improve. Increased energy will develop and improved health will be the end result. One of the greatest challenges throughout society is obesity and overweight conditions. A high percentage of these two health conditions may be due to liver deterioration from chemicals and food toxins that are abundantly put into our food supply. Nutritional deficiency weakens the body causing a person to over eat because the body is not satisfied. Liver Ecology is highly recommended for all serious candida sufferers and for those who are overweight.

Liver Ecology is a highly effective formulation of all natural and safe ingredients and has been designed by professional

researchers in the field of alternative medicine. This is a scientific formula of synergistic co-factors for liver strength and regeneration. It is specific to the liver and intestinal area. The ingredients are absolutely first class in quality because of their effectiveness and restorative ability. We created Liver Ecology to supersede commercialized products available today. It will help cleanse and restore the liver and enhances bile flow and liver activity. Consequently, you will succeed with your health building program quicker and in a more complete manner.

**Liver Ecology is comprised of the following ingredients per two vegetable capsules:**

Milk Thistle Seed Extract (standardized to contain 80% Silymarin)	240 mg
Artichoke Leaf Extract	160 mg
Beet Leaf	140 mg
Burdock Root	140 mg
Dandelion Root 4:1 Extract	140 mg
Radish Root	140 mg
Tumeric Root Extract (standardized to contain 95% Curcumin)	100 mg
N-Acetyl-L-Cysteine	120 mg
Choline Bitartrate	100 mg
Inositol	100 mg
L-Methionine	100 mg

Each ingredient is specifically known to stimulate liver regeneration and will activate the secretion of bile for improved digestion. Liver Ecology is helpful in eliminating die-off symptoms from candida toxins and increases the liver's decontamination ability. The liver is responsible for controlling the stomach pH and the pancreatic enzymes for small intestine digestion and absorption. The acid-alkaline balance within the intestinal tract is very important for proper transit time of food material and the activation of enzymes which can only take place if the pH (potential hydrogens) is within the proper range. The liver can only maintain these activities if it is unobstructed and fully functional.

---

## **Cell Max I and Mineral Rights**

---

*These products assist in overcoming excessive fatigue, tiredness and die-off symptoms along with increased healing and detoxification. Cell Max I and Mineral Rights increases energy and promotes quicker recuperation and wellness as the yeast is destroyed and old stored toxins are removed.*

## CANDIDA CAUSES FATIGUE

One of the culprits of Chronic Fatigue is Candida yeast toxins. As the yeast cells proliferate and bud into massive colonies within the digestive system, they excrete tremendous amounts of impurities which are absorbed into the blood and poison the tissues. If this happens for long periods of time, (years, or even from birth) the amount of stored toxins in billions of body cells becomes staggering. Eventually, these impurities can cause dysfunction such as disease, pain, discomfort and extreme fatigue that many people experience throughout their lives.

In order to be healthy, strong, and symptom-free the contaminants within the body must be removed and the conditions creating these pollutants must be stopped. The longer the impurities remain in the body, stagnation may occur and the toxins can become tissue-bound, making their removal very difficult. Considerable effort or “push” is needed to begin the process of eliminating these acid-forming wastes from the body.

### A MAJOR DISCOVERY

The removal of negative impurities from the body is a top priority and will help you achieve better health and give you more vitality and energy. Several recent discoveries, resulting from research in the treatment of Candida yeast infections, are now providing faster and better results for full recovery.

A major factor in chronic fatigue and candida die-off symptoms after years of Candida build up, is the effect that a depletion of minerals, especially magnesium and potassium, have on the energy cycle of the cell. What has been found within the tissues of people who are heavily polluted and lacking minerals is a form of dryness or moisture deficiency within the cells. Water is the freeway system of the body for “in and out” transportation. Inflammation, pain, tenderness and tissue dysfunction is caused by yeast toxins overwhelming the area and creating a moisture imbalance and a magnesium/potassium deficiency.

Potassium is used by the body to move toxins and is thereby necessary for the body to detoxify. Magnesium activates potassium and is a necessary precursor to the functions of potassium. These minerals are removed from the body quicker than they can be replenished, resulting in a deficiency of water within the cells. There is a sodium-potassium “pump” within all tissues that allows for moisture to go into the cell in proper proportions. This “pump” becomes the two-way

street of transportation of nutrients into the cell, and metabolic wastes out of the cell.

This is a very important process in order for energy to be constantly supplied. If water is not able to enter the cells, they become dehydrated and dry and will cease to function properly. You may experience symptoms of fatigue as a result. This is why we often experience symptoms in one part of the body and not in others. Genetics predisposes us to weakness, the pollution factor makes it worse, and from there, one thing leads to another and we become debilitated, congested and dysfunctional.

Replacing missing nutrients works to some degree. Many people are taking supplements of various kinds such as B vitamins, minerals, coenzyme Q10, calcium pyruvate, colloidal minerals, pollen, royal jelly, algae, malic acid and many other supplements too numerous to mention. They all work up to a point, but unless water, sugar, oxygen and magnesium/potassium can re-enter the cell wall after severe depletion for many years, the taking of all these supplements will have limited benefits. It is necessary to reintroduce enough water and oxygen through the acceptance of magnesium and potassium first, before any other minerals, nutrients and body chemical constituents can be absorbed and utilized within the cells to create energy.

Most people have too much water in the interstitial spaces between the cells yet the cells themselves are dry with insufficient water inside them. Most water retention problems of the body stem from too much sodium and not enough magnesium/potassium due to eating too much table salt and cooked foods. Table salt is inorganic and will not function as well as the organic sodium found in a variety of vegetables and fruits: carrots, beets, celery, apples, oranges, etc.

Whenever possible, eating these foods in their raw form will provide the maximum benefit. Raw vegetable juices are a particularly fine source of organic sodium. Too much misplaced calcium, the inability to use it, due to a lack of magnesium and potassium, can dry out the body and make the joints and muscles stiff and encourages the aging process.

Taking calcium supplements may improve poor bone density and osteoporosis, but the real need is more magnesium and potassium. Calcium is very abundant in our foods. It is the pollution in the body that weakens the glands and causes a magnesium-potassium deficiency. Calcium needs magnesium and potassium to work and heated calcium which is found in most all supplements is not as effective as are natural/organic

forms of calcium. In society we seem to have too much of one thing and not enough of another. We are overloaded with sodium and calcium as much as we are deficient in magnesium and potassium. Therein lies the problem.

Once a deficiency of magnesium/potassium is established, thereby creating a lack of cell moisture, it is not easy to reinstate the moisture balance. A special process is necessary, which brings us to the purpose of this energy program.

---

## Magnesium

---

Magnesium is one of the major minerals in the body that is involved in many bodily functions. It is necessary for the manufacture of proteins and fats and for the conversion of carbohydrates, proteins and fats into energy. Magnesium promotes the absorption and metabolism of other minerals. It is necessary for the utilization of B vitamins, especially B6, Vitamin C, and Vitamin E, and aids in the passage of all nutrients in and out of the cells. When the magnesium level is insufficient, tissues break down and cells begin to disintegrate.

Magnesium is critical to the functions of the central nervous system and brain. The motor nerves carry messages by electrical impulse from the brain to the muscles. Every movement is triggered by these impulses. Magnesium is the “primary regulator” of the electrical activity in our bodies and is absolutely necessary for the proper function of nerves and muscles.

Magnesium is involved in more than 300 enzymatic reactions, many of those having to do with cardiovascular functions.

Magnesium regulates the action of the thyroid, gonadal, adrenal and other glands. The hormones “charge up” the body. Magnesium relaxes the system and balances the body chemistry. Magnesium is needed by the pituitary gland. The pituitary takes instructions from the hypothalamus and transmits those instructions through the hormones. The pituitary can not function without magnesium.

Magnesium is the magic “glue” which builds bones by binding calcium to fluoride. If sufficient magnesium is not in the body, no amount of calcium and fluoride will produce bone. Strong teeth also are dependant on magnesium. It is magnesium, not calcium, which forms the hard enamel that makes teeth resistant to decay. Interestingly, we encourage

the drinking of milk for strong teeth, but pasteurized milk with added synthetic Vitamin D, (califerol), is probably the worst thing one can consume as far as the teeth are involved. Synthetic Vitamin D bonds with magnesium and excretes it from the body. Without magnesium, tooth decay is inevitable. Natural Vitamin D, found in fish liver oils, does not bond with magnesium.

Magnesium balances and regulates the acids and alkalines in the body. Magnesium itself is very alkaline and is a far more effective antacid than over-the-counter drugs.

The body has critical need of magnesium for multiple and very diverse functions including the health of nerves and muscles (especially the heart) the formation of bones and growing tissues and metabolism of carbohydrates, fats and proteins into energy.

One of the greatest nutritional deficiencies in candida victims (and in society in general) is magnesium—not so much from a lack of it in the diet, but because of high sugar intake and a general depletion due to yeast toxins from a candida infection. “Acetaldehyde” is the main toxin present in yeast cells and is converted to ethanol and then to alcohol via the liver when there are low oxygen levels, (also created by a yeast infection). Alcohol depletes the body severely of magnesium, calcium and potassium. Circulatory diseases and the buildup of cholesterol deposits are reduced significantly when magnesium orotate is used by activating appropriate enzymes found in the blood vessel walls.

Magnesium is one of the body’s major electrolytes, along with potassium, calcium and sodium. These minerals form the electricity conducting fluid that permeates the cells in the body, in the blood serum, spinal fluid and intercellular liquid. Too little magnesium allows calcium and sodium to flood the cells thereby reducing energy output. Since these two minerals are constricting agents, muscle tissue can turn to knots and create misalignment of the vertebrae.

Magnesium orotate helps our heart to beat smoothly and regularly and withstand the stress and abuse of daily life. It also helps our blood vessels remain open and relaxed, lowering our blood pressure. Magnesium orotate can help reduce the risk of strokes and may relieve migraine headaches. Surveys have indicated that approximately more than 60% of the public has less than the recommended daily dose of magnesium.

Magnesium is an anticonvulsant and can help prevent and relieve convulsions and tremors. Besides the ability of mag-



nesium orotate to reduce or overcome insomnia, neuromuscular conditions, digestive problems, poor memory, tooth decay, and abnormal heart rhythms, its primary importance is as an activated precursor to the functions of calcium and potassium.

These minerals require ample amounts of magnesium for their biological purpose. Magnesium and potassium give energy to the body. Blood tests may show ample amounts of magnesium and potassium in the blood, but without cellular absorptive ability, it means nothing and is removed from the body by way of the kidneys.

A deficiency of magnesium in the body may produce or irritate any of the following symptoms and conditions:

Migraine Headaches	High Blood Pressure
Delirium	Hypercholesterolemia
Depression	Swollen Gums
Nervousness	Skin Lesions
Dizziness	Tetany
Disorientation	Tinnitus
Confusion	Hypocalcemia
Exhaustion	Ataxia (difficulty)
Chronic Fatigue Syndrome	Cirrhosis of the Liver
Post Menstrual Syndrome	Insomnia
Various Pulmonary Disorders	Digestive Problems
Irritable Bowel	Fibromyalgia
Nausea	Tooth Decay
Muscle Weakness	Kidney Stones
Involuntary Movement	Thrombosis
Lack of Coordination	Neuromuscular Problems
Menopause Problems	Coronary Heart Disease
Vertigo	Angina
Hearing Loss	Atherosclerosis
Rapid Heartbeat	Cholesterol Mobilization in Veins
Irregular Heartbeat	Asthma

Please Note: This is a "self-treatment program." We offer suggestions and information to help educate you. We do not have a medical doctor on staff and suggest that you consult your physician with any medical concerns.

---

## Potassium

---

People who view the human body holistically accept the idea that all parts of the body function in an interconnected, interdependent and interrelated way and not in what might be called a disconnected way as is practiced by modern allopathic medical doctors. Since the time of the ancient Chinese, those who have accepted holistic thinking have developed their practice believing that this view of the human body makes much more sense than viewing it in disconnected ways. This holistic view, simply stated, means that the human body is a whole unit with all parts in some way effected by other parts.

When all parts are functioning properly as a team or as a unit, good health is the result. If we extend the holistic concept to dietary supplementation, it becomes clear that vitamins and minerals and, in fact, all supplementation, work in interrelated ways as well. Some minerals, for example, balance what might be termed the potential harmful effects of other minerals or in some ways mitigate their potential toxicity. Such is the case with potassium, one of the mineral team players.

### THE NATURE OF POTASSIUM

Potassium is sometimes known as an electrolyte or one of the macro-minerals. These macro-minerals, (electrolytes), sodium chloride, potassium, calcium, and magnesium, work as a team in the regulation of blood pressure and many other body functions as well.

Potassium is found mainly in the intracellular fluid. It has the ability to penetrate cell membranes, actually in both directions. Potassium is important for chemical reactions within the cells and aids in maintaining stable blood pressure and in transmitting chemical impulses. In this sense, potassium provides the cellular electrical charges which provide energy for the body. Potassium is rapidly absorbed from the small intestine. It is excreted mainly through urination and perspiration, with very little lost in the feces. The kidneys are able to maintain normal serum levels through their ability to filter, secrete, and excrete potassium. Aldosterone, (an adrenal hormone), stimulates potassium excretion.

In addition, potassium is necessary for normal growth, for proper functioning of the muscles and to maintain proper body fluid levels. It aids in keeping the skin healthy . . . assists in

the conversion of glucose to glycogen . . . It functions in cell metabolism . . . and stimulates the kidneys to eliminate poisonous body wastes.

## THE FUNCTIONS AND VALUE OF POTASSIUM

Potassium regulates the transfer of nutrients through cell membranes. This function of potassium has been shown to decrease with age, which may account for some of the circulatory damage, lethargy, and weakness experienced by older people.

In addition, potassium performs these functions:

1. Helps maintain cellular integrity and water balance.
2. Is involved in muscle contraction.
3. Aids in glycogen formation and glucose catabolism, protein metabolism and carbohydrate metabolism.
4. Is important in nerve transmission. Stimulation of the nerves causes a migration of potassium out of the cell, altering the membrane potential and conducting a nerve impulse down the axon.

Potassium, along with magnesium, is involved in just about every major biologic process, including the production of nucleic acids and protein, the metabolism of glucose and the release of cellular energy. These minerals are also important for muscle contraction, nerve conduction, the beating of the heart and regulation of vascular tone.

From Rodale, we learn, that potassium is one of the body's most needed minerals for people of all ages. Potassium is linked to muscles and nerves. Blood pressure, as well as glands and hormones depend on this vital mineral. Potassium also makes the retention of body fluids possible and it helps the body to use the protein it ingests.

In addition, according to Rodale, based on research conducted by Philip S. Chen, (*Mineral Balance in Eating for Health*), there are five other functions of potassium:

1. Potassium helps maintain normal osmotic pressure of the body fluids. When there is a proper level of potassium within a cell it keeps the sodium outside the cell "where it properly belongs." He notes that when sodium takes over the cells, there will inevitably be trouble.
2. Potassium carries away carbon dioxide.

3. Potassium tends to keep the body slightly alkaline where it is in its most healthy condition.

4. Potassium also stimulates the excretion of water, (along with toxic wastes), by the kidneys.

5. Potassium activates certain enzymes required in carbohydrate metabolism.

Potassium is the "foreman" of the cell. It is part of the sodium/potassium pump that regulates water in and out of the cell. Ninety percent of potassium is normally found inside the cell, the rest in the fluids around the cell. Eighty percent of sodium is outside the cell and the rest inside. This ratio balance is very important in maintaining proper fluid distribution so that the exchange of nutrients and wastes can take place and allow for the production of ADP (Adenosine Diphosphate), and ATP, (Adenosine Triphosphate), which create the energy cycles within the cells from sugars. The moisture inside the cell is of extreme importance and is depleted when potassium has to assume a secondary role of toxin neutralizer and remover.

Humans were not meant to harm and neglect their bodies as many do and a natural consequence is a depleted mineral reserve and cellular fluid imbalance. Without this two-way street of transportation in and out of the cell, there is a toxic waste buildup that inhibits cell function, (and depletes important nutrients), which reduces energy production.

Potassium is controlled by the adrenal glands like the thyroid and ovaries control calcium. If the adrenals are overwhelmed with blood pollution from bad diet, chemicals and yeast toxins, potassium and sodium are removed from the body via the kidneys and there is a considerable amount of stress, weakness and general debility associated with this condition.

If the poisons continue to come in faster than they can be removed, then a permanent condition of chronic fatigue is established and once created, it is very difficult to correct. Potassium can be the answer along with magnesium. These are the essential minerals for energy and a healthy immune system.

A lack of potassium is one of the prime causes of cardiac abnormalities and may contribute to sudden death. Animals deprived of potassium develop extensive damage to the heart muscles, damage which is comparable to that found in humans after a heart attack; which includes hemorrhaging, inflammation, scarring and calcification.

The lack of potassium and magnesium ions and accumulation of sodium in the heart muscle are responsible for arrhythmia, heart failure, and death of the heart muscle cells. It has been found that potassium and magnesium can prevent myocardial necrosis. Researchers can attest to the benefits of potassium and magnesium orotate in the therapy of heart disease, and its ability to decrease high blood pressure.

Fatigue is the main result of potassium deficiency and also contributes to immune response difficulties. The immune system is controlled by the thymus gland, but has a local capability in each cell if they are fully functional. A potassium depletion causes immune responses to be limited and at times, inadequate. Peristaltic activity of the intestines is reduced when a lack of potassium is present, causing constipation. Muscle weakness and fibromyalgia (wasting away of muscle tissue) is caused by candida toxins depleting the muscle cells of magnesium and potassium. Acid build up in the muscles and body cells help create a tired body, dry skin, aging and other nutrient deficiencies; all signs point to a lack of magnesium and potassium.

The following disorders may be attributed to a lack of bioavailable potassium:

Fibromyalgia	Cardiac Abnormalities (slow pulse, weak pulse)
Muscular Atrophy	
Numbness and Spasms	Necrotic Heart Lesions
Fluid Retention (Edema)	Myocarditis
Steroid Metabolism Disorders	Extrasystoles of the Ventricle
Intestinal Paralysis	Atrial Fibrillation
Hypoglycemia	Extreme Weakness and Fatigue
Diuresis	

Wallach and Lan, in their usual efficient way, list a number of potential problems when there is a deficiency of potassium in the body.

Acne	Growth Retardation
Arrhythmia	Hyperreflexia
Cognitive Impairment	Insomnia
Depression	Nervousness
Polydipsia	Hypercholesterolemia
Respiratory Distress	Hypotension
Tachycardia (Rapid Heart Rate)	Muscle Weakness
ECG Changes	Palpitations
Fatigue	Proteinuria
Glucose Intolerance	Xerosis

Balch and Balch add to our list of potential problems where there is a potassium deficiency. They note the following:

Abnormally Dry Skin	Glucose Intolerance
Acne	Growth Impairment
Chills	High Cholesterol Levels
Cognitive Impairment	Insomnia
Constipation	Low Blood Pressure
Depression	Muscular Fatigue and Weakness
Diarrhea	
Diminished Reflex Function	Salt Retention
Edema	Nausea and Vomiting
Nervousness	Periodic Headaches
Insatiable Thirst	Proteinuria (Protein in the Urine)
Fluctuations in Heartbeat	
	Respiratory Distress

## THE “MINERAL ENERGY” PROGRAM—A NUTRITIONAL ENERGY PACKAGE

Regardless of how much yeast/bacteria toxins, food toxins, chemical toxins or impurities that the body may have, the following program will help to remove and overcome their presence more than anything else you could be doing at this time. Fasting, colonics, raw food diet, herbs and purgings, or detoxification programs will definitely help to remove the heavy impurities from the tissues, but often the process is so overwhelming to the already existing weakness of the body that these cleansing programs, in themselves, can further weaken the body's systems.

There are times when the body is so toxic that these cleansing routines should not be implemented. However, the replacement of missing minerals and other general nutrients for the re-energizing of the body is a first priority in many cases. Once the cells have been reactivated with magnesium, potassium, and oxygen from iron-rich red blood cells and other cell energy nutrients, a cleansing/ purging program will work better and bring quicker results.

The only other priority that is absolutely essential is a natural antifungal program that has the power and ability to remove yeast colonies quickly. To destroy a candida overgrowth and to replace missing minerals and energy nutrients in the process will result in a form of progressive wellness that you have possibly never experienced before. Complete wellness will take time, but when it comes to deciding what is the best thing you can do for the best results in the least amount of time, you will not find a better more professional program.

Removing the negatives from the body slowly, and then incorporating a positive input of mineral/nutrient requirements will provide more energy, better health, less pain and discomfort and eventually the potential for total and permanent wellness. Remember, wellness is in direct proportion to the good things that we provide ourselves. The more we desire good health and make proper choices, the better our overall health will become. However, "when" is always the question. Revitalizing the body takes time and patience. If you follow the Candida Wellness Program and the Mineral Energy Program together, you will achieve better results than you ever thought possible.

Again, the key to success, and the main difference in this energy program from other therapies, is not only the quality and proper combination of ingredients, but primarily the form in which it is delivered to the cells. Regardless of how much food nutrients there is in the blood, if it cannot enter into the cell wall and be received from within the cell and become biochemically active, it is useless and little improvement will be experienced. The Mineral Energy products work exceedingly well and consequently, you will become healthier sooner.

The Mineral Energy Program is specifically formulated and designed for individuals who have yeast infections or excessive body toxins and pollutants that are tissue bound and are not allowing proper healing or improvement to take place. It is very difficult to overcome impaired cell function and deterioration when low levels of nutrients caused by an extreme presence of impurity occupies the tissues for any given period of time. Unless certain changes can be biochemically achieved within the cells you will have minimal progress.

The Mineral Energy Program consists of two highly researched and very special mineral/energy formulas that will help restore the proper mineral levels and energy cycles in a manner unexcelled by others. They are formulated and manufactured by professional laboratories who make products for doctors and professionals only. These are not commercial grade or "health store" available products; they are made with exceedingly high standards of quality and value supported by the most current scientific findings available today. Other optional products may be recommended, but these three basic products are the main components for the success of this program.

The primary requirements for success of the Mineral Energy Program are two very special formulated products called Cell Max I, and Mineral Rights. They will help to reinstate the very foundational needs of the body and will

bring health, energy and wellness as possibly never before experienced.

---

## Cell Max I

---

### MAGNESIUM-POTASSIUM REPLACEMENT THERAPY

Cell Max I is composed of Magnesium Orotate and Potassium. This unique formula is a professional transporter of minerals for high cellular bioavailability and will initiate immediate on-site tissue regeneration and energy.

**Cell Max I contains the following ingredients in two vegetables capsules:**

Vitamin B6 (as Pyridoxine Hydrochloride USP)	8 mg
Magnesium (as DiMagnesium Malate, TRAACS® Magnesium Lysinate Glycinate Chelate)	200 mg
Potassium (as Potassium Glycinate Complex)	85 mg

**Cell Max I** fulfills the primary need of all body cells and is the most efficient of all nutrients needed to reactivate the cells interior and bring in balanced amounts of moisture, electrolytes and oxygen so sugar can be burned and energy created. Once these two minerals begin the process of renewed energy, then other minerals and body constituents will also be made more available for utilization. This in turn will initiate a cleansing and a strengthening that will remove the interference causing cell degeneration and deactivation. Health improvement will not take place in debilitated or toxic laden cells until moisture and these two important minerals are replaced. Even constipation can be aggravated by a lack of moisture and peristaltic activity due to a mineral deficiency. Cell Max I is a high potency mineral supplement in relationship to its special carriers, and is nearly 90% acceptable to the cells.

Orotate minerals do not need to be in high mg. amounts because of the superior stability and bioavailability. This mineral carrier opens the door of opportunity to the wellness patterns of the rest of the body. They initiate the beginning process of cleansing and rebuilding and will allow other minerals and nutrients greater access to the cells. Cell Max I is the main ingredient for nutritional wellness and is the first requirement of this program in order to bring you the finest results possible.

---

## Mineral Rights

---

### SPECIAL TOTAL MINERAL FORMULA

Mineral Rights is a special all mineral formulation that contains the most important and most abundant minerals in the human body. This incredible combination will re-instate the missing mineral links that give life and energy to the cells of the body in the most professional and comprehensive means possible.

**Six vegetable capsules of Mineral Rights has the following ingredients:**

Vitamin C (as Palmitate)	90	mg
Niacin USP	5	mg
Vitamin B6 (as Pyridoxine HCl USP)	25	mg
Folic Acid USP	100	mcg
Vitamin B12 (as Cyanocobalamin)	2,000	mcg
Iron (as Ferrochel® Ferrous Bisglycinate Chelate)	10	mg
Iodine (as Kelp)	225	mcg
Magnesium (as TRAACS® Magnesium Glycinate Chelate Buffered)	200	mg
Zinc (as TRAACS® Zinc Glycinate Chelate)	25	mg
Selenium (as Selenium Glycinate Complex)	100	mcg
Copper (as Chelate)	2	mg
Manganese (as TRAACS® Manganese Glycinate Chelate)	5	mg
Chromium (as ChromeMate®)	400	mcg
Molybdenum (as TRAACS® Molybdenum Glycinate Chelate)	500	mcg
Potassium (as Potassium Glycinate Complex)	100	mg
Methylsulfonylmethane	200	mg
Silicon (as Rice Chelate)	150	mg
Alpha-Ketoglutaric Acid	75	mg
Lithium (as Aspartate)	5	mg
Boron (as Proteinate)	3	mg
Vanadyl Sulfate Hydrate	400	mcg

Emphasis was put on Cell Max I because Magnesium and Potassium are the two most abundant minerals in all the soft tissues of the body. They are the leaders for all other nutrients and without them, not much else can happen within the cells. They are the basics of cellular nutrition and integrity. Cell Max I is recommended throughout the program, especially at the beginning. This is when die-off is most noticeable and the need is the highest. Mineral Rights is mostly recommended towards the end of the program when the body is cleansing and rebuilding. However, it can be taken at any time. Mineral Rights is for body energy and regeneration. Mineral Rights is a powerful force for overall health improvement and is highly recommended. If you lack magnesium and potassium, you may

lack all other minerals. To bring your reserves back up to normal, Mineral Rights is highly suggested. You will recuperate and restore the natural cell functions better and quicker when you use this professional *multiple mineral supplement*.

Minerals are needed for the composition of plasma, lymphatic fluids, blood and tissue support. The formation of bone and connective tissue and healthy nerves, muscles, brain cells and glandular functions are all requiring balanced mineral ratios. Enzyme and hormone production along with energy, growth, healing and immune activities all need minerals in order to exist for supporting the body. Minerals and trace minerals are best acquired through foods and/or organic sources. Eating a good diet with plenty of fresh and naturally grown fruits, vegetables and grains will supply much of your mineral requirements. When fighting a yeast infection or when the body has been abused and/or poisoned by chemicals, drugs and bad foods for many years, then a natural source of mineral supplementation is absolutely necessary for health improvement.

There are 76 known minerals and trace minerals and they all serve a purpose when in their natural, organic form. Only when they are mass produced they become toxic like cadmium, arsenic, mercury, lead, aluminum, etc. In plant form, these organic components of nature serve a health benefit to the body. There is much to be written on minerals and we will not go into their specific functions as it would take too much time for you to read. Just know for sure, that if your mineral levels are down you need to supplement your health program with a top quality source of natural minerals.

Vitamins and other basic nutrients are all important to good health. However, all the B-Vitamins in a B-complex supplement or those in a multiple vitamin and mineral that have excessive amounts of B-Vitamins should be avoided. This is because B-Vitamins in large amounts can encourage the yeast to grow. It is important to note that the individual B-Vitamins in Mineral Rights and Cell Max I will not encourage the growth of yeast cells. We have found that minerals are very important during the course of a good antifungal program.

### SOUND ADVICE

One of the main problems with natural corrective programs is that at times you may feel worse before you feel better. Our herbal and/or nutritional cleansing programs all work in a natural, safe manner and will cleanse the cells little by little as you keep following the program. You will be getting better each day as you make the effort. It is a major concern that

many people will stop or give up on a good sound health improvement program because they may not understand the need for patience and time.

You cannot judge your results by the way you feel on the program within the first thirty to sixty days. As time allows for a thorough cleansing to take place and as nutrients begin to activate the tissues, you will begin to feel improvements a little at a time.

We emphasize the need for cleansing. You can literally

have pounds of toxins and waste stored within the digestive chamber, cells and tissues. If they are tightly bound from long term accumulation they will not be removed easily. A good “scrubbing” is necessary for their removal. This can happen with the proper use of the best products to maximize your progress.

The entire Candida Wellness Center staff will be happy to assist you in any way possible in your quest for better health.

---

## Notes

---

**SPECIFIC AND DETAILED**

**INSTRUCTIONS**

**FOR THE**

**CANDIDA YEAST ANSWER**

**PROGRAM**

*NEW AND IMPROVED*  
*RECOMMENDATIONS FOR:*

**MAXIMUM PROGRESSIVE PROGRAM**  
**BASIC ACCOMPLISHING PROGRAM**  
**SLOWER EASIER PROGRAM**  
**BOTTOM LINE ECONOMICAL PROGRAM**



# Program Instructions

We are pleased to bring to your attention the most remarkable Candida program for helping to overcome a moderate to extreme Candida yeast infection. More people have responded to our program with better results and improvements than with any other program they have ever tried. The majority of our customers are those with the worst symptoms and the highest rate of failure from trying other programs. Most of our clients have had Candida for many years and are desperate for products that work.

Please be assured that we *specialize* in yeast conditions and can honestly say that we know of no better program for helping to remove this very negative and miserable condition. Our products have been thoroughly tested and time-proven. They are natural, safe and highly effective.

This program has a dramatic and definite influence on the health and welfare of your body from the standpoint of assisting in removing the negative factors that can cause pain, dysfunction and fatigue. Both the digestive and systemic forms of yeast can gradually disappear with the continued use of the products. Following this Candida Yeast Answer Program is easy and with the right amount of time and patience, you can achieve excellent results.

These suggested instructions are simple to follow and understand, but it does require a degree of study and technique in order to achieve the best results. There is a unique way in which these products are taken, please read the following suggestions carefully and refer back to them as often as necessary.

## SELF-SCORING CANDIDA QUESTIONNAIRE

Please answer accurately and carefully the questions on the four-page Candida Questionnaire in the back of the Candida Yeast Answer Booklet. Total the scores on each page and add them together on the last page. This will help determine the severity of your condition with a high degree of accuracy. This questionnaire is not a diagnosis, but allows you to see how predisposed you may be to a Candida problem. A Candida yeast infection can be tested by a qualified medical practitioner or clinic by stool analysis, urine analysis, immunoglobulin blood tests or live blood cell analysis. Having a medical examination by a medical doctor or clinic will allow you to see more clearly where you stand.

Many medical doctors today do not recognize or accept Candida as a viable symptom or disease condition that requires medical attention. Candida is real and it is just a matter of time before it is considered a primary source of cause for many other secondary types of discomforts and diseases.

## TIME REQUIREMENT

If your total score on the Candida Questionnaire is between:

**75 and 150 this is considered a MODERATE condition of Candida**

**151 and 225 is considered a SERIOUS condition of Candida**

**226 and 275 is considered a SEVERE condition of Candida**

**If your score is over 275 you may have an EXTREME condition of Candida**

This information will help you determine the approximate time you may need to remain on the program.

The suggested time necessary to help remove the yeast and accomplish your goal is listed for each category of severity for each of the following programs located on page 6. The time requirement as each program suggests is very important and must be acknowledged. It is better to do too much than not enough. The key to your success is the “killing power” of the products and the instructions that the Candida Wellness Center has developed.

Many people ask “how do you know when the Candida is gone?” There is no definitive answer. Stool tests can be done by a qualified physician. We have determined over many years of experience that our Candida Yeast Answer Program is effective in helping to remove yeast conditions if you are committed to your program of choice, especially during the last phase of using the friendly bacteria cultures. Any Candida left over will usually be destroyed by the friendly flora because the yeast concentrations will be low enough that the removal can take place by the cultures alone.

## THE CANDIDA YEAST ANSWER PROGRAM

There are four basic Candida removal programs to

choose from depending on your physical and financial abilities. Since everyone is different there are several approaches to accomplishing your goal of being yeast free. Doing the best you can and living within your means is always the best advice. Choose one of the following programs with care:

1. **Maximum Progressive Program**
2. **Basic Accomplishing Program**
3. **Slower Easier Program**
4. **Bottom Line Economical Program**

## PROGRAM PURPOSE & INTENT

If you have a digestive yeast infection and are suffering from numerous symptoms and ailments, then your first priority is to remove the yeast. In doing so, cells within the body will automatically remove the yeast poisons from the body's genetically weakened areas along with the help of nutrients and herbs. (Toxins are stored mostly in the weakest areas of the body first. That is why everyone's symptoms are different. They are all caused by cellular impurities, but expressed as conditions of pain and inflammation according to each person's inherited weaknesses). It is then necessary to re-implant massive amounts of the friendly bacteria to help remove the yeast and to help prevent its return. Minerals can also be lost excessively because of the numerous yeast toxins continually moving through the blood. Minerals are necessary in order to re-energize the cells for health and purity. The higher the poison level, the lower the minerals.

Health and energy is a state of being clean within each cell of the body. The life and death of the body is dependent on being free of obstruction and contamination from toxic waste materials. If there is no interference in the cells, then they will perform as they should providing abundant health and energy. You can never be sick if you are healthy, pure and clean from within. The colon is the first part of your body to over accumulate toxins and impurities. This is exactly where the yeast lives and thrives. Keep the colon clean with the friendly bacteria and you will have unbelievable health and energy. Also, you would seldom be tired and you would sleep so soundly, your sleeping time would decrease substantially. The aging process would slow dramatically and you would not be sick if your diet is natural with as much raw, organic foods as possible, with limited or no meats and if you removed unnecessary medicines and processed foods filled with chemicals and preservatives, etc. An abundance of the friendly bacteria would help keep you yeast free through colon purity.

Nutrients and supplements are helpful in the purifying process, but they are not in themselves the source of energy, but also support the removal of the negative acids and wastes

from the tissues. The more pollution in the cells, the more nutrition is lost. Nutrition encourages purity and purity is the source of energy. It is not the extra intake of nutrients that makes you feel better, but the removal of the impurities that reduces your energy that is naturally there. This is why the yeast is so devastating to the body. Yeast is a poison and these acid-forming toxins destroy living cells. All life forms have a low voltage electrical current as part of the cells makeup, always there, circulating through the body as a living source of energy. This source of energy is supported by the presence of water and minerals which are referred to as electrolytes. The poisons and impurities in the body can stop and slow this electrical current and when the vital organs are overwhelmed with excessive toxins (for example the immune system, the glands, and the brain, etc.) they can become deficient in water and minerals. The body can then become ill, debilitated and diseased due to blockage and short-circuiting of the electrical current of energy. Polluted bodies are infected with pathogenic organisms causing infection. Infectious organisms are only attracted to bodies that are dying, polluted and are in a low energy state. Poisons and acids occur first, allowing and encouraging the infections to follow.

When the vital organs like the heart or liver are affected the body becomes weak, debilitated and energy levels decrease. This is why the toxins from a yeast infection can make you feel so tired and cause you to suffer numerous conditions of pain and inflammation. The fuel in the body for energy is sugar. Natural sugar in its unrefined state is the best form of sugar. All the "B" vitamins are necessary to convert and extract the stored energy in sugar for use in the body. Oxygen is needed to burn sugar along with the electrical spark of minerals. All of these components of energy support are lacking when the body is over polluted. It makes no difference how much sugar you have stored in the tissues, it is useless without "B" vitamins, oxygen and the "spark plugs" of minerals. This impairment of body function can be caused by impurities and the lack of minerals and water.

Disease can be caused by tissue saturation from poison which is the consequence of consuming unhealthy food, drink, alcohol, chemicals, medicines and drugs. Yeast is equally detrimental in destroying living tissue. Nutrients are the biochemical conductors of energy. Water and minerals are the conductors of electrical energy. Hormones are messengers of energy and enzymes which assist in providing energy. The result is better health, energy and well-being.

We wish to emphasize that body purity is the key to better health and the number one priority. Proper nutrition is absolutely necessary. Eating negative foods along with having a yeast overgrowth can contribute to excessive body pollution. Candida toxins contaminate the body and its removal should be recognized as the main source of your health improvement

and well-being. Eating correctly is very important. After much research, we have determined that approximately 85% of what society consumes takes away more energy than it gives. Physical nutritional depletion results in pain, weakness, disease and early death. For example: look at society and our senior citizens. The majority of food they eat is negative, cooked and processed. They eat food that takes away their energy rather than restoring it. Furthermore, unhealthy food choices pollute the body so excessively that the cells die of dehydration, suffocation and starvation. Excessive poisons from unhealthy food removes minerals, water, oxygen and nutrients and finally contributes to the inability to remove metabolic wastes due to moisture imbalance.

The Candida Wellness Center has been in business for 25 years and has had a great success rate in assisting others to improve their health by helping to remove a Candida yeast condition and the negatives that accompany it. We have formulated effective and powerful antifungal products, and have the knowledge, the understanding and excellent instructions to assist you. Our consulting is highly effective which offers a major support in helping you with your program. We can personalize your program to fit your needs and we accomplish this with a great deal of sincerity and know-how.

The following Candida Yeast Answer Program is the best, strongest and most effective yeast removal program that you could follow. We can also alter, change, modify and perfect any of our programs that is necessary in order to accommodate your needs. Please call Customer Support at 800-644-1612 for guidance or questions in determining the right program for you. Our experience and knowledge along with the finest of products, will help you accomplish your goal as quickly as possible in a manner that is safe, reliable and simple.

Please read all of the program instructions. You do not necessarily have to use all the products outlined. However, each product serves a specific purpose and all Candida customers would benefit by using all the suggested products. It may be necessary to modify or change a program due to physical sensitivities to die off and financial limitations. Look at and study the Basic Program and if you are unsure or wish to take a slower or faster approach, please call Customer Support at 800-644-1612.

The recommended products are as follows and in the order of importance:

- Candicyn
- Defend
- Flora-Guard 50
- Pro-Dophilus 50
- Biotic Silver
- Cell Max I

## Liver Ecology Mineral Rights

Candicyn is our most powerful antifungal product and Defend is next. Most of the yeast is in the large intestine that is why Flora-Guard 50 follows in importance unless you have constipation and then Pro-Dophilus 50 becomes the priority. Biotic Silver is a remarkable antibiotic, assisting in removing infectious viruses, bacteria and yeast from the blood and tissues.

The Liver Ecology helps to clean and support the liver and is necessary if die off is excessive. The Cell Max I and Mineral Rights helps to bring water into the cells and helps to nourish and carry away toxic matter as it accumulates in the cell, providing the electrical current of energy for all your activities. Our products are a scientific blend of the finest quality ingredients obtainable and are proven safe, non-toxic and highly effective.

The time element for helping to remove a digestive/systemic yeast overgrowth after years and years of colonizing on the intestinal wall, requires a good three to six months for a moderate to serious yeast infection and five to nine months for a severe to extreme yeast condition, all depending on age, sensitivities to die off and finances. A successful yeast removal program cannot be accomplished in two weeks or even in two months. Some people will see significant results in one to two months and then discontinue the program, believing the yeast is gone. There is no way this is possible. If you do not remove at least 90 percent of the yeast, it will re-grow very easily. You must put in the time and see it through to the end, removing the yeast and then, immediately re-implanting massive amounts of the friendly flora to help build up your protective and defensive resources to prevent its return. This is where many people fail. They lack the understanding of the tenacity and massiveness of the yeast. It can grow extremely thick and when it turns into a fungal form, it becomes an even bigger problem. Many people are unsuccessful in removing yeast because of this one major misunderstanding.

We know through helping thousands of customers and having 25 years of experience that it is important to have a thorough understanding of a yeast infection. Sufficient time along with heavy amounts of powerful antifungal ingredients are absolutely necessary to remove this devastating and body destructive organism. Candida is a serious infection and it takes a powerful and effective program to help remove it. Our Candida program is so powerful and destructive, that it is nearly impossible for a yeast overgrowth to survive its effect, if the instructions are followed through with accuracy and to the end.

## PROGRESSIVE PROGRAM INSTRUCTIONS

The following instructions are easy to understand and will provide you with an amazing program for yeast removal. The “killing power” of our products is remarkable, but the instructions are equally important. We will discuss each aspect of our four programs so that you will know how much product to take and how to proceed according to your physical, mental and emotional state along with any financial limitations. Carefully study each program. If you have any questions or concerns during any part of the program, please call Customer Support at 800-644-1612. We highly recommend that you also call Customer Support every 30 to 45 days to discuss your progress. We are here to assist you and will do absolutely all that we can to help you overcome a yeast condition as quickly as possible.

### WATER:

We suggest you use only purified or distilled water to take with your capsules. You can pull the capsules apart and take the powder if you so desire using purified or distilled water to do so. There are also times when a little fruit juice or V-8 juice may be necessary for swallowing the capsules for example: children, senior citizens or those who have difficulty swallowing capsules.

### WHEN TO TAKE PRODUCTS:

There are three categories of products: Candida, Probiotics and Optional. The Candida products include Candicyn, Defend and Biotic Silver. These are always taken 30 minutes before each meal. The Probiotics include Pro-Dophilus and Flora-Guard and are taken right before each meal, before your first bite of food. There needs to be a 30 minute time period between taking the Candida products and the Probiotics. The Candida products do NOT destroy the friendly bacteria, but will interfere with their activities if taken too close together. The Optional products include Liver Ecology, Cell Max I, Mineral Rights, etc. and should be taken during the first 5 minutes of each meal. All other supplements should be taken during the meal. Call for guidance if necessary. It is recommended that the products in each of the categories be taken three times per day, breakfast, lunch and dinner unless otherwise suggested by program personalization. However, if you should experience too much die off during the beginning of the program, then start by taking the products only two times per day for the first week or two.

### CONSTIPATION OR DIARRHEA:

Constipation is a major problem for many of our customers and needs to be corrected as soon as possible. The cause of this condition can be from a lack of Pro-Dophilus and also the

presence of yeast polluting and poisoning the intestinal wall. Killing the yeast with our products over the course of the program will help to overcome constipation or diarrhea. We recommend using high amounts of Pro-Dophilus for constipation and high amounts of Flora-Guard for diarrhea. The following is suggested until the problem has been alleviated.

*Constipation:* Take three to six capsules of Pro-Dophilus at the beginning of each meal, breakfast, lunch and dinner. Also, take three to six capsules of Cell Max I with the Pro-Dophilus. It may take a few days or even a few weeks to obtain desired results, but be consistent.

*Diarrhea:* Take three to six capsules of Flora-Guard at the beginning of each meal, breakfast, lunch and dinner until the diarrhea stops. If problem continues, please call Customer Support.

*Die Off:* Everyone will experience some die off. When the yeast cells die by the thousands, the internal fluids of each cell becomes toxic to the body and is absorbed into the blood and carried throughout the body. The liver and kidneys help to remove these toxins, but because many candida victims have tired liver and kidneys, the toxins can back up in the blood and cause symptoms to worsen. Other symptoms can include a mild headache, gas and bloating, etc. This is temporary and should gradually disappear. You should feel better within 30 days of starting the program and notice an increase in your energy. However, in most cases it can take up to two to three months before you begin to feel the positive results of the program. Be patient, committed and steadfast in your efforts.

### SLEEPLESSNESS OR INSOMNIA:

The inability to fall or stay asleep at night can be caused by yeast toxins passing through the intestines. Whatever you ate for breakfast, lunch and dinner the day before passes through the colon along with the Candida products killing the yeast. Die off toxins from the dying yeast cells are heavily released into the blood causing a lack of minerals which also contributes to hyper-activity and does not allow you to relax. The greatest corrective measure is to take the following recommended products before bed and when you awake.

The following is suggested:

Cell Max I: Take up to 3 or 4 capsules before bed and when you awake.

### LENGTH OF TIME ON PROGRAM:

Once you have worked your way up to taking the full amount of products as suggested for each program, it is recommended you remain on that amount for the following period of time.

*Bottom Line Program:* Approximately five to nine months depending on severity

*Slower Easier Program:* Approximately four to seven months depending on severity

*Basic Program:* Approximately three to six months depending on severity

*Maximum Program:* Approximately two to five months depending on severity

Please call 800-644-1612 for guidance.

#### **PRE-PROGRAM INFORMATION:**

The key to your success is in the effectiveness of our products. The more products that you can take as soon as possible is to your advantage and will help give you the quickest and best results. Die off and finances are the two main reasons why you will need to decide on how to proceed. We recommend you start the program slowly and gradually work up to higher product amounts over a personally determined period of time. This will allow the liver and kidneys time to adjust to the die off process. We recommend you increase your product intake slowly according to the instructions and how you feel. Be patient, committed and follow the program through to completion. This will be your key to success.

### **PROGRAM CHOICES**

Bottom Line Economical Program

Slower Easier Program

Basic Accomplishing Program

Maximum Progressive Program

The Bottom Line Economical Program has been designed for those who may have financial limitations and/or must proceed at a slower pace due to health concerns. This is a very effective program for removing yeast, but at a slower pace.

The Slower Easier Program has been designed for those who are older, weaker and have more sensitivities and symptoms to deal with as compared to the average individual. Some conditions are quite painful or debilitating and require a slower easier program due to die off and long term symptoms of a yeast infection.

The Basic Accomplishing Program has been designed for the average individual between the ages of 20 to 55 years old. This is our best program and highly recommended. This program is very aggressive and will provide the finest results for assisting in the elimination of yeast. Please note as die off occurs you may feel worse before you feel better, but most people can handle this program and will succeed if the program is followed through to completion.

The Maximum Progressive Program has been designed for people who wish to remove yeast as quickly as possible. This program is very powerful and aggressive. It offers the quickest results and requires the maximum amount of product intake. We recommend the Maximum Progressive Program only for those individuals who are physically, mentally and financially capable to handle the program.

#### **GETTING STARTED:**

If you are unsure which program best fits your needs, then please call Customer Support. You can change your program at any time. You can start with the recommended Basic Accomplishing Program and change to the Slower Easier, Bottom Line Economical or Maximum Progressive Program whenever you feel it is necessary.

Each program has a maximum amount of product recommended that you will be encouraged to take to help destroy and remove the yeast as quickly as possible. The amount of product you take is determined by how you feel, how much die off you are experiencing and financial limitations as you progress on the program. The following is a brief outline of each program and the suggested amounts of product that you will eventually be taking. However, begin each program, regardless of which one, in the following manner.

1. Each of the following programs has a suggested maximum amount of product that you will work up to taking. Do not start with that amount. Start by taking only one capsule of each product per meal, three times per day at the times that the instructions have suggested for a total of three capsules per day. This is recommended for one week. This introductory period will allow your body time to adjust to the program. If you are having any excessive die off from taking this small amount of product after one week, please call 800-644-1612 for Customer Support.

2. If you are comfortable with the program after the first week, then it is recommended you increase your product intake as each program suggests. During the second week, increase all the products that indicate an increase, to four capsules per day. It is suggested you take one capsule at breakfast, one capsule at lunch and two capsules at dinner. Stagger each product at a different meal. Each increase depends on the extent of die off you are experiencing and if you are capable of making an increase. If you are not ready to increase your capsules, then continue taking four capsules a day.

3. When you are ready, increase your product intake to five capsules per day of each product that has an increase as per your instructions. It is suggested you continue taking this amount for five to ten days.

4. When ready, increase your product intake to six capsules per day of each product that has an increase as per your instructions. Continue taking this recommended amount for five to ten days.

5. Increase each capsule of each product by one more capsule every five to ten days that has an increase as per your instructions. Continue increasing your product intake until you reach the maximum amount of product that your particular program suggests. It does not matter how long it takes. Even if you have to go beyond ten days before each product increase, you will still benefit from the finest and most aggressive antifungal program available. Call Customer Support if you have any questions or need clarity.

### **BOTTOM LINE ECONOMICAL PROGRAM RECOMMENDATIONS**

Start with taking one capsule of each product and then gradually increase the Candicyn to three capsules per meal and the Flora-Guard to one capsule per meal. Continue taking all the products as outlined in the instructions below for the length of time as determined by your score on the Candida Questionnaire.

Following is the amount of product that you will gradually work up to taking:

- Candicyn: Three capsules per meal, for a total of nine (9) capsules per day.
- Defend: Three capsules per meal, for a total of nine (9) capsules per day.
- Pro-Dophilus: One capsule per meal, for a total of three (3) capsules per day.
- Flora-Guard: One capsule per meal, for a total of three (3) capsules per day.
- Liver Ecology: One to two capsules per meal, according to your finances.
- Cell Max I: One to two capsules per meal, according to your finances.

If finances are limited, then only take the Candicyn, Defend, Pro-Dophilus and Flora-Guard. These are the most powerful and important products and will help to do the most damage to the yeast. Call Customer Support for assistance.

### **SLOWER-EASIER PROGRAM RECOMMENDATIONS**

Start with taking one capsule of each product and gradually increase to the amounts indicated over a period of 30 to 45 days according to how you feel as die off occurs. Continue taking all the products as outlined in the instructions below for the length of time as determined by your score on the Candida Questionnaire.

Following is the amount of product that you will gradually work up to taking:

- Biotic Silver: One teaspoon per meal, for a total of three (3) teaspoons per day.
- Candicyn: Two capsules per meal, for a total of six (6) capsules per day.
- Defend: Two capsules per meal, for a total of six (6) capsules per day.
- Pro-Dophilus: Two capsules per meal, for a total of six (6) capsules per day.
- Flora-Guard: Two capsules per meal, for a total of six (6) capsules per day.
- Liver Ecology: Two capsules per meal, for a total of six (6) capsules per day.
- Cell Max I: Two capsules per meal, for a total of six (6) capsules per day.

Call Customer Support if you have any questions or concerns.

### **BASIC ACCOMPLISHING PROGRAM RECOMMENDATIONS**

The Basic Accomplishing Program is highly recommended and will provide excellent results. Start with taking one capsule of each product and gradually increase to the amounts outlined below by adding one additional capsule of each product every five to ten days over a period of 30 to 45 days according to how you are feeling.

- Biotic Silver: One teaspoon per meal, for a total of three (3) teaspoons per day.
- Candicyn: Four capsules per meal, for a total of twelve (12) capsules per day.
- Defend: Four capsules per meal, for a total of twelve (12) capsules per day.
- Pro-Dophilus: Two capsules per meal, for a total of six (6) capsules per day.
- Flora-Guard: Two capsules per meal, for a total of six (6) capsules per day.
- Liver Ecology: Two capsules per meal, for a total of six (6) capsules per day.
- Mineral Rights: Two capsules per meal, for a total of six (6) capsules per day.
- Cell Max I: Two capsules per meal, for a total of six (6) capsules per day.

If you feel poorly or overwhelmed with die off or financially it appears to be more than you can handle, then increase only up to an amount of each product that you are able to take. The Biotic Silver can be dropped after the first two months on this program for those who desire to do so for financial reasons. Once you have worked up to taking the full amount of recommended product continue on with the program for the amount of time according to your score on the Candida Questionnaire. Call Customer Support if needed.

## MAXIMUM PROGRESSIVE PROGRAM RECOMMENDATIONS

The Basic Accomplishing Program is considered to be the "Preferred Program." However, for those who wish to take a more aggressive approach the Maximum Progressive Program is recommended. Start with taking one capsule of each product and gradually increase to the amounts outlined below by adding one additional capsule of each product every seven to ten days or according to your ability to do so. Do not exceed the recommended maximum amount of product intake suggested.

- Biotic Silver: One tablespoon per meal, for a total of three (3) tablespoons per day.
- Candicyn: Four capsules per meal, for a total of twelve (12) capsules per day.
- Defend: Four capsules per meal, for a total of twelve (12) capsules per day.
- Pro-Dophilus: Two capsules per meal, for a total of six (6) capsules per day.
- Flora-Guard: Three capsules per meal, for a total of nine (9) capsules per day.
- Liver Ecology: Two capsules per meal, for a total of six (6) capsules per day.
- Cell Max I: Two capsules per meal, for a total of six (6) capsules per day.
- Mineral Rights: Three capsules per meal, for a total of nine (9) capsules per day.

The Maximum Progressive Program is powerful and very aggressive in nature and it is to be understood that only a few people will be able to handle this program. Be prepared for die off, but it is temporary and will pass. The cost is higher, but the results are quicker. Again, always call Customer Support if and when the need arises. **DO NOT HESITATE!**

## FINAL PHASE OF PROGRAM RECOMMENDATIONS (RE-IMPLANTING FRIENDLY BACTERIA)

When you have completed your Candida Program, it is then necessary to re-implant high amounts of Pro-Dophilus and Flora-Guard to rebuild their presence in the intestines. At this point in the program it is recommended that you discontinue taking the Candida products and just concentrate on the friendly flora and Mineral Rights. Start with taking the Pro-Dophilus and Flora-Guard 30 minutes before each meal, three times per day. The friendly flora will survive and adhere to the intestinal wall if taken on an empty stomach, approximately thirty minutes before meals. It can take approximately four months to re-instate and populate the intestines adequately enough to help prevent the re-growth of yeast. If you ever need to take an antibiotic other than our Biotic Silver,

then immediately begin taking the Pro-Dophilus and Flora-Guard to rebuild your friendly bacteria reserves. This needs to be done quickly to help prevent an immediate yeast over-growth.

Begin this last phase of the program by taking the following products, three times per day, 30 minutes before each meal, breakfast, lunch and dinner.

- Pro-Dophilus: Two capsules per meal, for a total of six (6) capsules per day.
- Flora-Guard: Four to five capsules per meal, for a total of 12 to 15 capsules per day.
- Mineral Rights: Two to three capsules per meal, for a total of 6 to 9 capsules per day.

If your score was between MODERATE and SERIOUS on the Candida Questionnaire it is recommended you follow this phase for three months. If your score was between SEVERE and EXTREME on the Candida Questionnaire it is recommended you follow this phase for four months. This is a very important phase of the program for your success and must be done accurately.

## MAINTENANCE PROGRAM RECOMMENDATIONS

It is advisable that you follow a Maintenance Program in order to continue the build up of the friendly bacteria and allow enough time to cleanse the colon and help restore the tissues to a healthy state. It is recommended that all customers, regardless of which program followed, do the following:

- Pro-Dophilus: One capsule two times per day, 30 minutes before breakfast & dinner.
- Flora-Guard: Two capsules two times per day, 30 minutes before breakfast & dinner.

It is always advisable to supplement your daily routine with additional cultures and minerals.

## RECOMMENDED PRODUCT REQUIREMENTS FOR A ONE MONTH SUPPLY

The following products are recommended for a one month supply. Please note: by ordering more than a one month supply you have the opportunity to take advantage of our money saving "Quantity Discounts."

Biotic Silver	2 to 3 large bottles
Candicyn	2 to 3 bottles
Defend	2 to 3 bottles
Pro-Dophilus	1 to 2 bottles
Flora-Guard	1 to 2 bottles
Cell Max I	1 to 2 bottles
Liver Ecology	1 to 2 bottles
Mineral Rights	1 to 2 bottles

Order forms are located at the back of the Candida Yeast Answer booklet and provides a list of all products and prices along with ordering information. Please call 800-869-1613 to place your order and the Order Department will be happy to take care of all your needs. You can also order online by visiting our website at [www.thecandidayeastanswer.com](http://www.thecandidayeastanswer.com).

All orders containing the friendly flora are automatically sent out 2<sup>nd</sup> day air promptly upon receiving the order. However, you can request ground service if you desire. We encourage you to get started as soon as possible, as a yeast overgrowth will continue to worsen every day. Keep the friendly bacteria refrigerated. However, the Pro-Dophilus and

Flora-Guard are safe out of the refrigerator for up to ten days. Your body temperature is 98.6 degrees and the live bacteria do well in this temperature. Long-term exposure to warm temperatures reduces the 12-month shelf life, but does not cause the friendly flora to die.

Candida Wellness Center  
4365 North Bedford Drive  
Provo, Utah 84604  
Ordering 800-869-1613  
Customer Support 800-644-1612  
[www.thecandidayeastanswer.com](http://www.thecandidayeastanswer.com)

**A Candida Yeast overgrowth may cause or contribute to many of your health problems, known or unknown. However, removing the Candida does not necessarily mean all your poor health conditions will suddenly disappear. It will take additional time for systemic toxins to be removed through the cleansing process.**



## OTHER INFECTIONS AND WHAT YOU CAN DO!

We are often asked what to do for other types of infections such as the common cold, influenza, bronchitis, pneumonia, skin infections and other familiar bacterial or viral infections. Biotic Silver is a “Full Spectrum Antibiotic” that can destroy and work against these kinds of conditions. It is also highly recommended to use Defend. There can be other factors involved in total infection removal, but under most normal circumstances, major if not complete results, may occur. The best time to fight an infection is immediately or when symptoms are evident. The following is a recommendation for most adults, but children and senior citizens will take less according to age and severity of their condition. This is a maximum program and adjustments should be made when required. We suggest the following:

1 Tablespoon of Biotic Silver, every two hours, six times per day preferably 30 minutes before meals or on an empty stomach.

2 Capsules of Defend to be taken with the Biotic Silver at the same time, 6 times per day, 30 minutes before meals or on an empty stomach.

Fighting an acute infection with high amounts of Biotic Silver and Defend should help overcome a cold or the flu within two to five days. Rarely does it take longer, but there is always exceptions to the rule. When dealing with bronchitis or more serious types of conditions it will of course, take more time. The rule of thumb is to keep taking the above recommended amounts until the condition disappears completely. That can take anywhere from one week to several months, depending on your eating habits, severity, age and how well you take care of yourself. If you abuse your body and eat or drink negative foods, etc., you will prolong the need for the products. You must do all you can to improve your health by removing the bad from your diet and replacing it with the good.

Please keep in mind the following: This quantity of product will flood the body and tissues, destroying all forms of negative organisms in a rapid manner without any harm or tissue damage to the body, however, be aware that a virus or bacterial infection is what is called an “acute condition of infection” and spreads very rapidly and should be removed as quickly as possible. Some conditions can develop into a chronic form of infection where it is slowly affecting many parts of the body and should be removed immediately. The only concern with the use of high amounts of product is the destruction of a possible yeast infection within the intestines. If a person has a yeast condition and they also develop an acute bacterial or viral infection at the same time, and they

are using high amounts of Biotic Silver and Defend, they will destroy so much yeast that the “die-off” may become unbearable. A yeast infection is chronic, deep-rooted, long-term and requires smaller amounts of product for a longer period of time. In many cases the amount of product used to fight yeast infections can be enough to also remove a bacterial or viral infection, but not in all cases. If you find that both types of infections are present, you can experiment by starting with smaller amounts of product and then, gradually increase as quickly as possible until you can achieve a higher dose. We suggest six tablespoons of Biotic Silver and twelve capsules of Defend per day is a high amount, but should be able to handle an acute condition. Sometimes only two teaspoons of Silver and one capsule of Defend six times per day will also accomplish the goal.

We recommend that if you are under 150 pounds, you can take less product, if over 150 pounds, then you may need more product. Your body size will be a determining factor for how much you should take. Again, experimenting and working within the requirements of the body will allow you to receive the best results.

## WHICH PROGRAM TO FOLLOW?

You can follow any program you wish, but the higher your test score, the less product you should use in the beginning of your program. Once you have experimented with product quantity in relationship to the severity of your condition you can increase or decrease the product amounts accordingly. Die-off is strictly the end result of the products destroying the yeast cells so quickly that too much toxin is produced. Excessive yeast toxins will make you feel poorly and/or cause you some pain, discomfort or fatigue and may make some of your symptoms worse before they get better. This is a natural result of a good antifungal program and is almost impossible to avoid other than controlling the amount of product taken.

Start slowly and work your way up to the recommended amounts over a period of time taking into consideration your severity, age, previous products used and how ill or weakened your body is due to the length of time you have had a yeast infection. Most people can handle the die-off satisfactorily and move right along with their chosen program, but there are always exceptions to the rule.

The most important thing to remember is to keep going and don't become discouraged because of the die-off. It is unavoidable, but can be controlled by the amount of product that you start with and the rate of increase as you move through the program. High scores should start slow and increase gradually. Otherwise, move along at a pace that is comfortable for you, but you should eventually work up to the recommended amounts.

The key to your success is taking the Biotic Silver, Candicyn, Defend, Pro-Dophilus and Flora-Guard in the suggested amounts and time so that yeast is destroyed. The combination of these products and the amounts taken is stronger and has more yeast killing ability than most drugs on the market today. It is very powerful, so die-off can occur, but is minimized substantially due to the fact that they are natural products with the capability of neutralizing the die-off effect and also provides a cleansing benefit rather than harm to the body as with drugs.

### **PROGRAM IS REWARDING**

Customer comments regarding their health recovery after completing their Candida Yeast Answer Program have been overwhelming. One 46 year old man had lost all the color in his beard when he was 42 years old. After six months on the Candida Yeast Answer program, nearly all the color in his beard had returned. On many occasions men and women were not able to work due to fatigue and health complications from a yeast infection. Individuals who have completed the program, according to the instructions, have been able to return to work and found renewed strength and energy with timely recovery. Many women who were unable to become pregnant were able to conceive during or right after the completion of their candida program. Severe sinus and skin infections are very common with yeast conditions and in the majority of cases they have cleared up completely. Toenail and fingernail fungal infections that were very long-term, including loss of the nail, have completely recovered with a regrowth of a new nail in most cases.

Once you have completed any of the preceding programs, you will most likely experience a degree of health and well-being that has not been felt for a long time. As your digestive system heals itself and the immune system and glandular systems become restored with more energy, there will be a noticeable increase in strength and stamina. Your program success can give new meaning to life and your body and mind can experience a higher level of vitality. A happier and more tranquil attitude can develop and family and friends could see a new you emerge from the depths of despair and discouragement.

Remember, the strength of the products and the time on the products is the key to success. The integrity of the program and the power of instruction is what makes a yeast-free body easier to achieve. The "Detail" and "Design" of this antifungal program is unique and was prepared after serious research and experience.

### **FOR EXCESSIVE DIE-OFF/CLEANSING REACTIONS—THE FOLLOWING IS RECOMMENDED**

Approximately 20% of Candida sufferers will have immune system suppression or liver/kidney weakness severe enough that they have a difficult time handling die-off/ cleansing reactions due to the strength of this program. If this is your situation then you need to proceed more slowly than the average person. If you have:

- Intolerable Candida Die-off Reactions
- Extreme Muscle/Joint Pain
- Allergy Reactions & Sensitivities
- Low Immune Response or Fatigue
- Tissue Inflammation or Discomfort

then it is highly recommended that you start out on the program with caution by going more slowly and starting out with smaller quantities of product. Instead of following the suggested product amounts in the instructions, start out with one or more capsules per day for several days and then increase by one more capsule per day every three to five days. If at any time you feel excessive die-off reactions while on any of the programs, then take several days off from all products and reduce the quantities accordingly.

Most people can follow our instruction guidelines without undue stress or discomfort, but for those of you who find that it is too much, then cut down on the products until you find your threshold of comfort and satisfaction. However, we suggest you keep increasing the amounts until you have reached the instruction recommendations. A low quantity of product will destroy the Candida more slowly, but significant energy and health improvement requires that 90% of the yeast infection must be eliminated and quantity is a necessity for successful removal.

### **CANDIDA DIE-OFF REACTIONS ARE TEMPORARY**

The majority of a Candida yeast overgrowth is within the digestive system around the ileo cecal valve connecting the small intestine to the large intestine, and within the transverse colon. When you destroy a yeast cell with a product or substance, the internal yeast fluids, being toxic to the body, are released into the digestive chamber in fairly large amounts and are immediately absorbed into the blood stream.

If your program is effective, there will be thousands upon thousands of yeast cells dying very quickly every day and will create the "Herxheimer Die-off Reaction." This is when more

yeast poisons are created faster than the immune system or eliminative channels can remove it from the blood. You may feel some of the temporary discomforts such as headache, fatigue, muscle aches, sinus, lung, throat inflammation and mucus, congestion, tissue tenderness, colon discomforts and pain, skin rashes, dizziness, etc.

These symptoms are short-lived in the majority of cases and will go away shortly if you continue on with the program. There may be times when a rest from all the products is recommended or a **reduction in quantity of product** may be in order to compensate for the die-off reaction. Die-off can be caused by some of the products in the program more than others as it all depends on how much and where the Candida is located. Die-off indicates that the program is working and is part of yeast removal. Do not be overly concerned, but you can control it by reducing product quantity.

One of the reasons it takes so long to remove a yeast infection is that the death of one yeast cell is food for another yeast cell and tends to encourage those yeast colonies still living. They are being fed and supported by the internal fluids of dead cells and until the majority of the yeast colonies are destroyed, the die-off reactions will never completely go away. Do not shy away from the program or be discouraged by die-off effects. They will disappear as soon as enough digestive Candida has been removed. It may take several weeks or several months depending on individual severity, but it will eventually end if you remain steadfast on the program.

## A SUPERIOR APPROACH

It must be emphasized that no one product or ingredient will remove all Candida colonies within the body. Most people have more Candida than they realize and a single product will not remove enough yeast to prevent its return. Why treat yourself with halfway measures for a yeast infection if it has the ability to grow again like weeds in a garden. Unless it is 90% removed, it will come back.

Most products or programs do not remove at least 90% of the yeast cells during treatment and the quality and quantity of friendly bacteria are not implanted immediately for a long enough period of time. This is why the majority of people do not receive permanent results from doctors, nutritionists or alternative medicine practitioners.

Our Candida Yeast Answer program consists of five, unique products; Candicyn, Defend, Biotic Silver, Pro-Dophilus and Flora-Guard, and when combined with proper understanding and instruction, excellent and quicker results are achieved with greater success.

This program aggressively goes into the body and seeks out the yeast cells and destroys them on contact, providing

remarkable results from all sides of the issue. The Candida cannot survive this program if enough products are used according to the instructions. Very few other antifungal products, either commercial or medicinal have the botanical superiority, the unique processing, the energy enhancement, the safety, the strength and the biological compatibility with the human body as do the products in this program.

## QUESTIONS AND ANSWERS

1. What do I do if Die-off is too much, but I want to stay on the same program I am on?

*Answer:* We suggest that you take products twice a day until you feel better. Another option is to eliminate Defend for awhile as this product can cause a little more die-off. Eventually you may want to take all the products as outlined in the instructions, three times per day.

2. If I upgrade or downgrade to another program other than the one I started with, how do I adjust the time element?

*Answer:* Not an easy question to answer, but you would add or subtract two to eight weeks, depending on how much change was made and the direction in which you made the change. It would be best to call Customer Support for guidance and direction.

3. Can I do this program and continue to take medication from my doctor?

*Answer:* These are all natural products that destroy the yeast. They will not interfere with pain killers, birth control pills or any other form of drug medication. Check with your physician if you so desire.

4. I am on hormone replacement therapy. Will this encourage the yeast to grow?

*Answer:* Hormones usually bother individuals when they are pregnant or one week before they begin their period. During this time hormone levels are elevated which encourages yeast to grow. Hormone Replacement Therapy is replacing your *normal* hormone levels. This should not affect your success on the Candida program.

5. Are "Dietary Restrictions Important?"

*Answer:* Yes, they are very important. This Candida Yeast Answer Program is very powerful and can destroy the yeast in the majority of people who follow through. You do not want to feed the enemy! Reducing starches, sugars and dairy products (approximately 75 to 85%) will be necessary. The yeast you are fighting has a ravenous appetite. It needs sugar to grow and survive, however, it can lie dormant for long periods of time and hibernate. The combination of good

antifungal products and reduction of its food supply is the answer to its removal.

6. Can these products be given to children?

*Answer:* Yes they can. They are strong, but very safe and all natural and will not harm any part of the body. We have a Children's Program outlined in our secondary publication called the "Program Supplement." This booklet is sent automatically with your first order. We suggest you counsel with your physician if you have any concerns.

7. They say you can never completely get rid of yeast and that some is always there and it serves a purpose. Is this true?

*Answer:* The best explanation is this— water always has some dirt or contamination in it because of exposure. If you have an advanced means of filtration for removing that dirt and contamination, the water can remain dirt-free. Likewise, our air, food and water will always have some yeast cells in it, allowing them to enter your body on a daily basis but if we have a good filtration system destroying and removing those yeast cells, it will help you remain yeast-free. The friendly bacteria is the means by which negative organisms can be overcome and removed from our intestines.

### ADDITIONAL INFORMATION

1. All good vitamins, minerals, food supplements, body cleansers, herbs and other Candida remedies, etc., are very compatible with this Candida Program and can be used freely according to your needs. Avoid anything with sugar, honey, corn syrup or fructose.

2. Get plenty of rest while on the program and do not exercise excessively. You need all your energy for fighting the Candida and cleansing the tissues. Your body requires a good nights sleep and you need to pace yourself. Avoid stress whenever possible.

3. Many people who suffer excessive Candida die-off reactions to the program are also experiencing a toxic overload within the blood stream due to liver, kidney and lymph congestion or dysfunction. If your eliminative organs cannot detoxify the poisons out of the blood, you will suffer the consequences—especially skin conditions, fatigue problems, muscle/joint pain and constipation.

4. There may be times when you cannot order products consistently or there may be time delays in product taking such as vacations, trips or other circumstances that will cause short-term gaps in your program or routine. Do not worry about this as long as it is not for a long period of time. Two to five days without taking products will not interfere with your results. In fact, it is advisable to take periodic rests from the program to allow your body a chance to catch up and recuperate from

the intensity of this Candida elimination. Just start again as soon as possible.

5. If you have trouble swallowing capsules they may be pulled apart and put into some form of liquid or drink and/or the capsules can be taken with a thick juice such as tomato juice or V-8 or some form of drink that has a heavier consistency to it. This is especially true for children and senior citizens.

6. If you cannot take the suggested products at the recommended times, then do the best you can, even if you take them just minutes before or with your food. Not everyone is capable of daily consistency. You are still benefitting from the product, but with slightly less effectiveness. If this happens occasionally, then it is still working and you are moving forward. Perfection is great, but not entirely necessary.

### DIETARY CHANGES

A major issue with the average person is the necessity to change or limit their diets. Many people do not want to give up certain foods or make dietary adjustments as prescribed by physicians or authoritative books on the subject. Dietary changes or limitations can be minimized on this "Candida Yeast Answer" program, but are still necessary.

The products in this program are powerful enough that even with minimal dietary change you will still destroy the Candida. It may happen at a slower rate but at least you are doing something that is effectively destroying the Candida which will reduce its growth and the associated discomforts. The typical American diet that many have lived on since childhood contributes significantly to your current state of health and is a major factor in the cause of many health issues. You will be more successful if you change your eating habits for the better. However, if this is a problem do not abandon the program just because you can not control your dietary desires or you become frustrated in the process.

The products in our program are the main factor for eliminating Candida from your body. To do everything you can to kill the Candida and improve your health is in your best interest, but frustration and discouragement is our number one enemy. It is important that your daily routine is acceptable and somewhat enjoyable, so by eating a good basic antifungal diet along with superior *Candida Products*, your goal will easily be reached. Do not worry about how perfect your diet is, just do the best you can. Results will come faster, however, if you eat correctly and do not use sugar, honey, fructose or any kind of natural sugar including fruit and fruit juice. We also suggest you avoid mushrooms, vinegar, fermented foods, yeast in foods, alcoholic beverages and white flour products.

Once the yeast colonies have dwindled to near nothing

you should be able to use these foods once again. If you have allergies to certain foods you may still have to avoid those foods temporarily, but as soon as the Candida is completely gone, many of your allergies will disappear depending upon your immune system and genetics. Please ask us about Alpha 20C to help boost and repair your immune system.

The food you eat either gives you energy or takes it away. The more processed and devitalized a food is, the less nutritional value and energy it has. One of the very best designed food supplements of today are “Whole Food Supplements” manufactured by Sunrider International and are comprised of concentrated botanical herbs that are formulated to enhance the various systems of the body. They have proven to be very effective in restoring the energy cycles of the cells and removing toxins from the body. They are highly recommended and are specifically mentioned in our secondary publication called the *Program Supplement* which is automatically sent to you with your first order. The *Program Supplement* has additional information on diet, children’s program, die-off information, parasite program, etc. Also, included are additional products that encourage and facilitate the success of the Candida Program.

## PRODUCTS ARE COST-EFFECTIVE

One final note of explanation: Biotic Silver, Candicyn, Defend, Pro-Dophilus and Flora-Guard are excellent products. They come from the efforts of Doctors with Ph.D.’s in various fields of “Medical Research” looking for honest answers to medical and health problems that plague mankind. These products are ‘*discovery improvements*’ whereby something that was, is made better.

True dedication to the answer of illness comes to those whose professional ethics and purpose are humanitarian and not greed. It has taken nine years to research these products and develop this program. We have hundreds of satisfied customers who have overcome their yeast infections all over the United States and Canada. Their success is our success and we see it happening every day.

Be assured that quality has its price and the many biological and synergistic advantages that are incorporated within each one of these products, makes them superior and more effective in bringing you to a state of complete wellness. Profit is not the motive. The price you pay for your health is on equal footing with the price we pay to provide it. You have quality at its very best—put it to good use.

## THE PURPOSE OF THIS PROGRAM

Candida destroys the integrity, energy and health of the body. The cause of this destruction is the toxic pollution factor

that the yeast cell emits into the blood and tissues. The poisons coming into the body from bad food and drink plus the toxins produced by living parasites such as viruses, bacteria and Candida Yeast can be so overwhelming to the immune system and the eliminative channels that they cannot be removed from the body fast enough. These poisons and toxins accumulate and irritate certain areas within the body that are genetically weak and have low resistance.

These tissue areas become so contaminated that they begin to break down through the process of inflammation, infection and degeneration. Nutritional deficiency or imbalance immediately takes place in these same areas creating temporary or long-term fatigue, aches, pains, swelling, tenderness, organ dysfunction, health problems and eventually conditions of disease and discomfort.

Our purpose in preventing and removing a Candida yeast problem is to reduce or minimize the source of pollution into the body tissues. Tremendous stress and damage to the nerves, glands and internal organs is created by this heavy input of impurities from these negative sources and your health and eventual wellness depends on stopping and removing these contaminants. This is the purpose of this Candida Program.

## NATURAL ANTIBIOTICS AND THE FRIENDLY FLORA

It is a reality that the improper use of antibiotic drugs which destroy the friendly bacteria is the main cause of, or is a major influence in the creation of most yeast infections. The general public is becoming more aware of this fact but there is also the question of natural antibiotics and whether they destroy the friendly flora? The answer is, THEY DO NOT! Our antibiotic products like Biotic Silver, Defend and even the Candicyn do not effect, alter or destroy any of the friendly bacteria. However, it is best not to take the cultures at the same time you take a natural antibiotic.

Natural antibiotics have a positive electrical-magnetic energy field and so do the friendly bacteria natural to the intestines. Magnetic fields that are alike repel each other, thereby leaving the friendly flora unaffected and intact where they are thriving. Natural antibiotics have no effect on the living cultures. Pathogenic microorganisms that are disease causing have a negative electrical-magnetic charge and are attracted to the positive charged ions in the Silver and Defend. Natural antibiotics destroy their cellular structure or their enzymes, and are rendered incapacitated beyond repair and they die.

Natural antibiotics are safe and can be used during an infection without any harm to the body creating a healthier approach to getting well. It is just a matter of finding the

strongest and best forms of natural antibiotics to get the job done. Unfortunately, not all products sold today have the quality and strength needed. All drug-type antibiotics can be good, but their use requires re-implanting the friendly bacteria immediately afterwards. Most people do not understand this.

All drugs are known to have serious side-effects on the chemistry and health of the body especially the liver and kidneys. They weaken or destroy the friendly bacteria that are in the intestines and are known toxins upon which the cells of the body must remove or be compromised. They create a temporary period of body fatigue and take away nutrients (minerals) that otherwise would be used for maintaining health and energy.

Many drugs burden the liver to such an extent that they prevent the yeast toxins from being removed adequately and cause them to back up in the bloodstream making die-off even worse. Natural product ingredients do not compromise the body and they actually encourage toxin removal and supply energy for the tissues and organs rather than taking it away.

To carry this a little further you should understand that when drugs are used there is a temporary halt to body cleansing due to the toxic effect of the drug, and consequently, you will feel better. In other words, the drug puts such a hardship on the body, that the body has to stop what it is doing in the healing process and devote some time to dealing with the drug and its removal. When body cleansing is stopped and the blood becomes temporarily cleaner, you will feel considerably better. However, this can be a false sense of security.

One of the reasons cold medicines work is because they prevent the toxins from being removed by stopping fever and mucus, etc., which are natural means for the cleansing and healing of the body. When herbs and natural ingredients are used to help the body, they will encourage a cleansing process to take place and you will temporarily feel worse. Health and healing comes from body purity and unless you clean the body and keep it that way, you cannot be truly healthy and well.

All impurities or toxins are acid forming and destroy living tissue. Areas of cancer and other degenerative diseases can show up as dark or black areas on scanning machines. What they are doing is picking up hydrogen ions or extreme acid conditions of tissue death and disease. Remember, PH means Potential Hydrogens. The more impure you are, the more you are subject to pain, weakness, disease and poor health. A diet high in raw fruits and vegetables (and their juices) are good for you because they are alkaline and help to remove the acids.

As stated earlier, an acid body is a tired body! Meat is one of the most acid forming substances there is and the strength it gives is temporary. Eat meat sparingly. Eat more vegetables and fruit. Vegetarians are known to live longer than most meat

eaters for this reason alone. (Please realize, however, fruit is not allowed on a good Candida Removal Program because of the high sugar content.) Once the yeast is removed from the body, fruit is a very healthy food and helps to cleanse the body of its impurities.

## **YEAST TOLERANCE TO PRODUCTS**

The combination of quality, potency and the amount of product used during the course of our Candida Program is equal to and in many cases exceeds any drug on the market today. The greatest advantage of using safe, natural antifungal preparations is the impossibility of the yeast building a 'tolerance' to the products. Natural products are so created that negative microorganisms cannot develop a resistance to them.

Because of the safety in using a natural approach to Candida removal, you can use more product and for a longer period of time without harm to the tissues and be confident that the yeast colonies are being destroyed and will not return as long as the cultures are reinstated and care is given to the body. The Candida or any form of yeast infection will find it difficult to survive this program as long as you maintain your commitment and follow the instructions as we recommend.

## **TIMES FOR EACH PROGRAM**

As strong and effective as these products are, it may appear that you're on the program for a rather long period of time. Please realize this is the key to your success. Most people have no idea how entrenched a yeast infection can become. In order to remove 90% or more of a serious Candida problem, (including the stored yeast toxins and hard to reach pockets of yeast colonies) it requires the approximate times we have assigned to each of the programs. It is to your advantage to do a little too much rather than not enough. You are putting in time, effort and considerable cost and you definitely want to be assured that the program is working and you will be successful. Time and patience is important.

## **UNDERWEIGHT AND OVERWEIGHT CONDITIONS**

The presence of Candida and/or amoeba-type parasites interferes with the digestion of food, especially protein. Parasites feed on your nutrients and reduce the chemical and mechanical absorption of everything you eat by as much as 50%. This can cause many people to become excessively thin.

Without protein your body cannot rebuild new tissue or produce enzymes, hormones and hundreds of other chemical components necessary for cell energy and organ activity. Iron and other minerals along with B complex vitamins are used up rapidly by these microorganisms and fatigue, illness and

body weight changes are the result. Muscle tissue cannot be manufactured or developed without protein and complementary nutrients. An underweight condition can be caused by amoeba-type parasites because they destroy the small intestinal wall which structurally stops the assimilation of amino acids, vitamins, minerals, sugars, fats, etc. If malabsorption continues for a long enough period of time, a degree of starvation sets in and lean body mass is lost and bodily processes are weakened.

Overweight conditions can be caused by excessive nutritional deficiencies, but mostly by the toxic condition of the colon or large intestine. After years of negative eating habits and Candida growth, there is a tremendous amount of impurity that builds up in the colon. Putrefactive debris, undigested food, hardened mucus and negative microorganisms that remain in the large intestine over a period of time creates an ideal atmosphere for poisons to be produced and they can re-enter the bloodstream through the intestinal wall. From here it goes to the liver for detoxification and this constant supply of stress weakens the function of the liver so it can no longer control fat and sugar metabolism efficiently. Consequently, it is easier to gain fat and harder to lose weight once this pattern of imbalance is established. The adrenal glands are affected and fatigue, poor digestion and depression will develop or become worse. Cravings for sugar and unnatural types of food plus excessive appetite and low blood sugar are all contributed to by a lack of the friendly bacteria and the growth of Candida yeast.

Our program will allow you to remove most of this negativity from your colon and you will find it much easier to lose stored fat and excess water from your body. An overweight condition can be helped with improved assimilation of your food and you will feel better, look better and have more energy.

## UNDERSTANDING THE KEY TO SUCCESS

Your success on this Candida program depends on understanding one very important fact. If you take enough of the recommended products as outlined in the instructions, for a long enough period of time, most Candida conditions will slowly disappear and your health will improve. The Candida yeast that is living and growing within your digestive system is the primary source and the number one cause of many of your health problems. From there it can enter the blood, poison the tissues and grow elsewhere within the body such as the organs, muscles, joints, etc. As the body's defenses are weakened through the course of time, the yeast cells grow more rapidly and can puncture holes in the intestinal wall, especially in the colon or large intestine. Toxins, yeasts and

other microorganisms can enter the body directly and continually.

As mentioned earlier, if your intestines were flattened and laid end to end it would cover approximately the surface area of a tennis court. This gives you an idea as to how much internal space there is for the Candida to multiply and grow. You can literally have pounds of yeast within the gastrointestinal tract and it is sticky and difficult to remove. In the fungal form it can grow thick by many layers and will expand outward into massive amounts of toxic producing parasite activity. It lives on your nutrition and excretes wastes into the tissues.

The Candida yeast cell burrows itself tail first into the intestinal wall with the head sticking out seeking food and sugar from the intestinal chamber. It proliferates outward into a thickened colony of destruction and will create chaos for the entire digestive process. Every time you eat, the yeast parasite feeds and then deposits its toxic wastes directly into the bloodstream. Naturally, you feel terrible and if nothing is done to stop this negative development, you will suffer immeasurable discomforts, pain, and disease symptoms too numerous to mention.

In order to stop this degrading activity and destroy the yeast cells, you must take all the products in quantities large enough to get the job done. The quantity of Candida can be overwhelming, so realistically time is a necessity for success and patience is virtually unequalled when it comes to battling a yeast infection.

Medical reports are indicating that more people are dying of Candida today than ever before. It will only get worse with time except for those people who have discovered this remarkable program. Remember that when you begin to feel better and many of your symptoms have disappeared, the Candida is not completely gone. If you stop the program too soon, the yeast will lay dormant for a while and then will grow back much worse than it was before because you have not fully recuperated and the immune system is still in a weakened condition.

This program is highly effective and you will not be disappointed. No one product can be successful by itself. It is the combination of products in the form of a program which offers total results. This is the secret of our success and it will work for you if you remain on the products for a long enough period of time. This is a progressive program for Candida elimination and we are truly interested in helping you succeed in your efforts toward health and wellness.

## COMMITMENT BRINGS SUCCESS

“Sooner or later, you will receive in proportion to what you give and what you have become. Rewards are always equal

to your efforts.” In the beginning of any major challenge, a degree of faith and patience is required before accomplishment can be achieved. You cannot know all things at all times. Therefore, once you have started an endeavor your success is based upon your commitment, your personal strengths and weaknesses and your receptivity to the truth, not completely on what you know or do not know at the moment. Examine your motives, both short-term and long-term, making sure they are a worthwhile priority and the right thing to do, not just an escape from pain or hardship so you can continue doing the wrong things.

### **PROGRAM COST**

We are very aware that cost is a major issue relating to a successful Candida Program. We consult and guide hundreds of customers per month in regards to yeast problems, questions and their Candida Program in general. We have learned through personal experience, after twenty years of specializing in yeast infections, that this is the finest and most effective, professional, in-home, self-treatment antifungal program our customers have ever experienced. We constantly hear reports and testimonies from at least two-thirds of our clients of incredible improvement; more energy, symptoms disappearing, better health and improved wellness after following our program consistently according to the instructions. Always keep in mind that the instructions are very important for success. We anticipate a 90% success rate for those who follow through to the end.

The cost of a good antifungal program has stopped many people from following it due to financial limitations. Because of the proven ability of these products to work and because of their known high potency, you are actually receiving more for your money in the long run in comparison to any other products available today. You are paying for results and health improvement. You get it in proportion to the effectiveness of the products used.

We have experimented with all kinds of products and those in this program work the best. Serious health conditions require serious product considerations. Do not waste your time or money with inferior and unproven products.

After reading this booklet many people will try to buy some of the ingredients elsewhere to try and save money. We have had many customers tell us they have done this with little or no results. To remove a serious to severe yeast infection you must put in time and effort. Our customers have tried many programs and approaches to yeast removal and nothing compares to our current program products and instruction. We offer four different programs based on economics. We are giving you the opportunity to help yourself in the most feasible

and least expensive way possible. If you cannot afford the basic program, then do the ‘Bottom Line Economical Program,’ but please realize there is no way you can remove a long-term, serious yeast infection in a better way for less money.

This is not a commercial effort and we are dedicated to helping you overcome your yeast problem as comfortably and easily as possible. If you need assistance please call 800-869-1613 for Ordering or Customer Support at 800-644-1612.

### **AVAILABLE DISCOUNTS**

To make it easier for you financially, we would like to make the following suggestion and offer you a discount on your purchases. Request your “Candida Yeast Answer” book and share it with family and friends, etc. You can download a free copy of our Candida Yeast Answer book at [www.thecandidayeastanswer.com](http://www.thecandidayeastanswer.com) or you can request a bound copy of our book to be mailed to you for only \$5.00. A free copy of the Candida Yeast Answer Book is included with your first order. There are many individuals who are suffering the negative consequences of a yeast infection and will appreciate your help by you telling them about this remarkable program. If you and others can buy enough product together and combine your efforts by purchasing in volume, we will give you the following discounts.

#### **FIVE PERCENT (5%)**

Buy 12 or more bottles of any combination of the main candida products as offered on the order form and you will receive a 5% discount on each item ordered.

#### **TEN PERCENT (10%)**

Buy 24 or more bottles of any combination of the main candida products: Candicyn, Defend, Biotic Silver and any of the probiotics, and you will receive a 10% discount on each item ordered.

This means that every time you place an order and it totals 12, 24 or more bottles of any item offered on the main order form, you will be given the appropriate discount. This offer allows a considerable savings on your purchases.

We are doing everything we can to help you be successful and achieve your goals. We appreciate all your efforts and we are fully aware of your needs and difficulties in overcoming a digestive and systemic yeast infection. **Your search for a Candida Yeast Answer is over.**

Thank you for your confidence and support!



## A Personal Testimony

My personal experience with Candida and with the Candida Yeast Answer Program reaches far beyond anything imaginable. It took a great deal of understanding before I even knew what I was dealing with and to what degree. I had a severe condition of Candida and also had the fungal form of the yeast. I believe the majority of people do not totally grasp the full knowledge necessary to be able to overcome the complexities involved with a bad yeast infection. We have been born in a world of prescription drugs used to overcome a myriad of maladies. I discovered through a lot of pain, discomfort, trials and tribulations that this does not work, especially in the world of microbes and a derailed immune system, resistance and mutation.

I have been to the very best doctors in this country who performed numerous diagnostic tests involving the intestinal tract along with extensive blood work, only to be diagnosed with nothing or Irritable Bowel Syndrome. The major problem with this diagnosis is it *“was something”* and I wasn't supposed to be feeling this way. I felt as if I was not going to make it. I now know that Irritable Bowel Syndrome is Candida in disguise. The only reason it is disguised is because it is not being properly diagnosed. Have you ever wondered why in the 1990's almost everyone has Irritable Bowel Syndrome to some degree? It has taken this long to surface since the introduction of antibiotics and oral contraceptives which kill off friendly bacteria and allow Candida to proliferate. How many of us have been on one or the other or both?

After accepting the truth that Candida and the immune system were connected and that drugs further suppress the immune system (meaning I would never emerge out of the circle I was in), I switched to the naturopathic field, again only to become more disillusioned. The problem was at least diagnosed correctly (which was one relief) but the treatment did not work. I was at the point of going backward and could not fight any longer. I insisted there was someone who had *“the answer”* —which ironically is the name of this program and rightfully so.

I desperately needed a product that worked but what natural product had a chance if drugs didn't? I was in for a complete surprise. Reading the Candida Yeast Answer booklet full-circled what I believed to be true. What an elation it was to have someone with knowledge telling ME the facts instead of me trying to convince my own so-called doctors. I had nothing to lose. I already paid other people and received nothing. If I was able to have my health back, I would have everything. I knew somebody knew something here. I knew this was not just another book.

After starting the program, I saw it with my own eyes. The product was doing exactly what the book said it would do; literally pulls the candida off the intestinal wall. For the first time I saw what needed to be eliminated from the body all along. This was an experience in itself. Over time, I had more energy and the severe symptoms became more moderate. My strength improved, my thinking was more clear, my periods were more regular and I noticed my skin was softer and healthier. My greatest improvements, of which I am very grateful for, was the complete removal of the following conditions:

Headaches	Dizziness	Food Craving
Panic Attacks	Falling Hair	Muscle Aches
Fatigue	Heart Palpitations	Fogged in Feeling
	Cold Body Temperature	

There are no words to describe the power behind these products. Of all the products I've tried, none came close in comparison.

Candida needs a program, people need a program. A superior program gives you direction and keeps you focused. A superior program will also resolve the problem. But what is equally important is the person behind the program. You can spend money on products that work to resolve the problem or you can pay more later at the hospital when the Candida manifests itself in a major breakdown of some organ or system. This program has been a very important part of my life and the *“only”* time I have been able to see the end of this miserable experience. I don't know if I'll ever be able to come up with the right words to support this program. Something of importance that needs to be mentioned is there is no way anyone can completely understand or thoroughly absorb the information in the booklet by reading it once or twice. Only one-tenth is probably absorbed each time it is read.

If you want to overcome Candida and want to be healthy, and you want to spend the time to do it just once, this program is the best. Nothing is guaranteed except not taking the risk at all. This guarantees getting nowhere and staying sick. There is no amount of money that can ever replace my health. Without this, I am nothing, because it is very difficult to be happy unless you're healthy.

Sincerely,

Joan Mondak, Arizona

---

# *Candida Wellness Center*

---

## STATEMENT OF RESPONSIBILITY

The Candida Wellness Center has a powerful and professional antifungal program that helps and assists in the removal of candida and other strains of yeast from the digestive system. Once the yeast is cleared from the intestines, other yeast/fungus infections within the body or on the skin will begin to disappear as the yeast toxins are removed from the bloodstream. The key to *Candida wellness and prevention* is first removing the yeast from the digestive system. Next is implanting large amounts of high-potency probiotics, and then detoxify the tissues with the healing process of a good purifying diet, herbs and time.

Our “Responsibility” is to show you how to do this and the Candida Yeast Answer booklet along with the Program Supplement plus professional counseling will give you a “High Yeast Removal Potential” of approximately 85% or higher. However, individual health challenges make it impossible to guarantee a 100% recovery. There are numerous factors and unknowns within each customers’ physiological and biochemical makeup that may not allow total wellness to occur. We favor the majority with excellent results.

This is an in-home, self-treatment anti-yeast program with a high success rate, using safe, natural ingredients manufactured by professional companies that make products for doctors and natural health practitioners only. The products used have a proven track record of powerful yeast removal abilities and they are designed to help our customers become yeast free if they will read the instructions carefully, follow a good antifungal diet, be committed and patient. Time is a requirement for success.

It must be understood that you need to follow the instructions accurately to the end of your program. In some instances the removal process may be impeded by some outside factors that we cannot determine while you are on the program. Therefore, some of your symptoms may not fully respond to the yeast removal process or you may receive only partial results. Years of eating bad foods and the overwhelming intake of antibiotics, chemicals and drugs, must be taken into consideration when following our wellness program. Obviously, we can not be responsible for such events and they *can* interfere with your progress and eventual success. We have a wonderful staff to help you, but because each customer is unique they may not all receive the same health benefits that our candida program has to offer. In some cases, additional time may be required or they may have other health challenges that the candida program will not overcome. We will guide and assist you, but we cannot guarantee all your problems will suddenly be removed as the yeast is destroyed in your body. Some yeast toxins may take one to two years to be eliminated from their storage sites and until this is accomplished recuperation may be somewhat slower.

This booklet is intended to give you recommendations and suggestions in using our excellent products. We do not prescribe, we encourage you to find better health.

## CANDIDA QUESTIONNAIRE AND SCORE SHEET

This questionnaire is designed for adults and the scoring system isn't appropriate for children. It lists factors in your medical history which promote the growth of the common yeast, **Candida Albicans** (Section A), and symptoms commonly found in individuals with yeast-connected illness (Sections B and C).

For each "Yes" answer in Section A, circle the Point Score in that section. Total your score and record it in the box at the end of the section. Then move on to Sections B and C and score as directed.

Filling out and scoring this questionnaire should help you and your physician evaluate the possible role of yeasts in contributing to your health problems. Yet it will not provide an automatic "Yes" or "No" answer.

### SECTION A: HISTORY

	Point Score
1. Have you taken tetracyclines (Sumycin®, Panmycin®, Vibramycin®, Minocen®, etc.) or other antibiotics for acne for 1 month (or longer)?	35
2. Have you, at any time in your life, taken other "broad spectrum" antibiotics <sup>1</sup> for respiratory, urinary or other infections (for 2 months or longer, or in shorter courses 4 or more times in a 1-year period)?	35
3. Have you taken a broad spectrum antibiotic drug*—even a single course?	6
4. Have you, at any time in your life, been bothered by persistent prostatitis, vaginitis or other problems affecting your reproductive organs?	25
5. Have you been pregnant... 2 or more times?	5
1 time?	3
6. Have you taken birth control pills... For more than 2 years?	15
For 6 months to 2 years?	8
7. Have you taken prednisone, Decadron® or other cortisone-type drugs... For more than 2 weeks?	15
For 2 weeks or less?	6
8. Does exposure to perfumes, insecticides, fabric shop odors or other chemicals provoke... Moderate to severe symptoms?	20
Mild symptoms?	5
9. Are your symptoms worse on damp, muggy days or in moldy places?	20
10. Have you had athlete's foot, ring worm, "jock itch" or other chronic fungous infections of the skin or nails? Have such infections been... Severe or persistent?	20
Mild to moderate?	10
11. Do you crave sugar?	10
12. Do you crave breads?	10
13. Do you crave alcoholic beverages?	10
14. Does tobacco smoke <i>really</i> bother you?	10
Total Score, Section A .....	

<sup>1</sup>Including Keflex®, ampicillin, amoxicillin, Ceclor®, Bactrim®, and Septra®. Such antibiotics kill off the "good germs" while they're killing off those which cause infection.

## SECTION B: MAJOR SYMPTOMS

For each symptom which is present, enter the appropriate figure in the Point Score column:

If a symptom is **occasional or mild** ..... score 3 points.

If a symptom is **frequent and/or moderately severe** ..... score 6 points.

If a symptom is **severe and/or disabling** ..... score 9 points.

Add total score for this section and record it in the box at the end of this section.

	Point Score
1. Fatigue or lethargy	
2. Feeling of being "drained"	
3. Poor memory	
4. Feeling "spacey" or "unreal"	
5. Inability to make decisions	
6. Numbness, burning or tingling	
7. Insomnia	
8. Muscle aches	
9. Muscle weakness or paralysis	
10. Pain and/or swelling in joints	
11. Abdominal pain	
12. Constipation	
13. Diarrhea	
14. Bloating, belching or intestinal gas	
15. Troublesome vaginal burning, itching or discharge	
16. Prostatitis	
17. Impotence	
18. Loss of sexual desire or feeling	
19. Endometriosis or infertility	
20. Cramps and/or other menstrual irregularities	
21. Premenstrual tension	
22. Attacks of anxiety or crying	
23. Cold hands or feet and/or chilliness	
24. Shaking or irritable when hungry	
Total Score, Section B .....	

### SECTION C: OTHER SYMPTOMS<sup>2</sup>

For each symptom which is present, enter the appropriate figure in the Point Score column:

- If a symptom is **occasional or mild** ..... score 1 point.
- If a symptom is **frequent and/or moderately severe** ..... score 2 points.
- If a symptom is **severe and/or persistent** ..... score 3 points.

Add total score for this section and record it in the box at the end of this section.

	Point Score
1. Drowsiness	
2. Irritability or jitteriness	
3. In-coordination	
4. Inability to concentrate	
5. Frequent mood swings	
6. Headache	
7. Dizziness/loss of balance	
8. Pressure above ears...feeling of head swelling	
9. Tendency to bruise easily	
10. Chronic rashes or itching	
11. Psoriasis or recurrent hives	
12. Indigestion or heartburn	
13. Food sensitivity or intolerance	
14. Mucus in stools	
15. Rectal itching	
16. Dry mouth or throat	
17. Rash or blisters in mouth	
18. Bad breath	
19. Foot, hair or body odor not relieved by washing	
20. Nasal congestion or post nasal drip	

(This Section is continued on next page)

The Candida Questionnaire is reprinted from "The Yeast Connection Handbook" by William Crook, M.D., and is used with permission.

<sup>2</sup>While the symptoms in this section occur commonly in patients with yeast-connected illness, they also occur commonly in patients who do not have candida.



# THE CANDIDA YEAST ANSWER

The majority of people who have candida do not realize they have it until they become seriously ill. The symptoms are so numerous and seemingly unrelated that it is very perplexing to both doctor and patient.

Candida Albicans is an incredible destroyer of health and is the main missing link in many of our modern day diseases and poor health conditions. The fact that Candida can rob the body of its nutrition and poison the tissues with its toxins is a major contribution, directly or indirectly to the following list of possible serious conditions:

Acne	Heart Irregularities
Adrenal/Thyroid Exhaustion	Hemorrhoids
Allergies (Airborne/Food)	High/Low Blood Sugar
Anti-social Behavior	Hormonal Imbalance
Asthma/Bronchitis	Hyperactivity
Bad Breath/Body Odor	Indigestion
Bladder/Urinary Infections	Inflammatory Conditions
Bone Loss	Insomnia
Bruise Easily	Irritable Bowel Syndrome
Burning Eyes	Intestinal Pain
Chemical Sensitivity	Iron Deficiency
Cold/Shaky	Joint Pain
Colds & Flu	Lethargic/Laziness
Colitis	Low Blood Sugar
Constipation	Lupus-Type Symptoms
Depression	Malabsorption
Chronic Diarrhea	Menstrual Problems
Dizziness	Mood Swings
Dry Mouth/Eyes	Muscle Aches/Degeneration
Dry Skin & Itching	No Sex Drive
Endometriosis	Numbness
Epstein Barr Virus	Over & Under Weight
Extreme Mineral Deficiency	Over-all Bad Feeling
Eyesight Problems	PMS Symptoms
FATIGUE (Chronic)	Poor Memory
Finger/Toenail Fungus	Premature Aging
Food Cravings	Puffy Eyes
Frequent Infections	Respiratory Problems
Gas/Bloating	Skin Rash & Hives
Hair Loss	Thrust/Gum Receding
Hay Fever/Sinus Inflammation	Tingling Sensations
Headaches/Migraines	Ulcers
Heartburn	Vaginal Yeast Infection

\* While the symptoms in this section occur commonly in people with yeast connected illness, they may also occur commonly in people who do not have a candida yeast overgrowth.

Ordering 1-800-869-1613 • Customer Support: 1-800-644-1612  
[www.thecandidayeastanswer.com](http://www.thecandidayeastanswer.com)